

Sunday (Day 8)	Monday (Day 9)	Tuesday (Day 10)	Wednesday (Day 11)	Thursday (Day 12)	Friday (Day 13)	Saturday (Day 14)
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
		Assorted Juice - 3/4 cup Oatmeal - 4 oz spdl 2 strips Bacon - 2 strips Sausage Patty - 1 pattie Sausage Links - 2 Links Hard Boiled Egg - 1 Egg Hard Fried Eggs - 1 Egg Over Easy Egg - 1 Egg Over Medium Egg - 1 Egg Scrambled Egg - #16 dip Toast - 1 Slice Margarine/Jelly - 1 each Milk/Beverage - 1 cup	Assorted Juice - 3/4 cup Cream of Wheat Cereal - 4 oz spdl 2 strips Bacon - 2 strips Sausage Patty - 1 ea Sausage Links - 2 Links Hard Fried Eggs - 1 Egg Hard Boiled Egg - 1 Egg Over Easy Egg - 1 Egg Over Medium Egg - 1 Egg Scrambled Egg - #16 dip Corned Beef Hash - #6 Dipper Margarine/Jelly - 1 each Toast - 1 Slice Milk/Beverage - 1 cup	Assorted Juice - 3/4 cup Cream of Rice Cereal - 4 oz spdl 2 strips Bacon - 2 strips Sausage Patty - 1 pattie Sausage Links - 2 Links Hard Fried Eggs - 1 Egg Hard Boiled Egg - 1 Egg Over Easy Egg - 1 Egg Over Medium Egg - 1 Egg Scrambled Egg - #16 dip Donut - 1 Donut Toast - 1 Slice Margarine/Jelly - 1 each Milk/Beverage - 1 cup	Assorted Juice - 3/4 cup Oatmeal - 4 oz spdl 2 strips Bacon - 2 strips Sausage Patty - 1 pattie Sausage Links - 2 Links Hard Fried Eggs - 1 Egg Hard Boiled Egg - 1 Egg Over Medium Egg - 1 Egg Over Easy Egg - 1 Egg Scrambled Egg - #16 dip Margarine/Jelly - 1 each Milk/Beverage - 1 cup	Assorted Juice - 3/4 cup Cream of Wheat Cereal - 4 oz spdl 2 strips Bacon - 2 strips Sausage Patty - 1 ea Sausage Links - 2 Links Hard Fried Eggs - 1 Egg Hard Boiled Egg - 1 Egg Over Easy Egg - 1 Egg Over Medium Egg - 1 Egg Scrambled Egg - #16 dip Toast - 1 Slice Margarine/Jelly - 1 each Milk/Beverage - 1 cup
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
		Grilled Reuben Sandwich - 2 oz/2 sl Onion Rings - 4- 5 rings Marinated Tomato Salad - 4 oz spdl Fruit Crumble (FR) - #8 dip Beverage - 1 cup ***** - 1	Chicken Gravy - 2 oz Fried Chicken - 3 oz E.P. Mashed Potatoes - #8 dip Spinach Salad (A) - 2 x 4 oz spdl Pie of the Day - 1/8th pie Beverage - 1 cup ***** - 1	Beef Lasagna - 2" x 4" svg Buttered Italian Blend Vegetables (A) - 4 oz spdl Side Salad with Dressing - 8 oz spdl/2 T dsq Tropical Fruit - 4 oz spdl Margarine/Jelly - 1 each Bread Stick - 1 each Beverage - 1 cup ***** - 1	Popcorn Shrimp - 3 oz Macaroni & Cheese - 4 oz spdl Cucumber & Tomato Salad - 4 oz spdl Tartar Sauce - 1 oz Hush Puppies - 2 Cheesecake - 4" x 2.5" svg Beverage - 1 cup ***** - 1	Cheeseburger on a Bun - 3 oz/1 bun Potato Wedges - 4 oz spdl Relish Plate - 1 Plate Strawberries with Whipped Topping - 8 oz spdle Gooley Butter Cookies - 2 Cookies Ketchup/Mayo/Mustard - 1 each Beverage - 1 cup ***** - 1
Supper	Supper	Supper	Supper	Supper	Supper	Supper
		Beef Frank on Bun - 3 oz/1 bun Fried Potatoes - 4 oz spdl Baked Beans - 4 oz spdl Vanilla Pudding - #8 dipper Pickle Relish - 1 tbsp Ketchup/Mustard - 1 each Milk/Beverage - 1 cup ***** - 1	Sloppy Joe on Bun - #10 dip + 1 bun Potato Chips - 1 oz Creamy Cole Slaw - 4 oz spdl Milk/Beverage - 1 cup Fruited Gelatin (FR) - 6 oz spdl ***** - 1	Grilled Sausage Cuts - 3 oz Garlic Red New Potatoes - 4 oz spdl Buttered Cabbage - 4 oz spdl Frosted Marble Cake - 3" x 3" svg Milk/Beverage - 1 cup ***** - 1	Loaded Baked Potato - 1 Potato Chef's Salad - 1 salad (2 cups) Mixed Fruit Cup - 4 oz spdl Peanut Butter Cookies - 2 cookies Milk/Beverage - 1 cup ***** - 1	Cream Gravy - 2 oz Breaded Pork Chop Fritter - 3 oz Mashed Potatoes - #8 dip Buttered Carrots (A) - 4 oz spdl Jell-O Cake w/Whipped Topping - 2" x 4" svg Milk/Beverage - 1 cup ***** - 1

Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack
		Fruit Drink - 1/2 cup Asst.Snacks/Cookies/Crx - 1 serving	Fruit Drink - 1/2 cup Asst.Snacks/Cookies/Crx - 1 serving	Fruit Drink - 1/2 cup Asst.Snacks/Cookies/Crx - 1 serving	Fruit Drink - 1/2 cup Asst.Snacks/Cookies/Crx - 1 serving	Fruit Drink - 1/2 cup Asst.Snacks/Cookies/Crx - 1 serving

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Sunday (Day 15)	Monday (Day 16)	Tuesday (Day 17)	Wednesday (Day 18)	Thursday (Day 19)	Friday (Day 20)	Saturday (Day 21)
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Assorted Juice - 3/4 cup Cream of Rice Cereal - 4 oz spdl Scrambled Eggs - #16 dip Hard Fried Eggs - 1 Egg Over Medium Egg - 1 Egg Over Easy Egg - 1 Egg Hard Boiled Egg - 1 (quartered) Sausage Patty - 1 ea Sausage Links - 2 Links 2 strips Bacon - 2 strips Toast - 1 Slice Margarine/Jelly - 1 each Milk/Beverage - 1 cup	Assorted Juice - 3/4 cup Oatmeal - 4 oz spdl Scrambled Egg - #16 dip Hard Fried Eggs - 1 Egg Over Easy Egg - 1 Egg Over Medium Egg - 1 Egg Hard Boiled Egg - 1 Egg Sausage Patty - 1 pattie Sausage Links - 2 Links 2 strips Bacon - 2 strips Toast - 1 Slice Margarine/Jelly - 1 each Milk/Beverage - 1 cup	Assorted Juice - 3/4 cup Cream of Wheat Cereal - 4 oz spdl Scrambled Egg - #16 dip Hard Fried Eggs - 1 Egg Over Medium Egg - 1 Egg Over Easy Egg - 1 Egg Hard Boiled Egg - 1 Egg Sausage Patty - 1 pattie Sausage Links - 2 Links 2 strips Bacon - 2 strips Toast - 1 Slice Margarine/Jelly - 1 each Milk/Beverage - 1 cup	Assorted Juice - 3/4 cup Cream of Rice Cereal - 4 oz spdl Scrambled Eggs - #16 dip Hard Fried Eggs - 1 Egg Over Medium Egg - 1 Egg Over Easy Egg - 1 Egg Hard Boiled Egg - 1 Egg Corned Beef Hash - #6 Dipper Sausage Patty - 1 pattie Sausage Links - 2 Links 2 strips Bacon - 2 strips Toast - 1 Slice Margarine/Jelly - 1 each Milk/Beverage - 1 cup	Assorted Juice - 3/4 cup Oatmeal - 4 oz spdl Scrambled Egg - #16 dip Hard Fried Eggs - 1 Egg Over Medium Egg - 1 Egg Over Easy Egg - 1 Egg Hard Boiled Egg - 1 Egg Sausage Patty - 1 pattie Sausage Links - 3 Links 2 strips Bacon - 2 strips Toast - 1 Slice Margarine/Jelly - 1 each Milk/Beverage - 1 cup	Assorted Juice - 3/4 cup Cream of Wheat Cereal - 4 oz spdl Scrambled Egg - #16 dip Hard Fried Eggs - 1 Egg Over Medium Egg - 1 Egg Over Easy Egg - 1 Egg Hard Boiled Egg - 1 Egg Sausage Patty - 1 ea Sausage Links - 2 Links 2 strips Bacon - 2 strips Toast - 1 Slice Margarine/Jelly - 1 each Milk/Beverage - 1 cup	Assorted Juice - 3/4 cup Cream of Rice Cereal - 4 oz spdl Scrambled Eggs - #16 dip Hard Fried Eggs - 1 Egg Over Medium Egg - 1 Egg Over Easy Egg - 1 Egg Hard Boiled Egg - 1 Egg Sausage Patty - 1 pattie Sausage Links - 2 Links 2 strips Bacon - 2 strips Toast - 1 Slice Margarine/Jelly - 1 each Milk/Beverage - 1 cup
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Chicken Gravy - 2 oz Fried Chicken - 3 oz E.P. Mashed Potatoes - #8 dip Broccoli with Cheese Sauce (A) - 4 oz spdl Pie of the Day - 1/8th pie Dinner Roll/Margarine - 1 ea/1 tsp Beverage - 1 cup ***** - 1	Breaded Fish Sandwich - 3 oz/1 bun French Fries - 4 oz spdl Five Way Mixed Vegetables (A) - 4 oz spdl Ketchup & Tartar Sauce - 1 ea Whipped Gelatin - 4 oz spdl Beverage - 1 cup ***** - 1	BBQ Baked Chicken - 3 oz Baked Beans - 4 oz spdl Pasta Salad - 4 oz spdl Orange Pineapple Cup - 4 oz spdl Beverage - 1 cup ***** - 1	Chicken Salad on Croissant - #10 dip/1 Ranch Vegetable Salad (A) - 4 oz spdl Fresh Fruit Cup - 4 oz spdl Cinnamon Roll - 1 roll Beverage - 1 cup ***** - 1	Gravy - 2 oz Meatloaf - 3 oz Mashed Potatoes - #8 dip Country Green Beans with Bacon & Onion - 4 oz spdl Lemon Bar - 3" x 1.5" svg Beverage - 1 cup ***** - 1	Fish of the Day - 3 oz Scalloped Potatoes - 4 oz spdl Tartar Sauce - 1 oz Cucumber & Tomato Salad with Vinegarette Drsg - 4 oz spdl Hush Puppies - 2 Banana Cream Pie - 1 Slice Beverage - 1 cup ***** - 1	Cheeseburger on a Bun - 3 oz/1 bun Relish Plate - 1 Plate Potato Salad - 4 oz spdl Baked Beans - 4 oz spdl Watermelon - 8 oz spdl (1 cup) Beverage - 1 cup ***** - 1
Supper	Supper	Supper	Supper	Supper	Supper	Supper
Egg Salad Sandwich - #10 dip/2 sl Green Pea Salad - 4 oz spdl Marinated Slaw - 4 oz spdl Snickerdoodles - 2 cookies Milk/Beverage - 1 cup ***** - 1	Spaghetti w/Meat Sauce - 6 oz spdl Buttered Italian Blend Vegetables (A) - 4 oz spdl Pear Crisp (FR) - #6 dip Garlic Bread - 1 Slice Milk/Beverage - 1 cup ***** - 1	Country Fried Steak - 3 oz (1 ea) Mashed Potatoes with Cream Gravy - #8 dip/2 oz gvy Brussel Sprouts - 4 oz spdl Texas Sheet Cake - 1 sq Milk/Beverage - 1 cup ***** - 1	Pulled Pork on Bun - 2 oz/1 Bun Creamy Cole Slaw - 4 oz spdl Fruit Muffin - 1 muffin Sherbet - #8 dip Milk/Beverage - 1 cup ***** - 1	Deli Sandwich with Lettuce/Tomato - 2 oz/1 bun Red Skin Potato Salad - 4 oz spdl Fresh Fruit Cup - 4 oz spdl Sugar Cookie - 1 cookie Mayonnaise/Mustard - 1 each Milk/Beverage - 1 cup ***** - 1	Bratwurst on Bun - 2 oz/1 bun Fried Potatoes - 4 oz spdl Harvard Beets - 4 oz spdl Ketchup/Mustard - 1 each Peanut Butter Cookies - 2 cookies Milk/Beverage - 1 cup ***** - 1	Beef Tips in Gravy - #8 dip Parslied Buttered Noodles - 4 oz spdl Glazed Carrots - 4 oz spdl Milk/Beverage - 1 cup Peaches with Whipped Topping - 4 oz spdl ***** - 1

Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack
Fruit Drink - 1/2 cup Asst.Snacks/Cookies/Crx - 1 serving	Fruit Drink - 1/2 cup Asst.Snacks/Cookies/Crx - 1 serving	Fruit Drink - 1/2 cup Asst.Snacks/Cookies/Crx - 1 serving	Fruit Drink - 1/2 cup Asst.Snacks/Cookies/Crx - 1 serving	Fruit Drink - 1/2 cup Asst.Snacks/Cookies/Crx - 1 serving	Fruit Drink - 1/2 cup Asst.Snacks/Cookies/Crx - 1 serving	Fruit Drink - 1/2 cup Asst.Snacks/Cookies/Crx - 1 serving

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Sunday (Day 22)	Monday (Day 23)	Tuesday (Day 24)	Wednesday (Day 25)	Thursday (Day 26)	Friday (Day 27)	Saturday (Day 28)
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Assorted Juice - 3/4 cup Oatmeal - 4 oz spdl Scrambled Egg - #6 dip Hard Fried Eggs - 1 Egg Hard Boiled Egg - 1 Egg Over Easy Egg - 1 Egg Over Medium Egg - 1 Egg 2 strips Bacon - 2 strips Sausage Links - 2 Links Sausage Patty - 2 patties Toast - 1 Slice Margarine/Jelly - 1 each Milk/Beverage - 1 cup	Assorted Juice - 3/4 cup Cream of Rice Cereal - 4 oz spdl Scrambled Egg - #6 dip Hard Fried Eggs - 1 Egg Hard Boiled Egg - 1 Egg Over Easy Egg - 1 Egg Over Medium Egg - 1 Egg 2 strips Bacon - 2 strips Sausage Links - 2 Links Sausage Patty - 2 patties Toast - 1 Slice Margarine/Jelly - 2 each Milk/Beverage - 1 cup	Assorted Juice - 3/4 cup Cream of Wheat Cereal - 4 oz spdl Scrambled Egg - #6 dip Hard Fried Eggs - 1 Egg Hard Boiled Egg - 1 Egg Over Easy Egg - 1 Egg Over Medium Egg - 1 Egg 2 strips Bacon - 2 strips Sausage Links - 2 Links Sausage Patty - 2 patties Toast - 1 Slice Margarine/Jelly - 1 each Milk/Beverage - 1 cup	Assorted Juice - 3/4 cup Oatmeal - 4 oz spdl Scrambled Egg - #6 dip Hard Fried Eggs - 1 Egg Hard Boiled Egg - 1 Egg Over Easy Egg - 1 Egg Over Medium Egg - 1 Egg Corned Beef Hash - #6 Dipper 2 strips Bacon - 2 strips Sausage Links - 2 Links Sausage Patty - 2 patties Toast - 1 Slice Margarine/Jelly - 1 each Milk/Beverage - 1 cup	Assorted Juice - 3/4 cup Cream of Rice Cereal - 4 oz spdl Scrambled Egg - #6 dip Hard Fried Eggs - 1 Egg Hard Boiled Egg - 1 Egg Over Easy Egg - 1 Egg Over Medium Egg - 1 Egg 2 strips Bacon - 2 strips Sausage Links - 2 Links Sausage Patty - 2 patties Sausage Patty - 1 ea Toast - 1 Slice Margarine/Jelly - 1 each Milk/Beverage - 1 cup	Assorted Juice - 3/4 cup Cream of Wheat Cereal - 4 oz spdl Scrambled Eggs - #16 dip Hard Fried Eggs - 1 Egg Hard Boiled Egg - 1 Egg Over Easy Egg - 1 Egg Over Medium Egg - 1 Egg 2 strips Bacon - 2 strips Sausage Links - 2 Links Sausage Patty - 2 patties Toast - 1 Slice Margarine/Jelly - 1 each Milk/Beverage - 1 cup	Assorted Juice - 3/4 cup Oatmeal - 4 oz spdl Scrambled Egg - #6 dip Hard Fried Eggs - 1 Egg Hard Boiled Egg - 1 Egg Over Easy Egg - 1 Egg Over Medium Egg - 1 Egg 2 strips Bacon - 2 strips Sausage Links - 2 Links Sausage Patty - 1 ea Toast - 1 Slice Margarine/Jelly - 1 each Milk/Beverage - 1 cup
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Chicken Gravy - 2 oz Fried Chicken - 3 oz E.P. Mashed Potatoes & Gravy - #8 dip/2 oz gvy Broccoli with Cheese Sauce (A) - 4 oz spdl Glazed Applesauce Cake - 2" x 3" svg Dinner Roll/Margarine - 1 ea/1 tsp Beverage - 1 cup ***** - 1	Sausage Cuts with Sauteed Onions & Peppers - 3 oz + 2 oz spdl Macaroni & Cheese - 4 oz spdl Buttered Carrots (A) - 4 oz spdl Blueberry Cobbler (FR) - #6 dip Beverage - 1 cup ***** - 1	Brown Sugar Glazed Ham - 3 oz Baked Fresh Sweet Potato (A) - 1 Potato Cauliflower - 4 oz spdl Daffodil Cake - 2" x 4" svg Beverage - 1 cup ***** - 1	Sliced Roast Turkey - 3 oz Mashed Potatoes & Gravy - #8 dip/2 oz gvy Roasted Carrots (A) - 4 oz spdl Cherry Cheesecake - 4" x 2.5" svg Milk/Beverage - 1 cup ***** - 1	Pork Tips in Gravy - #6 dip Baked Potato with Sour Cream - 1 Potato + 2 Tbs Spinach (A) - 4 oz spdl Peaches with Whipped Topping - 4 oz spdl Beverage - 1 cup ***** - 1	"Pizza Day" - 1 svg each Marinated Slaw - 4 oz spdl Chocolate Cream Pie - 1/8th pie Beverage - 1 cup ***** - 1	Lasagna - 2" x 4" svg Italian Vegetables (A) - 4 oz spdl Caesar Salad - 2 x 4 oz spdl Garlic Bread - 1 Slice Fruit Cup - 4 oz spdl Beverage - 1 cup ***** - 1
Supper	Supper	Supper	Supper	Supper	Supper	Supper
Philly Cheesesteak Sandwich w/Onions & Peppers - 2 oz/1 Bun Potato Chips - 1 oz Strawberries & Bananas - 4 oz spdl Chocolate Chip Cookie - 1 each Milk/Beverage - 1 cup ***** - 1	Pork Fried Rice - 4 oz spdl Oriental Vegetables - 4 oz spdl Vegetable Egg Roll - 1 Frosted Cupcake - 1 each Milk/Beverage - 1 cup ***** - 1	Taco Salad - 1 Salad Spanish Rice - #8 dip Salsa - 1/4 cup Sour Cream - 1 Tbsp Blushing Pears - 4 oz spdl Milk/Beverage - 1 cup ***** - 1	Fish & Cheese Sandwich - 3 oz/1 bun French Fries - 4 oz spdl Fruited Gelatin with Topping (FR) - 6 oz spdl/2 Tbs Tpg Ketchup & Tartar Sauce - 1 ea ***** - 1 Milk/Beverage - 1 cup	Open Faced Roast Beef Sandwich with Gravy - 2 oz/1 sl Mashed Potatoes - #8 dip Broccoli & Cauliflower - 4 oz spdl Sugar Cookies - 2 cookies Milk/Beverage - 1 cup ***** - 1	Grilled Ham & Cheese Sandwich - 2 oz/2 sl Potato Chips - 1 oz Pickled Beets - 4 oz spdl Cinnamon Apple Slices - 4 oz spdl Milk/Beverage - 1 cup ***** - 1	Pork Fritter on Bun - 4 oz/1 bun Tater Tots - 4 oz spdl Buttered Corn - 4 oz spdl Onion & Pickle Slice - 1 svg Sherbet - #8 dip Milk/Beverage - 1 cup ***** - 1

Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack
Fruit Drink - 1/2 cup Asst.Snacks/Cookies/Crx - 1 serving	Fruit Drink - 1/2 cup Asst.Snacks/Cookies/Crx - 1 serving	Fruit Drink - 1/2 cup Asst.Snacks/Cookies/Crx - 1 serving	Fruit Drink - 1/2 cup Asst.Snacks/Cookies/Crx - 1 serving	Fruit Drink - 1/2 cup Asst.Snacks/Cookies/Crx - 1 serving	Fruit Drink - 1/2 cup Asst.Snacks/Cookies/Crx - 1 serving	Fruit Drink - 1/2 cup Asst.Snacks/Cookies/Crx - 1 serving

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