

Sunday (Day 15)	Monday (Day 16)	Tuesday (Day 17)	Wednesday (Day 18)	Thursday (Day 19)	Friday (Day 20)	Saturday (Day 21)
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Assorted Juice - 3/4 cup Cream of Wheat Cereal - 4 oz spdl Scrambled, Fried or Boiled Egg - #16 dip 2 strips Bacon or Sausage - 2 strips or 1 oz (or) Toast - 1 Slice Margarine/Jelly - 1 each Milk/Beverage - 1 cup	Assorted Juice - 3/4 cup Oatmeal - 4 oz spdl Scrambled, Fried or Boiled Egg - #16 dip 2 strips Bacon or Sausage - 2 strips or 1 oz (or) Toast - 1 Slice Margarine/Jelly - 1 each Milk/Beverage - 1 cup	Assorted Juice - 3/4 cup Cream of Rice Cereal - 4 oz spdl Scrambled, Fried or Boiled Egg - #16 dip 2 strips Bacon or Sausage - 2 strips or 1 oz Biscuit & Sausage Gravy - 1 Biscuit + 2 oz gravy (or) Toast - 1 Slice Margarine/Jelly - 1 each Milk/Beverage - 1 cup	Assorted Juice - 3/4 cup Cream of Wheat Cereal - 4 oz spdl Scrambled, Fried or Boiled Egg - #16 dip 2 strips Bacon or Sausage - 2 strips or 1 oz (or) Toast - 1 Slice Margarine/Jelly - 1 each Milk/Beverage - 1 cup	Assorted Juice - 3/4 cup Oatmeal - 4 oz spdl Scrambled, Fried or Boiled Egg - #16 dip 2 strips Bacon or Sausage - 2 strips or 1 oz Glazed Donut - 1 Donut (or) Toast - 1 Slice Margarine/Jelly - 1 each Milk/Beverage - 1 cup	Assorted Juice - 3/4 cup Cream of Wheat Cereal - 4 oz spdl Scrambled, Fried or Boiled Egg - #16 dip 2 strips Bacon or Sausage - 2 strips or 1 oz (or) Toast - 1 Slice Margarine/Jelly - 1 each Milk/Beverage - 1 cup	Assorted Juice - 3/4 cup Cream of Rice Cereal - 4 oz spdl Scrambled, Fried or Boiled Egg - #16 dip 2 strips Bacon or Sausage - 2 strips or 1 oz (or) Toast - 1 Slice Margarine/Jelly - 1 each Milk/Beverage - 1 cup
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Fried Chicken - 3 oz E.P. Mashed Potatoes & Gravy - #8 dip/2 oz gvy Broccoli with Cheese Sauce (A) - 4 oz spdl Pumpkin Pie w/ Whipped Topping - 1/8th of a pie Dinner Roll/Margarine - 1 ea/1 tsp Beverage - 1 cup ***** - 1	Roasted Pork Gravy - 2 oz Pork Choppette - 3 oz Herb Stuffing - #8 dip Buttered Peas & Carrots (A) - 4 oz spdl Blushing Pears - 4 oz spdl Beverage - 1 cup ***** - 1	Meatballs with Mushroom Gravy - 4-1 oz Meatballs Parslied Buttered Noodles - 4 oz spdl Roasted Brussel Sprouts - 4 oz spdl Chocolate Chip Cookie Bar - 3"x 2.5" bar Beverage - 1 cup ***** - 1	Roast Turkey & Gravy - 3 oz Baked Sweet Potato (A) - 1 Potato Country Green Beans with Bacon & Onion - 4 oz spdl Peach Cobbler - #6 dipper Beverage - 1 cup ***** - 1	Meatloaf - 3 oz Mashed Potatoes & Gravy - #8 dip/2 oz gvy Green Beans - 4 oz spdl Banana Cake with Cream Cheese Frosting - 2" x 2" svg Beverage - 1 cup ***** - 1	Parmesan Lemon Baked Fish - 3 oz Hashbrown Casserole - 4 oz spdl Sliced Zucchini - 4 oz spdl Pumpkin Cake (A) with Whipped Topping - 2" x 3" svg Beverage - 1 cup ***** - 1	Baked Ham - 3 oz O'Brien Potatoes - 4 oz spdl Stewed Tomatoes - 4 oz spdl Spiced Peaches - 4 oz spdl Cornbread/Margarine - 3" x 2" svg/1 ea Beverage - 1 cup ***** - 1
Supper	Supper	Supper	Supper	Supper	Supper	Supper
Cheese Tortellini with Alfredo Sauce - 6 oz spdl/2 oz sce Buttered Italian Blend Vegetables (A) - 4 oz spdl Mandarin Oranges - 4 oz spdl Garlic Bread - 1 Slice Milk/Beverage - 1 cup ***** - 1	Taco Salad - 1 Salad Fiesta Corn - 4 oz spdl Salsa - 1/4 cup Sour Cream - 1 Tbsp Brownie - 2" x 4" svg Milk/Beverage - 1 cup ***** - 1	Hearty Beef Stew - 1 cup Tossed Salad/Dressing - 8 oz spdl/2T drsg Glazed Applesauce Cake - 2" x 3" svg Biscuit/Margarine - 1 each/1tsp Milk/Beverage - 1 cup ***** - 1	Country Fried Steak - 1 steak Mashed Potatoes & Cream Gravy - #8 dip/2 oz gvy Meadow Blend Vegetables - 4 oz spdl Mixed Fruit Cup - 4 oz spdl Milk/Beverage - 1 cup ***** - 1	BBQ Pulled Pork on Bun - #10 dip/1 bun Tater Tots - 4 oz spdl Marinated Slaw - 4 oz spdl Baked Custard - #8 dip Milk/Beverage - 1 cup ***** - 1	Chicken Gravy - 2 oz Chicken Fried Chicken - 4 oz Garlic Mashed Potatoes - #8 dip Broccoli (A) - 4 oz spdl Cinnamon Baked Apples - 4 oz spdl Milk/Beverage - 1 cup ***** - 1	Cream of Tomato Soup - 6 oz ladle Grilled Cheese Sandwich - 2 oz/2 sl Cole Slaw - 4 oz spdl Ambrosia - 4 oz spdl Crackers - 6 ea Milk/Beverage - 1 cup ***** - 1
Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack
Fruit Drink - 1/2 cup Asst.Snacks/Cookies/Crx - 1 serving	Fruit Drink - 1/2 cup Asst.Snacks/Cookies/Crx - 1 serving	Fruit Drink - 1/2 cup Asst.Snacks/Cookies/Crx - 1 serving	Fruit Drink - 1/2 cup Asst.Snacks/Cookies/Crx - 1 serving	Fruit Drink - 1/2 cup Asst.Snacks/Cookies/Crx - 1 serving	Fruit Drink - 1/2 cup Asst.Snacks/Cookies/Crx - 1 serving	Fruit Drink - 1/2 cup Asst.Snacks/Cookies/Crx - 1 serving

The meal items shown are those served on a **Regular Diet**. If your physician has ordered for you a **Therapeutic** or **Texture Altered Diet**, you may be served a different menu item, a different portion of the menu item or the item may be eliminated entirely in order to comply with your current diet order. Thank you!

Sunday (Day 15)	Monday (Day 16)	Tuesday (Day 17)	Wednesday (Day 18)	Thursday (Day 19)	Friday (Day 20)	Saturday (Day 21)
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Assorted Juice - 3/4 cup Cream of Wheat Cereal - 4 oz spdl Scrambled, Fried or Boiled Egg - #16 dip 2 strips Bacon or Sausage - 2 strips or 1 oz (or) Toast - 1 Slice Margarine/Jelly - 1 each Milk/Beverage - 1 cup	Assorted Juice - 3/4 cup Oatmeal - 4 oz spdl Scrambled, Fried or Boiled Egg - #16 dip 2 strips Bacon or Sausage - 2 strips or 1 oz (or) Toast - 1 Slice Margarine/Jelly - 1 each Milk/Beverage - 1 cup	Assorted Juice - 3/4 cup Cream of Rice Cereal - 4 oz spdl Scrambled, Fried or Boiled Egg - #16 dip 2 strips Bacon or Sausage - 2 strips or 1 oz Biscuit & Sausage Gravy - 1 Biscuit + 2 oz gravy (or) Toast - 1 Slice Margarine/Jelly - 1 each Milk/Beverage - 1 cup	Assorted Juice - 3/4 cup Cream of Wheat Cereal - 4 oz spdl Scrambled, Fried or Boiled Egg - #16 dip 2 strips Bacon or Sausage - 2 strips or 1 oz (or) Toast - 1 Slice Margarine/Jelly - 1 each Milk/Beverage - 1 cup	Assorted Juice - 3/4 cup Oatmeal - 4 oz spdl Scrambled, Fried or Boiled Egg - #16 dip 2 strips Bacon or Sausage - 2 strips or 1 oz Glazed Donut - 1 Donut (or) Toast - 1 Slice Margarine/Jelly - 1 each Milk/Beverage - 1 cup	Assorted Juice - 3/4 cup Cream of Wheat Cereal - 4 oz spdl Scrambled, Fried or Boiled Egg - #16 dip 2 strips Bacon or Sausage - 2 strips or 1 oz (or) Toast - 1 Slice Margarine/Jelly - 1 each Milk/Beverage - 1 cup	Assorted Juice - 3/4 cup Cream of Rice Cereal - 4 oz spdl Scrambled, Fried or Boiled Egg - #16 dip 2 strips Bacon or Sausage - 2 strips or 1 oz (or) Toast - 1 Slice Margarine/Jelly - 1 each Milk/Beverage - 1 cup
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Fried Chicken - 3 oz E.P. Mashed Potatoes & Gravy - #8 dip/2 oz gvy Broccoli with Cheese Sauce (A) - 4 oz spdl Pumpkin Pie w/ Whipped Topping - 1/8th of a pie Dinner Roll/Margarine - 1 ea/1 tsp Beverage - 1 cup ***** - 1	Roasted Pork Gravy - 2 oz Pork Choppette - 3 oz Herb Stuffing - #8 dip Buttered Peas & Carrots (A) - 4 oz spdl Blushing Pears - 4 oz spdl Beverage - 1 cup ***** - 1	Meatballs with Mushroom Gravy - 4-1 oz Meatballs Parslied Buttered Noodles - 4 oz spdl Roasted Brussel Sprouts - 4 oz spdl Chocolate Chip Cookie Bar - 3"x 2.5" bar Beverage - 1 cup ***** - 1	Roast Turkey & Gravy - 3 oz Baked Sweet Potato (A) - 1 Potato Country Green Beans with Bacon & Onion - 4 oz spdl Peach Cobbler - #6 dipper Beverage - 1 cup ***** - 1	Meatloaf - 3 oz Mashed Potatoes & Gravy - #8 dip/2 oz gvy Green Beans - 4 oz spdl Banana Cake with Cream Cheese Frosting - 2" x 2" svg Beverage - 1 cup ***** - 1	Parmesan Lemon Baked Fish - 3 oz Hashbrown Casserole - 4 oz spdl Sliced Zucchini - 4 oz spdl Pumpkin Cake (A) with Whipped Topping - 2" x 3" svg Beverage - 1 cup ***** - 1	Baked Ham - 3 oz O'Brien Potatoes - 4 oz spdl Stewed Tomatoes - 4 oz spdl Spiced Peaches - 4 oz spdl Cornbread/Margarine - 3" x 2" svg/1 ea Beverage - 1 cup ***** - 1
Supper	Supper	Supper	Supper	Supper	Supper	Supper
Cheese Tortellini with Alfredo Sauce - 6 oz spdl/2 oz sce Buttered Italian Blend Vegetables (A) - 4 oz spdl Mandarin Oranges - 4 oz spdl Garlic Bread - 1 Slice Milk/Beverage - 1 cup ***** - 1	Taco Salad - 1 Salad Fiesta Corn - 4 oz spdl Salsa - 1/4 cup Sour Cream - 1 Tbsp Brownie - 2" x 4" svg Milk/Beverage - 1 cup ***** - 1	Hearty Beef Stew - 1 cup Tossed Salad/Dressing - 8 oz spdl/2T drsg Glazed Applesauce Cake - 2" x 3" svg Biscuit/Margarine - 1 each/1tsp Milk/Beverage - 1 cup ***** - 1	Country Fried Steak - 1 steak Mashed Potatoes & Cream Gravy - #8 dip/2 oz gvy Meadow Blend Vegetables - 4 oz spdl Mixed Fruit Cup - 4 oz spdl Milk/Beverage - 1 cup ***** - 1	BBQ Pulled Pork on Bun - #10 dip/1 bun Tater Tots - 4 oz spdl Marinated Slaw - 4 oz spdl Baked Custard - #8 dip Milk/Beverage - 1 cup ***** - 1	Chicken Gravy - 2 oz Chicken Fried Chicken - 4 oz Garlic Mashed Potatoes - #8 dip Broccoli (A) - 4 oz spdl Cinnamon Baked Apples - 4 oz spdl Milk/Beverage - 1 cup ***** - 1	Cream of Tomato Soup - 6 oz ladle Grilled Cheese Sandwich - 2 oz/2 sl Cole Slaw - 4 oz spdl Ambrosia - 4 oz spdl Crackers - 6 ea Milk/Beverage - 1 cup ***** - 1
Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack
Fruit Drink - 1/2 cup Asst.Snacks/Cookies/Crx - 1 serving	Fruit Drink - 1/2 cup Asst.Snacks/Cookies/Crx - 1 serving	Fruit Drink - 1/2 cup Asst.Snacks/Cookies/Crx - 1 serving	Fruit Drink - 1/2 cup Asst.Snacks/Cookies/Crx - 1 serving	Fruit Drink - 1/2 cup Asst.Snacks/Cookies/Crx - 1 serving	Fruit Drink - 1/2 cup Asst.Snacks/Cookies/Crx - 1 serving	Fruit Drink - 1/2 cup Asst.Snacks/Cookies/Crx - 1 serving

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Sunday (Day 22)	Monday (Day 23)	Tuesday (Day 24)	Wednesday (Day 25)	Thursday (Day 26)	Friday (Day 27)	Saturday (Day 28)
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Assorted Juice - 3/4 cup Oatmeal - 4 oz spdl Scrambled, Fried or Boiled Egg - #16 dip 2 strips Bacon or Sausage - 2 strips or 1 oz (or) Toast - 1 Slice Margarine/Jelly - 1 each Milk/Beverage - 1 cup	Assorted Juice - 3/4 cup Cream of Wheat Cereal - 4 oz spdl Scrambled, Fried or Boiled Egg - #16 dip 2 strips Bacon or Sausage - 2 strips or 1 oz (or) Toast - 1 Slice Margarine/Jelly - 1 each Milk/Beverage - 1 cup	Assorted Juice - 3/4 cup Cream of Rice Cereal - 4 oz spdl Scrambled, Fried or Boiled Egg - #16 dip 2 strips Bacon or Sausage - 2 strips or 1 oz Biscuit & Sausage Gravy - 1 Biscuit + 2 oz gravy (or) Toast - 1 Slice Margarine/Jelly - 1 each Milk/Beverage - 1 cup	Assorted Juice - 3/4 cup Oatmeal - 4 oz spdl Scrambled, Fried or Boiled Egg - #16 dip 2 strips Bacon or Sausage - 2 strips or 1 oz Margarine/Jelly - 1 each Milk/Beverage - 1 cup	Assorted Juice - 3/4 cup Cream of Wheat Cereal - 4 oz spdl Scrambled, Fried or Boiled Egg - #16 dip 2 strips Bacon or Sausage - 2 strips or 1 oz Pancakes - 2 Each (or) Toast - 1 Slice Margarine/Syrup - 1 tsp/1 oz Milk/Beverage - 1 cup	Assorted Juice - 3/4 cup Cream of Rice Cereal - 4 oz spdl Scrambled, Fried or Boiled Egg - #16 dip 2 strips Bacon or Sausage - 2 strips or 1 oz (or) Toast - 1 Slice Margarine/Jelly - 1 each Milk/Beverage - 1 cup	Assorted Juice - 3/4 cup Oatmeal - 4 oz spdl Scrambled, Fried or Boiled Egg - #16 dip 2 strips Bacon or Sausage - 2 strips or 1 oz (or) Toast - 1 Slice Margarine/Jelly - 1 each Milk/Beverage - 1 cup
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Oven Baked Fried Chicken - 3 oz E.P. Mashed Potatoes & Gravy - #8 dip/2 oz gvy Green Beans - 4 oz spdl Cherry Cheesecake - 4" x 2.5" svg Dinner Roll/Margarine - 1 ea/1 tsp Beverage - 1 cup ***** - 1	Baked Ham - 3 oz Candied Sweet Potatoes (A) - 4 oz spdl Mixed Vegetables - 4 oz spdl Apple Crisp (FR) - #6 dip Beverage - 1 cup ***** - 1	Lasagna - 2" x 4" svg Broccoli (A) - 4 oz spdl Caesar Salad - 2 x 4 oz spdl Banana Pudding Dessert - 3" x 2" svg Garlic Bread - 1 Slice Beverage - 1 cup ***** - 1	Cream Gravy - 2 oz Country Fried Steak - 3 oz Mashed Potatoes - #8 dip Swiss Vegetable Medley - 4 oz spdl Strawberry Rhubarb Pie - 1/10th Beverage - 1 cup ***** - 1	Brown Gravy - 2 oz ladle Garlic Herbed Pork Loin - 3 oz Cornbread Dressing - #8 dip Green Beans with Onions - 4 oz spdl Chocolate Cake w/Chocolate Frosting - 3" x 2.5" svg Beverage - 1 cup ***** - 1	Cranberry Onion Chicken - 3 oz Scalloped Potatoes - 4 oz spdl Buttered Carrots (A) - 4 oz spdl Chess Pie - 1/8th pie Beverage - 1 cup ***** - 1	Spaghetti & Meatballs - 2 mbl/4 oz spdl sce/4 oz spdl ndls Italian Blend Vegetables - 4 oz spdl Garlic Bread - 1 Slice Glazed Lemon Cake - 1 sq (3" x 3")svg Beverage - 1 cup ***** - 1
Supper	Supper	Supper	Supper	Supper	Supper	Supper
Pork Fritter on Bun - 4 oz/1 bun Onion & Pickle Slice - 1 svg French Fries - 4 oz spdl Ketchup - 1 each Emerald Pears - 4 oz spdl Milk/Beverage - 1 cup ***** - 1	Cheesy Potato Soup - 6 oz ladle Turkey Club Sandwich - 2 oz/2 sl Three Bean Salad - 4 oz spdl Frosted Gelatin Poke Cake - 1 Sq (3" x 3") svg Milk/Beverage - 1 cup ***** - 1 Ketchup - 1 each	Meatloaf with Ketchup Glaze - 3 oz Mashed Potatoes & Gravy - #8 dip/2 oz gvy Buttered Carrots (A) - 4 oz spdl Frosted Cupcake - 1 each Milk/Beverage - 1 cup ***** - 1	Chicken Tempura - 4 oz Steamed Rice - #8 dip Oriental Vegetables - 4 oz spdl Egg Roll - 1 Mandarin Orange Cake - 2" x 3" svg Milk/Beverage - 1 cup ***** - 1	Beef Stroganoff Over Pasta - 4 oz spdl/4 oz spdl ndls Broccoli with Cheese Sauce (A) - 4 oz spdl Mixed Fruit Cup - 4 oz spdl Milk/Beverage - 1 cup ***** - 1	Fish & Cheese Sandwich - 3 oz/1 bun Tater Tots - 4 oz spdl Creamy Cole Slaw - 4 oz spdl Cookies - 2 each Ketchup - 1 each Milk/Beverage - 1 cup ***** - 1	Chicken Tenders - 4 each French Fries - 4 oz spdl Buttered Peas & Carrots (A) - 4 oz spdl Dipping Sauce - 2 oz Fruited Gelatin (FR) - 6 oz spdl Milk/Beverage - 1 cup ***** - 1
Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack
Fruit Drink - 1/2 cup Asst.Snacks/Cookies/Crx - 1 serving	Fruit Drink - 1/2 cup Asst.Snacks/Cookies/Crx - 1 serving	Fruit Drink - 1/2 cup Asst.Snacks/Cookies/Crx - 1 serving	Fruit Drink - 1/2 cup Asst.Snacks/Cookies/Crx - 1 serving	Fruit Drink - 1/2 cup Asst.Snacks/Cookies/Crx - 1 serving	Fruit Drink - 1/2 cup Asst.Snacks/Cookies/Crx - 1 serving	Fruit Drink - 1/2 cup Asst.Snacks/Cookies/Crx - 1 serving

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Sunday (Day 1)	Monday (Day 2)	Tuesday (Day 3)	Wednesday (Day 4)	Thursday (Day 5)	Friday (Day 6)	Saturday (Day 7)
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Assorted Juice - 3/4 cup Oatmeal - 4 oz spdl Scrambled, Fried or Boiled Egg - #16 dip 2 strips Bacon or Sausage - 2 strips or 1 oz (or) Toast - 1 Slice Margarine/Jelly - 1 each Milk/Beverage - 1 cup	Assorted Juice - 3/4 cup Cream of Wheat Cereal - 4 oz spdl Scrambled, Fried or Boiled Egg - #16 dip (or) Toast - 1 Slice 2 strips Bacon or Sausage - 2 strips or 1 oz Margarine/Jelly - 1 each Milk/Beverage - 1 cup	Assorted Juice - 3/4 cup Cream of Rice Cereal - 4 oz spdl Scrambled, Fried or Boiled Egg - #16 dip 2 strips Bacon or Sausage - 2 strips or 1 oz Biscuit & Sausage Gravy - 1 Biscuit + 2 oz gravy (or) Toast - 1 Slice Margarine/Jelly - 1 each Milk/Beverage - 1 cup	Assorted Juice - 3/4 cup Oatmeal - 4 oz spdl Scrambled, Fried or Boiled Egg - #16 dip 2 strips Bacon or Sausage - 2 strips or 1 oz (or) Toast - 1 Slice Margarine/Jelly - 1 each Milk/Beverage - 1 cup	Assorted Juice - 3/4 cup Cream of Wheat Cereal - 4 oz spdl Scrambled, Fried or Boiled Egg - #16 dip 2 strips Bacon or Sausage - 2 strips or 1 oz Iced Cinnamon Roll - 1 ea (or) Toast - 1 Slice Margarine/Jelly - 1 each Milk/Beverage - 1 cup	Assorted Juice - 3/4 cup Cream of Rice Cereal - 4 oz spdl Scrambled, Fried or Boiled Egg - #16 dip 2 strips Bacon or Sausage - 2 strips or 1 oz (or) Toast - 1 Slice Margarine/Jelly - 1 each Milk/Beverage - 1 cup	Assorted Juice - 3/4 cup Oatmeal - 4 oz spdl Scrambled, Fried or Boiled Egg - #16 dip 2 strips Bacon or Sausage - 2 strips or 1 oz (or) Toast - 1 Slice Margarine/Jelly - 1 each Milk/Beverage - 1 cup
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Oven Fried Chicken - 3 oz E.P. Mashed Potatoes & Gravy - #8 dip/2 oz gvy Broccoli (A) - 4 oz spdl Peach Upside Down Cake - 2" x 4" svg Dinner Roll/Margarine - 1 ea/1 tsp Beverage - 1 cup ***** - 1	Baked Ham - 3 oz Cheesy Noodles - #8 dip Cauliflower with Parsley - 4 oz spdl Autumn Fruit Crumble (FR) - #8 dip Beverage - 1 cup ***** - 1	BBQ Baked Chicken - 3 oz Baked Beans - 4 oz spdl Creamy Cole Slaw - 4 oz spdl Bread Pudding with Vanilla Sauce - #8 dipper Beverage - 1 cup ***** - 1	Apple Glazed Pork Loin - 3 oz Herb Stuffing - #8 dip Vegetable Blend - 4 oz spdl Peach Crisp (FR) - #6 dip Beverage - 1 cup ***** - 1	Beef Stroganoff Over Noodles - 6 oz spdl/4 oz spdl ndls Broccoli Cauliflower Blend - 4 oz spdl Mixed Fruit Cup - 4 oz spdl Beverage - 1 cup ***** - 1	Rosemary Herbed Baked Chicken - 3 oz E.P. Mashed Potatoes & Gravy - #8 dip/2 oz gvy Roasted Corn - 4 oz spdl Peanut Butter Pie - 1/10th pie Beverage - 1 cup ***** - 1	Smothered Pork Chop - 3 oz Baked Potato with Sour Cream - 1 Potato + 2 Tbs Mixed Vegetables - 4 oz spdl Cherry Cobbler - #6 dipper Beverage - 1 cup ***** - 1
Supper	Supper	Supper	Supper	Supper	Supper	Supper
Homemade Garden Vegetable Soup - 6 oz Ladle Pizza - 1 Square Tossed Salad/Dressing - 8 oz spdl/2T drsg Mandarin Oranges & Pineapple - 4 oz spdl Garlic Bread Stick - 1 each Milk/Beverage - 1 cup ***** - 1	Breaded Chicken Patty on Bun - 1 patty/1 bun Relish Plate - 1 Plate Green Pea Salad - 4 oz spdl Pudding Parfait - #8 dip Milk/Beverage - 1 cup ***** - 1	Spaghetti & Meatballs - 2 mtbl/4 oz spdl sce/4 oz spdl ndls Steamed Broccoli (A) - 4 oz spdl Cookies - 2 each Garlic Texas Toast - 1 Slice Milk/Beverage - 1 cup ***** - 1	French Dip Beef Sandwich - 2 oz/1 roll French Fries - 4 oz spdl Diced Tomato Salad - 4 oz spdl Lemon Bar - 3" x 1.5" svg Milk/Beverage - 1 cup ***** - 1	Chicken Tenders - 3 each Cheesy Mashed Potatoes - #8 dip Mixed Vegetables - 4 oz spdl Frosted Cupcake - 1 each Dipping Sauce - 2 oz Milk/Beverage - 1 cup ***** - 1	Broccoli Cheese Soup - 6 oz ladle (or) Hamburger on Bun - 2 oz/1 bun Sweet Potato Fries (A) - 4 oz spdl Relish Plate - 1 Plate Fruited Gelatin with Topping (FR) - 6 oz spdl/2 Tbs Tpg Milk/Beverage - 1 cup ***** - 1	Open Face Turkey Sandwich & Gravy - 2 oz/ 1 sl brd/ 2 oz gravy Buttered Carrots (A) - 4 oz spdl Mashed Potatoes - #8 dip Pudding Cream Pie - 1/8th of Pie Milk/Beverage - 1 cup ***** - 1
Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack
Fruit Drink - 1/2 cup Asst.Snacks/Cookies/Crx - 1 serving	Fruit Drink - 1/2 cup Asst.Snacks/Cookies/Crx - 1 serving	Fruit Drink - 1/2 cup Asst.Snacks/Cookies/Crx - 1 serving	Fruit Drink - 1/2 cup Asst.Snacks/Cookies/Crx - 1 serving	Fruit Drink - 1/2 cup Asst.Snacks/Cookies/Crx - 1 serving	Fruit Drink - 1/2 cup Asst.Snacks/Cookies/Crx - 1 serving	Fruit Drink - 1/2 cup Asst.Snacks/Cookies/Crx - 1 serving

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Sunday (Day 8)	Monday (Day 9)	Tuesday (Day 10)	Wednesday (Day 11)	Thursday (Day 12)	Friday (Day 13)	Saturday (Day 14)
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Assorted Juice - 3/4 cup Cream of Rice Cereal - 4 oz spdl Scrambled, Fried or Boiled Egg - #16 dip 2 strips Bacon or Sausage - 2 strips or 1 oz (or) Toast - 1 Slice Margarine/Jelly - 1 each Milk/Beverage - 1 cup	Assorted Juice - 3/4 cup Cream of Wheat Cereal - 4 oz spdl Scrambled, Fried or Boiled Egg - #16 dip 2 strips Bacon or Sausage - 2 strips or 1 oz (or) Toast - 1 Slice Margarine/Jelly - 1 each Milk/Beverage - 1 cup	Assorted Juice - 3/4 cup Oatmeal - 4 oz spdl Scrambled, Fried or Boiled Egg - #16 dip 2 strips Bacon or Sausage - 2 strips or 1 oz Biscuit & Gravy - 1 Biscuit + 4 oz gravy (or) Toast - 1 Slice Margarine/Jelly - 1 each Milk/Beverage - 1 cup	Assorted Juice - 3/4 cup Cream of Rice Cereal - 4 oz spdl Scrambled, Fried or Boiled Egg - #16 dip 2 strips Bacon or Sausage - 2 strips or 1 oz (or) Toast - 1 Slice Margarine/Jelly - 1 each Milk/Beverage - 1 cup	Assorted Juice - 3/4 cup Cream of Wheat Cereal - 4 oz spdl Scrambled, Fried or Boiled Egg - #16 dip 2 strips Bacon or Sausage - 2 strips or 1 oz Waffles - 2 waffles Margarine/Syrup - 1 tsp/1 oz (or) Toast - 1 Slice Margarine/Jelly - 1 each Milk/Beverage - 1 cup	Assorted Juice - 3/4 cup Oatmeal - 4 oz spdl Scrambled, Fried or Boiled Egg - #16 dip 2 strips Bacon or Sausage - 2 strips or 1 oz (or) Toast - 1 Slice Margarine/Jelly - 1 each Milk/Beverage - 1 cup	Assorted Juice - 3/4 cup Cream of Rice Cereal - 4 oz spdl Scrambled or Fried Egg - #16 dip 2 strips Bacon or Sausage - 2 strips or 1 oz (or) Toast - 1 Slice Margarine/Jelly - 1 each Milk/Beverage - 1 cup
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Chicken Gravy - 2 oz Fried Chicken - 3 oz E.P. Mashed Potatoes - #8 dip Broccoli (A) - 4 oz spdl Mock Pecan Pie - 1/8th pie Hot Roll - 1 each *Margarine - 1 tsp Beverage - 1 cup ***** - 1	Lemon Pepper Fish - 3 oz Rice Pilaf - #8 dip Buttered Peas - 4 oz spdl Peaches with Whipped Topping - 4 oz spdl Cornbread/Margarine - 3" x 2" svg/1 tsp Beverage - 1 cup ***** - 1	Glazed Baked Ham - 3 oz Sweet Potato Casserole (A) - #8 dip Buttered Cabbage - 4 oz spdl Cranberry Swirl Cake - 3" x 2.5" svg Beverage - 1 cup ***** - 1	BBQ Baked Chicken - 3 oz Au Gratin Potatoes - 4 oz spdl Buttered Carrots (A) - 4 oz spdl Apple Chocolate Chip Crumb Dessert - 3"x 2" ssvg Beverage - 1 cup ***** - 1	Roast Beef with Gravy - 3 oz + Gvy Mashed Potatoes - #8 dip Green Bean Casserole - 4 oz spdl Pumpkin Bar - 2" x 3" svg Beverage - 1 cup ***** - 1	Glazed Ham with Pineapple - 3 oz Chicken Cordon Bleu - 1 svg Candied Sweet Potatoes w/ Marshmallow (A) - 4 oz spdl Garlic Mashed Potatoes - #8 dip Watergate Fruit Salad - #8 dipper Cherry Cheesecake - 4" x 2.5" svg Hot Roll/Margarine - 1 ea/1 tsp Beverage - 1 cup ***** - 1	Fried Fish - 3 oz Tartar Sauce - 1 oz Potato Salad - 4 oz spdl Baked Beans - 4 oz spdl Iced Oatmeal Cake - 4" x 2.5" svg Beverage - 1 cup ***** - 1
Supper	Supper	Supper	Supper	Supper	Supper	Supper
Cream of Potato with Bacon Soup - 6 oz ladle Fish & Cheese Sandwich - 3 oz/1 bun Marinated Slaw - 4 oz spdl Tartar Sauce - 1 oz Tropical Fruit - 4 oz spdl Milk/Beverage - 1 cup ***** - 1	Pork Loin Fritter - 4 oz Mashed Potatoes with Cream Gravy - #8 dip/2 oz gvy Lima Beans - 4 oz spdl Sugar Cookies - 2 cookies Milk/Beverage - 1 cup ***** - 1	BBQ Pulled Pork on Bun - #10 dip/1 bun French Fries - 4 oz spdl Chuckwagon Corn - 4 oz spdl Ketchup - 1 tsp Lime Gelatin with Pears (FR) - 6 oz spdl Milk/Beverage - 1 cup ***** - 1	Beef Stew - 8 oz spdl Broccoli Slaw (A) - 4 oz spdl Pineapple - 4 oz spdl Biscuit/Margarine - 1 each/1tsp Milk/Beverage - 1 cup ***** - 1	Ham & Beans - 6 oz spdl Fried Potatoes - 4 oz spdl Mixed Greens (A) - 4 oz spdl Cornbread/Margarine - 3" x 2" svg/1 tsp Strawberries & Whipped Topping - 8 oz spdl Milk/Beverage - 1 cup ***** - 1	Cheeseburger on Bun - 3 oz/1 bun Relish Plate - 1 Plate French Fries - 4 oz spdl Ketchup/Mayo/Mustard - 1 each Whipped Gelatin - 4 oz spdl Milk/Beverage - 1 cup ***** - 1	Cream Gravy - 2 oz ladle Chicken Tenders - 3 each Mashed Potatoes - #8 dip Country Green Beans with Bacon & Onion - 4 oz spdl Pears & Apricots - 4 oz spdl Milk/Beverage - 1 cup ***** - 1
Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack
Fruit Drink - 1/2 cup	Fruit Drink - 1/2 cup	Fruit Drink - 1/2 cup	Fruit Drink - 1/2 cup	Fruit Drink - 1/2 cup	Fruit Drink - 1/2 cup	Fruit Drink - 1/2 cup

Asst.Snacks/Cookies/Crx - 1 serving	Asst.Snacks/Cookies/Crx - 1 serving	Asst.Snacks/Cookies/Crx - 1 serving	Asst.Snacks/Cookies/Crx - 1 serving	Asst.Snacks/Cookies/Crx - 1 serving	Asst.Snacks/Cookies/Crx - 1 serving	Asst.Snacks/Cookies/Crx - 1 serving

The meal items shown are those served on a **Regular Diet**. If your physician has ordered for you a **Therapeutic** or **Texture Altered Diet**, you may be served a different menu item, a different portion of the menu item or the item may be eliminated entirely in order to comply with your current diet order. Thank you!