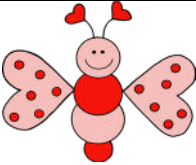
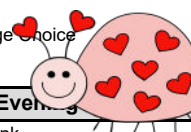





			Wed 02/01/2023 (Day 11)	Thu 02/02/2023 (Day 12)	Fri 02/03/2023 (Day 13)	Sat 02/04/2023 (Day 14)
			Breakfast	Breakfast	Breakfast	Breakfast
			Assorted Juice Super Cereal Choice of Cold Cereal Scrambled Eggs Sausage Patty Toast Margarine/Jelly Milk/Beverage	Assorted Juice Super Cereal Choice of Cold Cereal Pancakes Sausage Links Margarine/Syrup Milk/Beverage	Assorted Juice Super Cereal Choice of Cold Cereal Egg of Choice Toast Bacon Margarine Milk/Beverage	Assorted Juice Super Cereal Choice of Cold Cereal Egg of Choice Sausage Patty Toast Assorted Muffins Margarine/Jelly Milk/Beverage
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
			Baked Chicken Breast Herbed Rice Glazed Carrots Rice Krispie Bar Beverage *****	Garlic Herbed Pork Loin Au Gratin Potatoes Mixed Vegetables Banana Pudding Beverage *****	Homemade Lasagna Garlic Bread Stick Side Salad w/Dressing Lemon Cheesecake Bar Beverage *****	Baked Fish Green Peas Scalloped Potatoes Chilled Pears Milk/Beverage *****
Supper	Supper	Supper	Supper	Supper	Supper	Supper
			Western Egg Bake Cheesy Hashbrown Casserole Mixed Fruit Cup Beverage *****	BBQ Pork Riblette on Bun Breaded Vegetable Sticks Assorted Desserts Milk/Beverage *****	Ham Potato Bake Broccoli w/Cheese Sauce (A) Cinnamon Scalloped Peaches Milk/Beverage *****	Breaded Chicken Patty on Bun Sweet Potato Fries Fruited Gelatin (FR) Beverage Choice
Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack
			Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx



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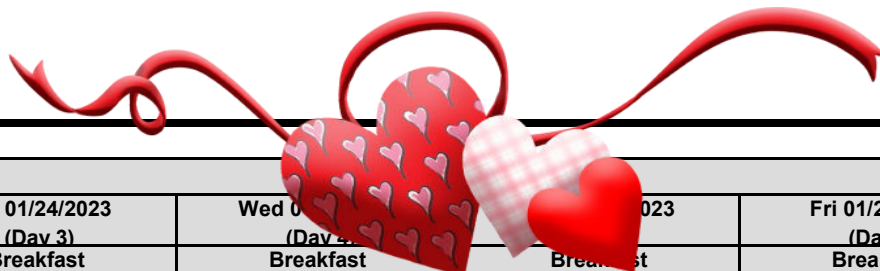


Sun 02/05/2023 (Day 15)	Mon 02/06/2023 (Day 16)	Tue 02/07/2023 (Day 17)	Wed 02/08/2023 (Day 18)	Thu 02/09/2023 (Day 19)	Fri 02/10/2023 (Day 20)	Sat 02/11/2023 (Day 21)
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Assorted Juice Super Cereal Choice of Cold Cereal Waffle Scrambled Egg 2 Strips Bacon Toast Margarine Milk/Beverage	Assorted Juice Super Cereal Choice of Cold Cereal Fluffy Pancakes Cheesy Scrambled Eggs Sausage Patty (or) Toast Margarine Milk/Beverage	Assorted Juice Super Cereal Choice of Cold Cereal Biscuit & Sausage Gravy Scrambled Egg Sausage Patty Margarine/Jelly Milk/Beverage	Assorted Juice Super Cereal Choice of Cold Cereal Pancakes Choice of Egg 2 Strips Bacon Margarine/Syrup Milk/Beverage	Assorted Juice Super Cereal Choice of Cold Cereal Fried Egg Sausage Links Toast Margarine/Jelly Milk/Beverage	Assorted Juice Super Cereal Choice of Cold Cereal Cheesy Scrambled Eggs 2 Strips Bacon Toast Margarine/Jelly Milk/Beverage	Assorted Juice Super Cereal Choice of Cold Cereal Scrambled Egg Sausage Margarine/Jelly Milk/Beverage
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Crusted Pork Loin Steamed Rice Brussel Sprouts with Bacon Assorted Desserts Dinner Roll/Margarine Beverage *****	Turkey & Stuffing Casserole Ranch Vegetable Salad (A) Dinner Roll/Margarine Peach Crisp (FR) Beverage *****	Fried Chicken Mashed Potatoes Country Gravy Buttered Corn Apple Delight (FR) Milk/Beverage *****	Goulash California Blend Vegetables (A) Garlic Bread Pineapple Tidbits Beverage *****	Sweet & Sour Pork Steamed Rice Oriental Vegetables Frosted Brownie Beverage *****	Swiss Steak Pasta Salad Basil Buttered French Green Beans Mandarin Oranges Beverage *****	Beef Stroganoff Over Noodles Steamed Broccoli (A) Dinner Roll/Margarine Pudding Parfait Beverage *****
Supper	Supper	Supper	Supper	Supper	Supper	Supper
Chicken Salad on Croissant Potato Chips Side Salad w/Dressing Assorted Ice Cream Milk/Beverage *****	Beef Stew Cornbread/Margarine Snickerdoodle Cookie Milk/Beverage *****	Beef Soft Tacos Refried Beans Cheesy Rice Tres Leches Cake Milk/Beverage *****	Chicken Philly Steak Sandwich Potato Wedges Green Beans Banana Pudding Milk/Beverage *****	BBQ Pulled Pork on Bun French Fries Cole Slaw Assorted Desserts/Fruit Milk/Beverage *****	Chicken & Dumplings Buttered Carrots (A) Cornbread/Margarine Pumpkin Crumble Milk/Beverage *****	Tuna Salad Sandwich Pickled Beets Potato Chips Assorted Cookies *****
Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack
Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx

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February 14						
Sun 02/12/2023 (Day 22)	Mon 02/13/2023 (Day 23)	Wed 02/15/2023 (Day 25)	Thu 02/16/2023 (Day 26)	Fri 02/17/2023 (Day 27)	Sat 02/18/2023 (Day 28)	
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	
Assorted Juice Super Cereal Choice of Cold Cereal Waffle Scrambled Egg Sausage Patty (or) Toast Milk/Beverage	Assorted Juice Super Cereal Choice of Cold Cereal Pancakes 2 Strips Bacon Margarine/Syrup Milk/Beverage	Assorted Juice Super Cereal Choice of Cold Cereal Cheesy Scrambled Eggs Breakfast Ham Slice Toast Margarine/Jelly Milk/Beverage	Assorted Juice Super Cereal Choice of Cold Cereal Biscuit & Sausage Gravy Scrambled Eggs Sausage Patty (or) Toast Margarine Milk/Beverage	Assorted Juice Super Cereal Choice of Cold Cereal French Toast Toast Egg of Choice Sausage Patty Margarine/Jelly Milk/Beverage	Assorted Juice Super Cereal Choice of Cold Cereal French Toast 2 Strips Bacon Margarine/Syrup Milk/Beverage	
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	
Spaghetti with Meat Sauce Italian Vegetables (A) Frosted Cake Bread Stick Beverage *****	Popcorn Shrimp Roasted Sweet Potatoes (A) California Blend Vegetables (A) Fruit Pie (FR) Beverage *****	Beef Tips in Gravy Buttered Noodles Italian Blend Vegetables (A) Banana Pudding (FR) Beverage *****	Baked Parmesan Fish Green Peas Cornbread/Margarine Ice Cream Beverage *****	Fried Chicken Mashed Potatoes & Gravy Buttered Corn Dinner Roll/Margarine Sliced Pears Beverage *****	Open Faced Roast Beef Sandwich Mashed Potatoes Apple Cobbler (FR) Milk/Beverage ***** *****	
Supper	Supper	Supper	Supper	Supper	Supper	
Tomato Soup Grilled Cheese Sandwich Basil Buttered French Green Beans Assorted Desserts Milk/Beverage *****	Reuben Sandwich Dill Pickle Spear Crispy French Fries Assorted Desserts/Fruit Milk/Beverage *****	Beef Enchilada Casserole Refried Beans Creamed Spinach (A) Mandarin Oranges Milk/Beverage *****	Hamburger or Cheeseburger Ketchup/Mayo/Mustard Assorted Desserts/Fruit Baked Macaroni & Cheese Beverage *****	Pepper Beef Patty Parslied Buttered Noodles Buttered Cabbage Brownie Milk/Beverage *****	Bean w/ Ham Soup Cheddar Cheese Cornbread Peach Cobbler (FR) Beverage ***** *****	
Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	
Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	

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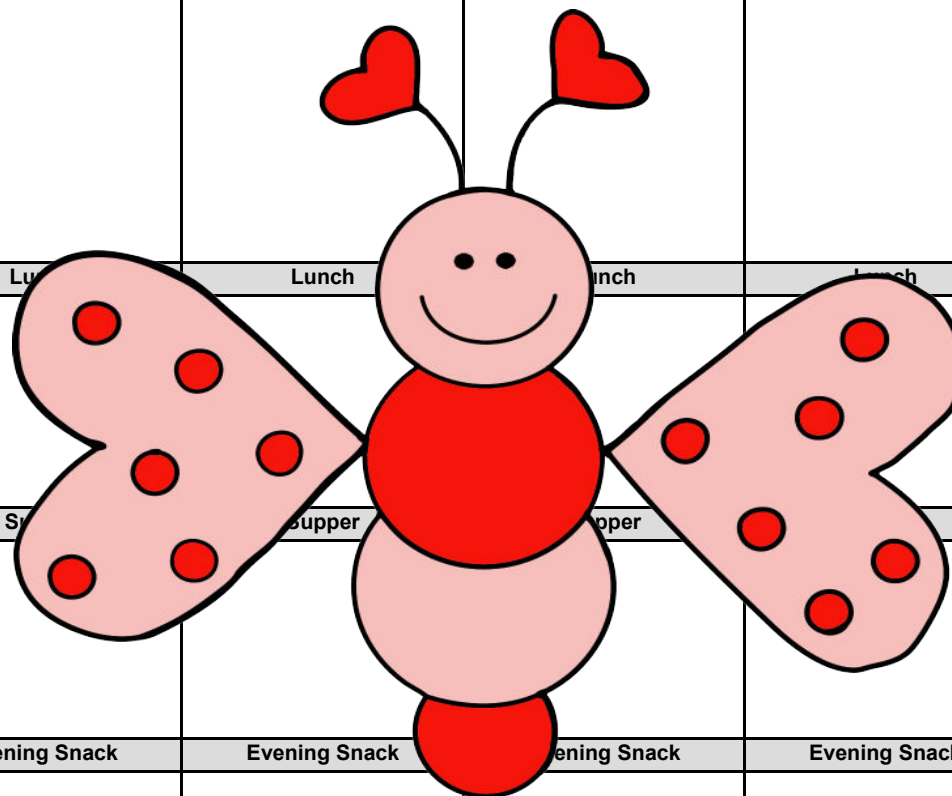


Sun 01/22/2023 (Day 1)	Mon 01/23/2023 (Day 2)	Tue 01/24/2023 (Day 3)	Wed 01/25/2023 (Day 4)	Thu 01/26/2023 (Day 5)	Fri 01/27/2023 (Day 6)	Sat 01/28/2023 (Day 7)
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Assorted Juice Super Cereal Choice of Cold Cereal Waffles Bacon Egg of Choice Toast Milk/Beverage	Assorted Juice Super Cereal Choice of Cold Cereal Pancakes Sausage Patty Scrambled Eggs Margarine/Syrup Milk/Beverage	Assorted Juice Super Cereal Choice of Cold Cereal French Toast Bacon Egg of Choice Toast Margarine/Jelly Milk/Beverage	Assorted Juice Super Cereal Choice of Cold Cereal Biscuit Sausage Links Sausage Gravy Margarine Milk/Beverage	Assorted Juice Super Cereal Choice of Cold Cereal Sausage Patty Cheesy Scrambled Eggs Toast Margarine/Jelly Milk/Beverage	Assorted Juice Super Cereal Choice of Cold Cereal Fluffy Pancakes 2 Strips Bacon Fried Egg Toast Margarine/Jelly Milk/Beverage	Assorted Juice Super Cereal Choice of Cold Cereal Sausage Patty Scrambled Egg Buttered Toast Margarine/Syrup Milk/Beverage
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Baked Chicken Breast Mashed Potatoes & Gravy Buttered Corn Dinner Roll/Margarine Apple Pie Beverage *****	Honey Mustard Baked Pork Chop Baked Beans Mixed Vegetables Blonde Brownie Beverage *****	Beef Pot Roast Mashed Potatoes & Gravy Buttered Green Beans Dinner Roll Assorted Desserts Beverage *****	Baked Ziti w/ Italian Sausage Vegetable Blend Garlic Bread Assorted Desserts Beverage *****	Pulled Pork on Bun Baked Beans Cole Slaw Mandarin Oranges Beverage *****	Oven Fried Crunchy Fish Tartar Sauce Hush Puppies Broccoli (A) Ice Cream *****	Meatloaf Scalloped Potatoes California Blend Vegetables (A) Fruit Cobbler Milk/Beverage *****
Supper	Supper	Supper	Supper	Supper	Supper	Supper
Hot Ham & Cheese Sandwich Country Style Tomatoes Fruit Cup Milk/Beverage *****	White Chicken Chili Broccoli Salad (A) Cornbread/Margarine Apricot Crumble (FR) Milk/Beverage *****	Lemon Pepper Baked Fish Vegetable Blend Italian Pasta Salad Milk/Beverage Goody Butter Bar *****	Sloppy Joes on Bun Spinach (A) Crispy Tater Tots Frosted Spice Cake Milk/Beverage *****	Chili Cheese Dog Side Salad w/Dressing Oatmeal Raisin Cookie Beverage *****	Breaded Chicken Tenders French Fries Vegetable Blend Citrus Fruit Cup Milk/Beverage *****	Turkey Ala King over Biscuit Mixed Vegetables Jello Salad (FR) Milk/Beverage *****
Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack
Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx

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Sun 01/29/2023 (Day 8)	Mon 01/30/2023 (Day 9)	Tue 01/31/2023 (Day 10)	Wed 02/01/2023 (Day 11)	Thu 02/02/2023 (Day 12)	Fri 02/03/2023 (Day 13)	Sat 02/04/2023 (Day 14)
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Assorted Juice Super Cereal Choice of Cold Cereal 2 Strips Bacon Scrambled Eggs (or) Toast Margarine/Jelly Milk/Beverage	Assorted Juice Super Cereal Choice of Cold Cereal Sausage Links Buttered Grits Scrambled Egg Margarine Milk/Beverage	Assorted Juice Super Cereal Choice of Cold Cereal Cheesy Scrambled Eggs Bacon (or) Toast Margarine Milk/Beverage				
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Herbed Baked Chicken Baked Fresh Sweet Potato (A) Parslied Cauliflower Lemon Pudding w/Whipped Topping Beverage *****	Chicken Teriyaki Steamed Rice Oriental Vegetables Iced Sugar Cookie Milk/Beverage *****	Pot Pie with Vegetables Stewed Tomatoes Mixed Fruit Cup Beverage *****				
Supper	Supper	Supper	Supper	Supper	Supper	Supper
French Dip Beef Sandwich Mayonnaise/Mustard Potato Chips Sliced Pears Milk/Beverage *****	Beefy Tater Tot Casserole Western Spinach (A) Fresh Baked Rolls Frosted Spice Cake Beverage *****	Deli Sandwich Mayonnaise/Mustard Italian Pasta Salad Ambrosia (FR) Milk/Beverage *****				
Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack
Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx				



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