

Sunday (Day 1)	Monday (Day 2)	Tuesday (Day 3)	Wednesday (Day 4)	Thursday (Day 5)	Friday (Day 6)	Saturday (Day 7)
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Assorted Juice Choice of Hot or Cold Cereal Cheese Omelet Breakfast Ham Slice Toast Margarine Milk/Beverage	Assorted Juice Choice of Hot or Cold Cereal Choice of Egg Sausage Patties Coffee Cake Margarine Milk/Beverage	Assorted Juice Choice of Hot or Cold Cereal Choice of Egg 2 strips Bacon Toast Margarine Milk/Beverage	Assorted Juice Choice of Hot or Cold Cereal Choice of Egg Sausage Patties Toast Margarine/Jelly Milk/Beverage	Assorted Juice Choice of Hot or Cold Cereal Choice of Egg 2 strips Bacon Biscuit Margarine/Jelly Milk/Beverage	Assorted Juice Choice of Hot or Cold Cereal Choice of Egg Sausage Patties Toast Margarine/Jelly Milk/Beverage	Assorted Juice Choice of Hot or Cold Cereal Choice of Egg 2 strips Bacon French Toast Margarine/Syrup Milk/Beverage
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Fried Chicken Mashed Potatoes & Gravy Country Green Beans with Bacon & Onion Hot Roll/Margarine Strawberry Rhubarb Pie Beverage	Spaghetti with Meat Sauce Italian Blend Vegetables (A) Italian Tossed Salad Garlic Bread Stick Apple Crisp (FR) Beverage	Brown Gravy Meatloaf Mashed Potatoes Vegetable Blend Brownie Beverage	Pork Fried Rice Oriental Vegetables Egg Roll Sweet 'N Sour Sauce Mandarin Orange Cake Beverage	Herb Roasted Chicken Corn Casserole Steamed Broccoli (A) Frosted Spice Cake Beverage	Fried Shrimp Baked Macaroni & Cheese Tossed Salad/Dressing Banana Cream Pie Beverage	Swiss Steak Baked Potato Country Green Beans with Bacon & Onion Dinner Roll/Margarine Assorted Pudding Beverage
Supper	Supper	Supper	Supper	Supper	Supper	Supper
Bean Soup Grilled Ham & Cheese Sandwich Potato Chips <i>wedge</i> Fresh Fruit Cup Milk/Beverage	Fried Fish Tartar Sauce Rice Pilaf Buttered Carrots (A) Frosted Chocolate Cake Milk/Beverage	Cream of Broccoli Soup Patty Melt Seasoned Tater Tots Crackers Fruited Gelatin with Topping (FR) Milk/Beverage	Cheesy Ham & Hashbrown Casserole Buttered Peas & Carrots (A) Combread/Margarine Strawberries & Bananas Milk/Beverage	Beef Goulash Vegetable Blend Garlic Bread Stick Fruit Cocktail Milk/Beverage	Beef Stew Harvard Beet Salad Biscuit/Margarine Tropical Fruit Milk/Beverage	Homemade Cream of Tomato Soup Classic Grilled Cheese Sandwich Tri Tater Ketchup/Mustard Peach Cobbler Milk/Beverage
Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack
Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx

The meal items shown are those served on a **Regular Diet**. If your physician has ordered for you a **Therapeutic** or **Texture Altered Diet**, you may be served a different menu item, a different portion of the menu item or the item may be eliminated entirely in order to comply with your current diet order. Thank you!

Sunday (Day 8)	Monday (Day 9)	Tuesday (Day 10)	Wednesday (Day 11)	Thursday (Day 12)	Friday (Day 13)	Saturday (Day 14)
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Assorted Juice Choice of Hot or Cold Cereal Cheese Omelet Sausage Patties Toast Margarine/Jelly Milk/Beverage	Assorted Juice Choice of Hot or Cold Cereal Choice of Egg 2 strips Bacon Banana Bread Margarine Milk/Beverage	Assorted Juice Choice of Hot or Cold Cereal Choice of Egg Sausage Patties Toast Margarine/Jelly Milk/Beverage	Assorted Juice Choice of Hot or Cold Cereal Choice of Egg 2 strips Bacon Biscuit Margarine/Jelly Milk/Beverage	Assorted Juice Choice of Hot or Cold Cereal Choice of Egg Sausage Patties Pancakes Margarine/Syrup Milk/Beverage	Assorted Juice Choice of Hot or Cold Cereal Choice of Egg 2 strips Bacon Cinnamon Toast Margarine Milk/Beverage	Assorted Juice Choice of Hot or Cold Cereal Choice of Egg Sausage Patties Toast Margarine/Jelly Milk/Beverage
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Fried Chicken Chicken Gravy Mashed Potatoes Five Way Mixed Vegetables (A) Hot Roll/Margarine Apple Pie Beverage	Lasagna California Blend Vegetables Caesar Salad Bread Stick Robert Redford Dessert Beverage	Roast Turkey & Gravy Mashed Sweet Potatoes (A) Buttered Peas Bread Pudding with Vanilla Sauce Beverage	Beef & Cabbage Casserole Country Green Beans with Bacon & Onion Garlic Bread Stick Jell-O Cake w/Whipped Topping Beverage	Polish Sausage Sauerkraut Parslied Buttered Potatoes Mandarin Oranges Chocolate Chip Cookie Beverage	Chili Cheese Quesadilla Marinated Slaw Crackers Pumpkin Bar Beverage	"Pizza Day" Tossed Salad/Dressing Cheesy Bread Stick Peach Crisp Beverage
Supper	Supper	Supper	Supper	Supper	Supper	Supper
Meatball Sub on Bun Corn Chips Creamy Cole Slaw Strawberry Shortcake Milk/Beverage	Ham & Beans Stewed Tomatoes Cornbread/Marg Chocolate Mousse Milk/Beverage	Pulled Pork on Bun Baked Beans Dill Pickle Spear Peach Crisp (FR) Milk/Beverage	Chicken & Dumplings Buttered Carrots (A) Blueberry Cobbler (FR) Milk/Beverage	Crispy Chicken Sandwich on Bun Tater Tots Relish Plate Pickled Beets Peanut Butter Pie Milk/Beverage	Tuna Noodle Casserole Meadow Blend Vegetables Fruit Cocktail Milk/Beverage	Brown Gravy Hot Roast Beef Sandwich Mashed Potatoes Green Bean Casserole Brownie Milk/Beverage
Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack
Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx

The meal items shown are those served on a **Regular Diet**. If your physician has ordered for you a **Therapeutic** or **Texture Altered Diet**, you may be served a different menu item, a different portion of the menu item or the item may be eliminated entirely in order to comply with your current diet order. Thank you!

Sunday (Day 15)	Monday (Day 16)	Tuesday (Day 17)	Wednesday (Day 18)	Thursday (Day 19)	Friday (Day 20)	Saturday (Day 21)
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Assorted Juice Choice of Hot or Cold Cereal Cheese Omelet 2 strips Bacon Toast Milk/Beverage	Assorted Juice Choice of Hot or Cold Cereal Choice of Egg Sausage Patties Margarine/Jelly Biscuit Milk/Beverage	Assorted Juice Choice of Hot or Cold Cereal Choice of Egg 2 strips Bacon 2 sl Toast Margarine Milk/Beverage	Assorted Juice Choice of Hot or Cold Cereal Choice of Egg Sausage Patties Cinnamon Toast Margarine Milk/Beverage	Assorted Juice Choice of Hot or Cold Cereal Choice of Egg 2 strips Bacon Pancakes Margarine/Syrup Milk/Beverage	Assorted Juice Choice of Hot or Cold Cereal Choice of Egg Sausage Patties Toast Margarine/Jelly Milk/Beverage	Assorted Juice Choice of Hot or Cold Cereal Choice of Egg 2 strips Bacon Toast Margarine Milk/Beverage
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Fried Chicken Chicken Gravy Mashed Potatoes Broccoli (A) Dinner Roll/Margarine Carrot Cake w/Cream Cheese Frosting Beverage	Salisbury Steak Twice Baked Potato Buttered Corn Apple Cobbler (FR) Beverage	Meatloaf with Ketchup Glaze Mashed Potatoes & Gravy Winter Blend Vegetables (A) Pineapple Upside Down Cake Beverage	Smothered Pork Buttered Rice California Blend Vegetables Fruit Cocktail Cake (FR) Beverage	Marinated Chicken Baked Potato w/Sour Cream Roasted Brussel Sprouts Dinner Roll/Margarine Pumpkin Bar Beverage	Spaghetti w/Meat Sauce Italian Vegetable Blend (A) Garlic Bread Stick Pear Crisp (FR) Beverage	Breaded Pork Chop with Onions Sour Cream Chive Mashed Potatoes Country Green Beans with Bacon & Onion Cherry Cheesecake Beverage
Supper	Supper	Supper	Supper	Supper	Supper	Supper
Chili Cheese Dog on Bun Potato Wedges Marinated Slaw Fruit Cup Milk/Beverage	Minestrone Soup Bologna & Cheese Sandwich Lettuce & Tomato Mayonnaise/Mustard Crackers Chocolate Chip Cookie Bar Milk/Beverage	Sloppy Joe on Bun Tater Tots Ketchup Canned Peaches Milk/Beverage	Brown Gravy Pepper Beef Patty Mashed Potatoes Creamed Corn Mandarin Oranges & Bananas Milk/Beverage	Baked Ham Hashbrown Casserole Buttered Peas Cornbread/Margarine Pudding Parfait Milk/Beverage	Turkey Ala King over Biscuit Vegetable Medley Breaded Tomatoes Frosted Banana Cake Milk/Beverage	Homemade Vegetable Soup Ham & Cheese Sandwich Lettuce & Tomato Crackers Fruit Salad Milk/Beverage
Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack
Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx

The meal items shown are those served on a **Regular Diet**. If your physician has ordered for you a **Therapeutic** or **Texture Altered Diet**, you may be served a different menu item, a different portion of the menu item or the item may be eliminated entirely in order to comply with your current diet order. Thank you!

Sunday (Day 22)	Monday (Day 23)	Tuesday (Day 24)	Wednesday (Day 25)	Thursday (Day 26)	Friday (Day 27)	Saturday (Day 28)
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Assorted Juice Choice of Hot or Cold Cereal Cheese Omelet Breakfast Ham Slice Toast Margarine/Jelly Milk/Beverage	Assorted Juice Choice of Hot or Cold Cereal Fried Egg 2 strips Bacon French Toast Margarine/Syrup Milk/Beverage	Assorted Juice Choice of Hot or Cold Cereal Choice of Egg Sausage Patties Toast Margarine/Jelly Milk/Beverage	Assorted Juice Choice of Hot or Cold Cereal Choice of Egg 2 strips Bacon Toast Margarine Milk/Beverage	Assorted Juice Choice of Hot or Cold Cereal Choice of Egg Sausage Patties Coffee Cake Margarine Milk/Beverage	Assorted Juice Choice of Hot or Cold Cereal Choice of Egg 2 strips Bacon Toast Margarine/Jelly Milk/Beverage	Assorted Juice Choice of Hot or Cold Cereal Choice of Egg Sausage Patties Pancakes Margarine/Syrup Milk/Beverage
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Fried Chicken Chicken Gravy Mashed Potatoes Winter Blend Vegetables (A) Dinner Roll/Margarine Banana Cream Pie Beverage	Beef Ravioli w/Marinara Sauce Glazed Carrots (A) Bread Stick Pineapple Crisp (FR) Beverage	Glazed Baked Ham Baby Bakers Buttered Cabbage Mock Pecan Pie Beverage	Unstuffed Green Pepper Casserole Cauliflower with Cheese Sauce Caesar Salad Autumn Fruit Crumble (FR) Beverage	Roast Turkey & Gravy Cornbread Dressing Green Beans with Onions Tossed Salad/Dressing Pumpkin Pie (A) Beverage	Fried Fish Scalloped Potatoes California Blend Vegetables Ketchup/Tartar Sauce Glazed Applesauce Cake Beverage	Brown Gravy Beef Roast Mashed Potatoes Vegetable Blend Angel Food Cake w/Strawberries Beverage
Supper	Supper	Supper	Supper	Supper	Supper	Supper
Polish Sausage Sauerkraut Hash Brown Patty Ambrosia Milk/Beverage	Country Fried Steak w/ Gravy Garlic Mashed Potatoes Buttered Peas Chocolate Mousse Milk/Beverage	Turkey Ala King over Biscuit Vegetable Medley Breaded Tomatoes Frosted Banana Cake Milk/Beverage	"Pizza Day" Italian Tossed Salad Garlic Bread Stick Snickerdoodles Milk/Beverage	BBQ Pork on Bun Onion & Pickle Slice Tater Tots Creamy Cole Slaw Fruited Gelatin Milk/Beverage	Ham Salad Sandwich Garden Pasta Salad Sliced Tomatoes Banana Pudding (FR) Milk/Beverage	Cream of Potato Soup Deli Sandwich Lettuce/Tomato/Pickle Ketchup/Mayo/Mustard Crackers Fruit Cup Peanut Butter Cookies Milk/Beverage
Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack
Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx

The meal items shown are those served on a **Regular Diet**. If your physician has ordered for you a **Therapeutic** or **Texture Altered Diet**, you may be served a different menu item, a different portion of the menu item or the item may be eliminated entirely in order to comply with your current diet order. Thank you!