

# WEEK AT A GLANCE DAYCARE

| SUNDAY    | MONDAY                                | TUESDAY                        | WEDNESDAY  |
|-----------|---------------------------------------|--------------------------------|--|
|           |                                       |                                |  |
| BREAKFAST | BREAKFAST                             | BREAKFAST                      | BREAKFAST  |
|           | Sausage Patty<br>Toast                | Sausage Gravy<br>Biscuit       | Breakfast Muffin<br>Scrambled Egg<br>Bacon             |
|           | MILK                                  | MILK                           | MILK   |
| LUNCH     | LUNCH                                 | LUNCH                          | LUNCH  |
|           | Swiss Steak<br>Mashed Pot. &<br>Gravy | Marinated Pork<br>Lion<br>Yams | Roast Turkey<br>& Gravy<br>Herb Stuffing<br>Veg. Blend |
|           | BREAD                                 | Bread                          | Dinner Roll  |
|           | MILK                                  | MILK                           | MILK   |
| SNACK     | SNACK                                 | SNACK                          | SNACK  |
|           | STRING CHEESE &<br>WG Crackers        | Peanut Butter<br>Apple Slices  | Apple Juice<br>Pretzels                                |
|           | ORANGE JUICE                          | APPLE JUICE                    | GRAPE JUICE  |

# WEEK 1

| THURSDAY  | FRIDAY  | SATURDAY  |
|---|---|-----------|
|   |   |           |
| BREAKFAST   | BREAKFAST   | BREAKFAST |
| French Toast<br>Margarine/ Syrup<br><br><br><br><br>MILK            | Sausage Patty<br>Toast<br>Margarine<br>Jelly<br><br><br>MILK                  |           |
| LUNCH   | LUNCH   | LUNCH     |
| Beef Stroganoff<br>Broccoli<br>Cauliflower<br>Blend<br><br><br>MILK | Fried Fish<br>Tarter Sauce<br>Mac & Cheese<br>Stewed Tomatoes<br><br><br>MILK |           |
| SNACK   | SNACK   | SNACK     |
| Oranges<br><br><br><br><br>GRAPE JUICE                              | Grapes<br>Goldfish<br><br><br><br>APPLE JUICE                                 |           |

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| SUNDAY    | MONDAY  | TUESDAY  | WEDNESDAY  |
|-----------|---|--|--|
|           |   |  |  |
| BREAKFAST | BREAKFAST   | BREAKFAST  | BREAKFAST  |
|           | Scrambled Eggs<br>Sausage Patty<br>Toast<br><br>Margarine<br>MILK             | Bacon<br>Toast<br><br>Margarine /Jelly<br><br>MILK                               | Scrambled Eggs<br>Sausage Patty<br>Biscuit<br><br>Margarine/ Jelly<br><br>MILK |
| LUNCH     | LUNCH   | LUNCH  | LUNCH  |
|           | Turkey Pot Roast<br>Herb Stuffing<br>Buttered Peas<br><br>Biscuit<br><br>MILK | Breaded Pork Chop<br>With Onions<br>Mashed Pot. w/<br>Gravy<br>Bread<br><br>MILK | BBQ Baked Chicken<br>Au Gratin Pot.<br><br>Bread<br><br>MILK                   |
| SNACK     | SNACK   | SNACK  | SNACK  |
|           | Cheddar Cheese<br>Sticks<br>Apple Slices                                      | Cheese<br>WG Bread   | Chex Mix   |

## WEEK 2

| THURSDAY                                     | FRIDAY   | SATURDAY  |
|--|--|-----------|
|  |  |           |
| BREAKFAST                                    | BREAKFAST  | BREAKFAST |
| Pancakes<br><br>Margarine/ Syrup<br><br>MILK | Bacon<br>Cinnamon Toast<br><br>Margarine<br><br>Milk                           |           |
| LUNCH  | LUNCH  | LUNCH     |
| Fried Shrimp<br>French Fries<br><br>MILK     | Spaghetti W/<br>Meat Sauce<br>Italian Tossed Salad<br>Garlic Bread<br><br>MILK |           |
| SNACK  | SNACK  | SNACK     |
| Yogurt<br>Strawberries                       | Peanut Butter<br>Celery/ Rasins  |           |

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| SUNDAY    | MONDAY                                | TUESDAY                        | WEDNESDAY  |
|-----------|---------------------------------------|--------------------------------|--|
|           |                                       |                                |  |
| BREAKFAST | BREAKFAST                             | BREAKFAST                      | BREAKFAST  |
|           | Sausage Patty<br>Toast                | Sausage Gravy<br>Biscuit       | Breakfast Muffin<br>Scrambled Egg<br>Bacon             |
|           | MILK                                  | MILK                           | MILK   |
| LUNCH     | LUNCH                                 | LUNCH                          | LUNCH  |
|           | Swiss Steak<br>Mashed Pot. &<br>Gravy | Marinated Pork<br>Lion<br>Yams | Roast Turkey<br>& Gravy<br>Herb Stuffing<br>Veg. Blend |
|           | BREAD                                 | Bread                          | Dinner Roll  |
|           | MILK                                  | MILK                           | MILK   |
| SNACK     | SNACK                                 | SNACK                          | SNACK  |
|           | STRING CHEESE &<br>WG Crackers        | Peanut Butter<br>Apple Slices  | Apple Juice<br>Pretzels                                |
|           | ORANGE JUICE                          | APPLE JUICE                    | GRAPE JUICE  |

# WEEK 1

| THURSDAY  | FRIDAY  | SATURDAY  |
|---|---|-----------|
|   |   |           |
| BREAKFAST   | BREAKFAST   | BREAKFAST |
| French Toast<br>Margarine/ Syrup<br><br><br><br><br><br>MILK            | Sausage Patty<br>Toast<br>Margarine<br>Jelly<br><br><br><br>MILK                  |           |
| LUNCH   | LUNCH   | LUNCH     |
| Beef Stroganoff<br>Broccoli<br>Cauliflower<br>Blend<br><br><br><br>MILK | Fried Fish<br>Tarter Sauce<br>Mac & Cheese<br>Stewed Tomatoes<br><br><br><br>MILK |           |
| SNACK   | SNACK   | SNACK     |
| Oranges<br><br><br><br><br><br><br>GRAPE JUICE                          | Grapes<br>Goldfish<br><br><br><br><br>APPLE JUICE                                 |           |

# WEEK AT A GLANCE DAYCARE

| SUNDAY    | MONDAY  | TUESDAY   | WEDNESDAY   |
|-----------|---|---|---|
|           |   |   |   |
| BREAKFAST | BREAKFAST   | BREAKFAST   | BREAKFAST   |
|           | PANCAKES &<br>SYRUP<br>SAUSAGE PATTY<br><br>GRAPES<br>MILK        | BISCUIT & GRAVY<br>JELLY<br><br>ORANGE SLICES<br>MILK                       | SCRAMBLED EGG &<br>CHEESE<br><br>TOAST<br>PINEAPPLE<br>MILK                 |
| LUNCH     | LUNCH   | LUNCH   | LUNCH   |
|           | FISH STICKS<br>MAC & CHEESE<br>PEAS<br><br>BREAD<br>FRUIT<br>MILK | CWAGON STEAK<br>MASHED POTATOE<br>GREEN BEANS<br><br>BREAD<br>FRUIT<br>MILK | SLOPPY JOE'S<br>SLIDER WW<br>BAKED POTATO<br>CHIPS<br>CORN<br>FRUIT<br>MILK |
| SNACK     | SNACK   | SNACK   | SNACK   |
|           | PEANUT BUTTER<br>CRACKERS<br><br><br><br>MILK                     | GRAHAM CRACKER<br><br><br><br>APPLE JUICE                                   | PRETZELS<br><br><br><br>GRAPE JUICE   |

## WEEK 2

| THURSDAY   | FRIDAY  | SATURDAY  |
|--|---|-----------|
|  |   |           |
| BREAKFAST  | BREAKFAST   | BREAKFAST |
| WAFFLE & SYRUP<br><br><br><br><br>BANANA<br>MILK                                       | CEREAL<br><br>TOAST<br><br><br>HONEY DEW<br>Milk  |           |
| LUNCH  | LUNCH   | LUNCH     |
| MEAT BALLS<br>FRENCH FRIES<br>CELERY STICK<br>RANCH DRESSING<br>BREAD<br>FRUIT<br>MILK | PASTA W/ MEAT<br>SAUCE<br>PEAS&CARROTS<br>SALAD W/RANCH<br>BREAD<br>FRUIT<br>MILK       |           |
| SNACK  | SNACK   | SNACK     |
| APPLE SLICES<br>WW CRACKERS<br><br><br><br><br><br><br><br><br><br>APPLE JUICE         | CELERY STICK<br>RANCH DRESSING<br>ANIMAL CRACKER<br><br><br><br><br><br><br>GRAPE JUICE |           |



| WEEK AT A GLANCE | DAYCARE |
|------------------|---------|
|                  |         |
|                  |         |

| SUNDAY    | MONDAY  | TUESDAY  | WEDNESDAY   |
|-----------|---|--|---|
|           |   |  |   |
| BREAKFAST | BREAKFAST   | BREAKFAST  | BREAKFAST   |
|           | Scrambles eggs<br>Bacon<br>Biscuit                                  | Scrambled Eggs<br>Toast                              | Bacon<br>Cinnamon oast  |
|           | Margarine/Jelly   | Margarine/Jelly                                      | Margarine   |
|           | MILK  | MILK   | MILK  |
| LUNCH     | LUNCH   | LUNCH  | LUNCH   |
|           | Unstuffed Peppers<br>Over Rice<br>Buttred Carrots<br>Blushing Pears | Apple Glazed<br>Pork Roast<br>Mashed Pot. &<br>Gravy | Roast Turkey &<br>Gravy<br>Green Bean<br>Casserole<br>Dinner Roll |
|           | Bread/ Margarine  | Bread/Margarine                                      | Margarine   |
|           | MILK  | MILK   | MILK  |
| SNACK     | SNACK   | SNACK  | SNACK   |
|           | Pepperonis<br>Ritz Crackers   | Bananas  | Yogurt<br>Granola   |
|           |   |  |   |
|           |   |  |   |

# WEEK 3

| THURSDAY                                  | FRIDAY  | SATURDAY  |
|---|---|-----------|
|   |   |           |
| BREAKFAST                                 | BREAKFAST                                       | BREAKFAST |
| Pancakes                                  | Scrmbled Eggs<br>Toast                          |           |
| Margarine/Syrup                           | Margarine/Jelly                                 |           |
| MILK                                      | MILK  |           |
| LUNCH                                     | LUNCH   | LUNCH     |
| Salisbury Steak<br>Hashbrown<br>Casserole | Parmesan Lemon<br>Baked Fish<br>Sliced Zucchini |           |
| Bread/Margarine<br>MILK                   | Bread/Margarine<br>Milk                         |           |
| SNACK                                     | SNACK   | SNACK     |
| Pretzels                                  | Cinnamon Toast                                  |           |

# WEEK AT A GLANCE DAYCARE

| SUNDAY    | MONDAY  | TUESDAY  | WEDNESDAY   |
|-----------|---|--|---|
|           |   |  |   |
| BREAKFAST | BREAKFAST   | BREAKFAST  | BREAKFAST   |
|           | PANCAKES &<br>SYRUP<br><br>BANANA<br>MILK                                 | SAUSAGE & EGG<br>BISCUIT<br><br>MANDARIN ORAN<br>MILK                          | SCRAMBLED EGG<br>W/CHEESE<br><br>TOAST<br>PEACHES<br>MILK           |
| LUNCH     | LUNCH   | LUNCH  | LUNCH   |
|           | CHICKEN LEG<br>MASHED POTATO<br>GREEN BEANS<br><br>BREAD<br>FRUIT<br>MILK | GRILLED HAM &<br>CHEESE<br><br>CELERY STICK<br>RANCH DRESSING<br>FRUIT<br>MILK | RIBLET<br>TRI TATER<br>PORK AND BEANS<br><br>BREAD<br>FRUIT<br>MILK |
| SNACK     | SNACK   | SNACK  | SNACK   |
|           | PRETZELS<br>APPLE SLICES<br><br>MILK                                      | GRAHAM CRAKER<br><br>MILK  | APPLE SLICES &<br>RAISINS<br>WHEAT CRACKER<br><br>GRAPE JUICE       |

## WEEK 4

| THURSDAY   | FRIDAY   | SATURDAY  |
|--|--|-----------|
|  |  |           |
| BREAKFAST  | BREAKFAST  | BREAKFAST |
| TOAST & JELLY<br>SAUSAGE LINK  | CEREAL   |           |
| BANANA SLICES<br>MILK  | PINEAPPLE TID<br>MILK  |           |
| LUNCH  | LUNCH  | LUNCH     |
| MAC & CHEESE<br>HOT DOG BITS<br>CELERY STICK &<br>RANCH DRESSING<br>BREAD<br>FRUIT<br>MILK | FISH STICKS<br>FRENCH FRIES<br>GREEN BEANS<br>BREAD<br>APPLESAUCE<br>FRUIT<br>MILK |           |
| SNACK  | SNACK  | SNACK     |
| GOLDFISH<br>CRACKERS   | GRAPES &<br>ANIMAL COOKIES   |           |
| APPLE JUICE  | MILK   |           |

| WEEK AT A GLANCE DAYCARE |  |   |   |
|--------------------------|--|---|---|
|                          |  |   |   |
| SUNDAY                   | MONDAY   | TUESDAY   | WEDNESDAY   |
|                          |  |   |   |
| BREAKFAST                | BREAKFAST  | BREAKFAST   | BREAKFAST   |
|                          | Pancakes<br>Syrup<br><br>MILK                              | Bacon<br>Toast<br><br>Margarine/Jelly<br><br>MILK   | Sausage Gravy<br>Biscuit<br><br>MILK                          |
| LUNCH                    | LUNCH  | LUNCH   | LUNCH   |
|                          | Herb Roasted Chix<br>Harvest Pasta<br>Broccoli<br><br>MILK | Lasagna<br>Ceaser Salad<br>Garlic Bread<br><br>MILK | Sweet & Sour Pork<br>Steamed Rice<br>Orential Veg<br><br>MILK |
| SNACK                    | SNACK  | SNACK   | SNACK   |
|                          | Pepperonis<br>Ritz Crackers                                | Bananas   | Yogurt<br>Granola   |

## Week 4

| THURSDAY  | FRIDAY  | SATURDAY  |
|---|---|-----------|
|   |   |           |
| BREAKFAST   | BREAKFAST   | BREAKFAST |
| Scrambled Eggs<br>Bacon<br>Cinnamon Toast<br><br>MILK | Bacon<br>Toast<br><br>Margarine/Jelly<br><br>MILK                                 |           |
| LUNCH   | LUNCH   | LUNCH     |
| Meatloaf<br>Mashed Pot.<br>Dinner roll<br><br>MILK    | Creamy mush Chix<br>B. Bowtie Pasta<br>Italian Veg<br><br>Bread/ Mrgarine<br>Milk |           |
| SNACK   | SNACK   | SNACK     |
| Pretzels  | Cinnamon Toast  |           |