



Week At a Glance

Menu: Copy of SGC Selective 4 SB F/W 2020-21

Week 1

Sunday (Day 1)	Monday (Day 2)	Tuesday (Day 3)	Wednesday (Day 4)	Thursday (Day 5)	Friday (Day 6)	Saturday (Day 7)
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Assorted Juice - 3/4 cup Oatmeal - 4 oz spdl Scrambled, Fried or Boiled Egg - #16 dip 2 strips Bacon or Sausage - 2 strips or 1 oz (or) Toast - 1 Slice Margarine/Jelly - 1 each Milk/Beverage - 1 cup	Assorted Juice - 3/4 cup Cream of Wheat Cereal - 4 oz spdl Scrambled, Fried or Boiled Egg - #16 dip (or) Toast - 1 Slice 2 strips Bacon or Sausage - 2 strips or 1 oz Margarine/Jelly - 1 each Milk/Beverage - 1 cup	Assorted Juice - 3/4 cup Cream of Rice Cereal - 4 oz spdl Scrambled, Fried or Boiled Egg - #16 dip 2 strips Bacon or Sausage - 2 strips or 1 oz Biscuit & Sausage Gravy - 1 Biscuit + 2 oz gravy (or) Toast - 1 Slice Margarine/Jelly - 1 each Milk/Beverage - 1 cup	Assorted Juice - 3/4 cup Oatmeal - 4 oz spdl Scrambled, Fried or Boiled Egg - #16 dip 2 strips Bacon or Sausage - 2 strips or 1 oz (or) Toast - 1 Slice Margarine/Jelly - 1 each Milk/Beverage - 1 cup	Assorted Juice - 3/4 cup Cream of Wheat Cereal - 4 oz spdl Scrambled, Fried or Boiled Egg - #16 dip 2 strips Bacon or Sausage - 2 strips or 1 oz Iced Cinnamon Roll - 1 ea (or) Toast - 1 Slice Margarine/Jelly - 1 each Milk/Beverage - 1 cup	Assorted Juice - 3/4 cup Cream of Rice Cereal - 4 oz spdl Scrambled, Fried or Boiled Egg - #16 dip 2 strips Bacon or Sausage - 2 strips or 1 oz (or) Toast - 1 Slice Margarine/Jelly - 1 each Milk/Beverage - 1 cup	Assorted Juice - 3/4 cup Oatmeal - 4 oz spdl Scrambled, Fried or Boiled Egg - #16 dip 2 strips Bacon or Sausage - 2 strips or 1 oz (or) Toast - 1 Slice Margarine/Jelly - 1 each Milk/Beverage - 1 cup
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Oven Fried Chicken - 3 oz E.P. Mashed Potatoes & Gravy - #8 dip/2 oz gvy Broccoli (A) - 4 oz spdl Peach Upside Down Cake - 2" x 4" svg Dinner Roll/Margarine - 1 ea/1 tsp Beverage - 1 cup ***** - 1	Baked Ham - 3 oz Cheesy Noodles - #8 dip Cauliflower with Parsley - 4 oz spdl Autumn Fruit Crumble (FR) - #8 dip Beverage - 1 cup ***** - 1	BBQ Baked Chicken - 3 oz Baked Beans - 4 oz spdl Creamy Cole Slaw - 4 oz spdl Bread Pudding with Vanilla Sauce - #8 dipper Beverage - 1 cup ***** - 1	Apple Glazed Pork Loin - 3 oz Herb Stuffing - #8 dip Vegetable Blend - 4 oz spdl Peach Crisp (FR) - #6 dip Beverage - 1 cup ***** - 1	Beef Stroganoff Over Noodles - 6 oz spdl/4 oz spdl ndls Broccoli Cauliflower Blend - 4 oz spdl Mixed Fruit Cup - 4 oz spdl Beverage - 1 cup ***** - 1	Rosemary Herbed Baked Chicken - 3 oz E.P. Mashed Potatoes & Gravy - #8 dip/2 oz gvy Roasted Corn - 4 oz spdl Peanut Butter Pie - 1/10th pie Beverage - 1 cup ***** - 1	Smothered Pork Chop - 3 oz Baked Potato with Sour Cream - 1 Potato + 2 Tbs Mixed Vegetables - 4 oz spdl Cherry Cobbler - #6 dipper Beverage - 1 cup ***** - 1
Supper	Supper	Supper	Supper	Supper	Supper	Supper
Homemade Garden Vegetable Soup - 6 oz Ladle Pizza - 1 Square Tossed Salad/Dressing - 8 oz spdl/2T drsg Mandarin Oranges & Pineapple - 4 oz spdl Garlic Bread Stick - 1 each Milk/Beverage - 1 cup ***** - 1	Breaded Chicken Patty on Bun - 1 patty/1 bun Relish Plate - 1 Plate Green Pea Salad - 4 oz spdl Pudding Parfait - #8 dip Milk/Beverage - 1 cup ***** - 1	Spaghetti & Meatballs - 2 mtbl/4 oz spdl sce/4 oz spdl ndls Steamed Broccoli (A) - 4 oz spdl Cookies - 2 each Garlic Texas Toast - 1 Slice Milk/Beverage - 1 cup ***** - 1	French Dip Beef Sandwich - 2 oz/1 roll French Fries - 4 oz spdl Diced Tomato Salad - 4 oz spdl Lemon Bar - 3" x 1.5" svg Milk/Beverage - 1 cup ***** - 1	Chicken Tenders - 3 each Cheesy Mashed Potatoes - #8 dip Mixed Vegetables - 4 oz spdl Frosted Cupcake - 1 each Dipping Sauce - 2 oz Milk/Beverage - 1 cup ***** - 1	Broccoli Cheese Soup - 6 oz ladle (or) Hamburger on Bun - 2 oz/1 bun Sweet Potato Fries (A) - 4 oz spdl Relish Plate - 1 Plate Fruited Gelatin with Topping (FR) - 6 oz spdl/2 Tbs Tpg Milk/Beverage - 1 cup ***** - 1	Open Face Turkey Sandwich & Gravy - 2 oz/ 1 sl brd/ 2 oz gravy Buttered Carrots (A) - 4 oz spdl Mashed Potatoes - #8 dip Pudding Cream Pie - 1/8th of Pie Milk/Beverage - 1 cup ***** - 1
Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack
Fruit Drink - 1/2 cup Asst.Snacks/Cookies/Crx - 1 serving	Fruit Drink - 1/2 cup Asst.Snacks/Cookies/Crx - 1 serving	Fruit Drink - 1/2 cup Asst.Snacks/Cookies/Crx - 1 serving	Fruit Drink - 1/2 cup Asst.Snacks/Cookies/Crx - 1 serving	Fruit Drink - 1/2 cup Asst.Snacks/Cookies/Crx - 1 serving	Fruit Drink - 1/2 cup Asst.Snacks/Cookies/Crx - 1 serving	Fruit Drink - 1/2 cup Asst.Snacks/Cookies/Crx - 1 serving

The meal items shown are those served on a **Regular Diet**. If your physician has ordered for you a **Therapeutic** or **Texture Altered Diet**, you may be served a different menu item, a different portion of the menu item or the item may be eliminated entirely in order to comply with your current diet order. Thank you!



Week At a Glance

Menu: Copy of SGC Selective 4 SB F/W 2020-21

Week 2

Sunday (Day 8)	Monday (Day 9)	Tuesday (Day 10)	Wednesday (Day 11)	Thursday (Day 12)	Friday (Day 13)	Saturday (Day 14)
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Assorted Juice - 3/4 cup Cream of Rice Cereal - 4 oz spdl Scrambled, Fried or Boiled Egg - #16 dip 2 strips Bacon or Sausage - 2 strips or 1 oz (or) Toast - 1 Slice Margarine/Jelly - 1 each Milk/Beverage - 1 cup	Assorted Juice - 3/4 cup Cream of Wheat Cereal - 4 oz spdl Scrambled, Fried or Boiled Egg - #16 dip 2 strips Bacon or Sausage - 2 strips or 1 oz (or) Toast - 1 Slice Margarine/Jelly - 1 each Milk/Beverage - 1 cup	Assorted Juice - 3/4 cup Oatmeal - 4 oz spdl Scrambled, Fried or Boiled Egg - #16 dip 2 strips Bacon or Sausage - 2 strips or 1 oz Biscuit & Gravy - 1 Biscuit + 4 oz gravy (or) Toast - 1 Slice Margarine/Jelly - 1 each Milk/Beverage - 1 cup	Assorted Juice - 3/4 cup Cream of Rice Cereal - 4 oz spdl Scrambled, Fried or Boiled Egg - #16 dip 2 strips Bacon or Sausage - 2 strips or 1 oz (or) Toast - 1 Slice Margarine/Jelly - 1 each Milk/Beverage - 1 cup	Assorted Juice - 3/4 cup Cream of Wheat Cereal - 4 oz spdl Scrambled, Fried or Boiled Egg - #16 dip 2 strips Bacon or Sausage - 2 strips or 1 oz Waffles - 2 waffles Margarine/Syrup - 1 tsp/1 oz (or) Toast - 1 Slice Margarine/Jelly - 1 each Milk/Beverage - 1 cup	Assorted Juice - 3/4 cup Oatmeal - 4 oz spdl Scrambled, Fried or Boiled Egg - #16 dip 2 strips Bacon or Sausage - 2 strips or 1 oz (or) Toast - 1 Slice Margarine/Jelly - 1 each Milk/Beverage - 1 cup	Assorted Juice - 3/4 cup Cream of Rice Cereal - 4 oz spdl Scrambled or Fried Egg - #16 dip 2 strips Bacon or Sausage - 2 strips or 1 oz (or) Toast - 1 Slice Margarine/Jelly - 1 each Milk/Beverage - 1 cup
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Chicken Gravy - 2 oz Fried Chicken - 3 oz E.P. Mashed Potatoes - #8 dip Broccoli (A) - 4 oz spdl Mock Pecan Pie - 1/8th pie Hot Roll - 1 each *Margarine - 1 tsp Beverage - 1 cup ***** - 1	Lemon Pepper Fish - 3 oz Rice Pilaf - #8 dip Buttered Peas - 4 oz spdl Peaches with Whipped Topping - 4 oz spdl Cornbread/Margarine - 3" x 2" svg/1 tsp Beverage - 1 cup ***** - 1	Glazed Baked Ham - 3 oz Sweet Potato Casserole (A) - #8 dip Buttered Cabbage - 4 oz spdl Cranberry Swirl Cake - 3" x 2.5" svg Beverage - 1 cup ***** - 1	BBQ Baked Chicken - 3 oz Au Gratin Potatoes - 4 oz spdl Buttered Carrots (A) - 4 oz spdl Apple Chocolate Chip Crumb Dessert - 3"x 2" ssvg Beverage - 1 cup ***** - 1	Roast Beef with Gravy - 3 oz + Gvy Mashed Potatoes & Brown Gravy - #8 dip/2 oz gvy Green Bean Casserole - 4 oz spdl Pumpkin Bar - 2" x 3" svg Beverage - 1 cup ***** - 1	Spaghetti with Meat Sauce - 6 oz spdl Italian Tossed Salad - 8 oz spdl Apple Cobbler - 1/18th Garlic Bread - 1 Slice Beverage - 1 cup ***** - 1	Fried Fish - 3 oz Tartar Sauce - 1 oz Potato Salad - 4 oz spdl Baked Beans - 4 oz spdl Iced Oatmeal Cake - 4" x 2.5" svg Beverage - 1 cup ***** - 1
Supper	Supper	Supper	Supper	Supper	Supper	Supper
Cream of Potato with Bacon Soup - 6 oz ladle Fish & Cheese Sandwich - 3 oz/1 bun Marinated Slaw - 4 oz spdl Tartar Sauce - 1 oz Tropical Fruit - 4 oz spdl Milk/Beverage - 1 cup ***** - 1	Pork Loin Fritter - 4 oz Mashed Potatoes with Cream Gravy - #8 dip/2 oz gvy Lima Beans - 4 oz spdl Sugar Cookies - 2 cookies Milk/Beverage - 1 cup ***** - 1	BBQ Pulled Pork on Bun - #10 dip/1 bun French Fries - 4 oz spdl Chuckwagon Corn - 4 oz spdl Ketchup - 1 tsp Lime Gelatin with Pears (FR) - 6 oz spdl Milk/Beverage - 1 cup ***** - 1	Beef Stew - 8 oz spdl Broccoli Slaw (A) - 4 oz spdl Pineapple - 4 oz spdl Biscuit/Margarine - 1 each/1tsp Milk/Beverage - 1 cup ***** - 1	Ham & Beans - 6 oz spdl Fried Potatoes - 4 oz spdl Mixed Greens (A) - 4 oz spdl Cornbread/Margarine - 3" x 2" svg/1 tsp Strawberries & Whipped Topping - 8 oz spdl Milk/Beverage - 1 cup ***** - 1	Cheeseburger on Bun - 3 oz/1 bun Relish Plate - 1 Plate French Fries - 4 oz spdl Ketchup/Mayo/Mustard - 1 each Whipped Gelatin - 4 oz spdl Milk/Beverage - 1 cup ***** - 1	Cream Gravy - 2 oz ladle Chicken Tenders - 3 each Mashed Potatoes - #8 dip Country Green Beans with Bacon & Onion - 4 oz spdl Pears & Apricots - 4 oz spdl Milk/Beverage - 1 cup ***** - 1
Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack
Fruit Drink - 1/2 cup Asst.Snacks/Cookies/Crx - 1 serving	Fruit Drink - 1/2 cup Asst.Snacks/Cookies/Crx - 1 serving	Fruit Drink - 1/2 cup Asst.Snacks/Cookies/Crx - 1 serving	Fruit Drink - 1/2 cup Asst.Snacks/Cookies/Crx - 1 serving	Fruit Drink - 1/2 cup Asst.Snacks/Cookies/Crx - 1 serving	Fruit Drink - 1/2 cup Asst.Snacks/Cookies/Crx - 1 serving	Fruit Drink - 1/2 cup Asst.Snacks/Cookies/Crx - 1 serving

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Week At a Glance

Menu: Copy of SGC Selective 4 SB F/W 2020-21

Week 3

Sunday (Day 15)	Monday (Day 16)	Tuesday (Day 17)	Wednesday (Day 18)	Thursday (Day 19)	Friday (Day 20)	Saturday (Day 21)
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Assorted Juice - 3/4 cup Cream of Wheat Cereal - 4 oz spdl Scrambled, Fried or Boiled Egg - #16 dip 2 strips Bacon or Sausage - 2 strips or 1 oz (or) Toast - 1 Slice Margarine/Jelly - 1 each Milk/Beverage - 1 cup	Assorted Juice - 3/4 cup Oatmeal - 4 oz spdl Scrambled, Fried or Boiled Egg - #16 dip 2 strips Bacon or Sausage - 2 strips or 1 oz (or) Toast - 1 Slice Margarine/Jelly - 1 each Milk/Beverage - 1 cup	Assorted Juice - 3/4 cup Cream of Rice Cereal - 4 oz spdl Scrambled, Fried or Boiled Egg - #16 dip 2 strips Bacon or Sausage - 2 strips or 1 oz Biscuit & Sausage Gravy - 1 Biscuit + 2 oz gravy (or) Toast - 1 Slice Margarine/Jelly - 1 each Milk/Beverage - 1 cup	Assorted Juice - 3/4 cup Cream of Wheat Cereal - 4 oz spdl Scrambled, Fried or Boiled Egg - #16 dip 2 strips Bacon or Sausage - 2 strips or 1 oz (or) Toast - 1 Slice Margarine/Jelly - 1 each Milk/Beverage - 1 cup	Assorted Juice - 3/4 cup Oatmeal - 4 oz spdl Scrambled, Fried or Boiled Egg - #16 dip 2 strips Bacon or Sausage - 2 strips or 1 oz Glazed Donut - 1 Donut (or) Toast - 1 Slice Margarine/Jelly - 1 each Milk/Beverage - 1 cup	Assorted Juice - 3/4 cup Cream of Wheat Cereal - 4 oz spdl Scrambled, Fried or Boiled Egg - #16 dip 2 strips Bacon or Sausage - 2 strips or 1 oz (or) Toast - 1 Slice Margarine/Jelly - 1 each Milk/Beverage - 1 cup	Assorted Juice - 3/4 cup Cream of Rice Cereal - 4 oz spdl Scrambled, Fried or Boiled Egg - #16 dip 2 strips Bacon or Sausage - 2 strips or 1 oz (or) Toast - 1 Slice Margarine/Jelly - 1 each Milk/Beverage - 1 cup
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Fried Chicken - 3 oz E.P. Mashed Potatoes & Gravy - #8 dip/2 oz gvy Broccoli with Cheese Sauce (A) - 4 oz spdl Pumpkin Pie w/ Whipped Topping - 1/8th of a pie Dinner Roll/Margarine - 1 ea/1 tsp Beverage - 1 cup ***** - 1	Roasted Pork Gravy - 2 oz Pork Choppette - 3 oz Herb Stuffing - #8 dip Buttered Peas & Carrots (A) - 4 oz spdl Blushing Pears - 4 oz spdl Beverage - 1 cup ***** - 1	Meatballs with Mushroom Gravy - 4-1 oz Meatballs Parslied Buttered Noodles - 4 oz spdl Roasted Brussel Sprouts - 4 oz spdl Chocolate Chip Cookie Bar - 3"x 2.5" bar Beverage - 1 cup ***** - 1	Roast Turkey & Gravy - 3 oz Baked Sweet Potato (A) - 1 Potato Country Green Beans with Bacon & Onion - 4 oz spdl Peach Cobbler - #6 dipper Beverage - 1 cup ***** - 1	Meatloaf - 3 oz Mashed Potatoes & Gravy - #8 dip/2 oz gvy Green Beans - 4 oz spdl Banana Cake with Cream Cheese Frosting - 2" x 2" svg Beverage - 1 cup ***** - 1	Parmesan Lemon Baked Fish - 3 oz Hashbrown Casserole - 4 oz spdl Sliced Zucchini - 4 oz spdl Pumpkin Cake (A) with Whipped Topping - 2" x 3" svg Beverage - 1 cup ***** - 1	Baked Ham - 3 oz O'Brien Potatoes - 4 oz spdl Stewed Tomatoes - 4 oz spdl Spiced Peaches - 4 oz spdl Cornbread/Margarine - 3" x 2" svg/1 ea Beverage - 1 cup ***** - 1
Supper	Supper	Supper	Supper	Supper	Supper	Supper
Cheese Tortellini with Alfredo Sauce - 6 oz spdl/2 oz sce Buttered Italian Blend Vegetables (A) - 4 oz spdl Mandarin Oranges - 4 oz spdl Garlic Bread - 1 Slice Milk/Beverage - 1 cup ***** - 1	Taco Salad - 1 Salad Fiesta Corn - 4 oz spdl Salsa - 1/4 cup Sour Cream - 1 Tbsp Brownie - 2" x 4" svg Milk/Beverage - 1 cup ***** - 1	Hearty Beef Stew - 1 cup Tossed Salad/Dressing - 8 oz spdl/2T drsg Glazed Applesauce Cake - 2" x 3" svg Biscuit/Margarine - 1 each/1tsp Milk/Beverage - 1 cup ***** - 1	Country Fried Steak - 1 steak Mashed Potatoes & Cream Gravy - #8 dip/2 oz gvy Meadow Blend Vegetables - 4 oz spdl Mixed Fruit Cup - 4 oz spdl Milk/Beverage - 1 cup ***** - 1	BBQ Pulled Pork on Bun - #10 dip/1 bun Tater Tots - 4 oz spdl Marinated Slaw - 4 oz spdl Baked Custard - #8 dip Milk/Beverage - 1 cup ***** - 1	Chicken Gravy - 2 oz Chicken Fried Chicken - 4 oz Garlic Mashed Potatoes - #8 dip Broccoli (A) - 4 oz spdl Cinnamon Baked Apples - 4 oz spdl Milk/Beverage - 1 cup ***** - 1	Cream of Tomato Soup - 6 oz ladle Grilled Cheese Sandwich - 2 oz/2 sl Cole Slaw - 4 oz spdl Ambrosia - 4 oz spdl Crackers - 6 ea Milk/Beverage - 1 cup ***** - 1
Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack
Fruit Drink - 1/2 cup Asst.Snacks/Cookies/Crx - 1 serving	Fruit Drink - 1/2 cup Asst.Snacks/Cookies/Crx - 1 serving	Fruit Drink - 1/2 cup Asst.Snacks/Cookies/Crx - 1 serving	Fruit Drink - 1/2 cup Asst.Snacks/Cookies/Crx - 1 serving	Fruit Drink - 1/2 cup Asst.Snacks/Cookies/Crx - 1 serving	Fruit Drink - 1/2 cup Asst.Snacks/Cookies/Crx - 1 serving	Fruit Drink - 1/2 cup Asst.Snacks/Cookies/Crx - 1 serving

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Week At a Glance

Menu: Copy of SGC Selective 4 SB F/W 2020-21

Week 4

Sunday (Day 22)	Monday (Day 23)	Tuesday (Day 24)	Wednesday (Day 25)	Thursday (Day 26)	Friday (Day 27)	Saturday (Day 28)
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Assorted Juice - 3/4 cup Oatmeal - 4 oz spdl Scrambled, Fried or Boiled Egg - #16 dip 2 strips Bacon or Sausage - 2 strips or 1 oz (or) Toast - 1 Slice Margarine/Jelly - 1 each Milk/Beverage - 1 cup	Assorted Juice - 3/4 cup Cream of Wheat Cereal - 4 oz spdl Scrambled, Fried or Boiled Egg - #16 dip 2 strips Bacon or Sausage - 2 strips or 1 oz (or) Toast - 1 Slice Margarine/Jelly - 1 each Milk/Beverage - 1 cup	Assorted Juice - 3/4 cup Cream of Rice Cereal - 4 oz spdl Scrambled, Fried or Boiled Egg - #16 dip 2 strips Bacon or Sausage - 2 strips or 1 oz Biscuit & Sausage Gravy - 1 Biscuit + 2 oz gravy (or) Toast - 1 Slice Margarine/Jelly - 1 each Milk/Beverage - 1 cup	Assorted Juice - 3/4 cup Oatmeal - 4 oz spdl Scrambled, Fried or Boiled Egg - #16 dip 2 strips Bacon or Sausage - 2 strips or 1 oz Margarine/Jelly - 1 each Milk/Beverage - 1 cup	Assorted Juice - 3/4 cup Cream of Wheat Cereal - 4 oz spdl Scrambled, Fried or Boiled Egg - #16 dip 2 strips Bacon or Sausage - 2 strips or 1 oz Pancakes - 2 Each (or) Toast - 1 Slice Margarine/Syrup - 1 tsp/1 oz Milk/Beverage - 1 cup	Assorted Juice - 3/4 cup Cream of Rice Cereal - 4 oz spdl Scrambled, Fried or Boiled Egg - #16 dip 2 strips Bacon or Sausage - 2 strips or 1 oz (or) Toast - 1 Slice Margarine/Jelly - 1 each Milk/Beverage - 1 cup	Assorted Juice - 3/4 cup Oatmeal - 4 oz spdl Scrambled, Fried or Boiled Egg - #16 dip 2 strips Bacon or Sausage - 2 strips or 1 oz (or) Toast - 1 Slice Margarine/Jelly - 1 each Milk/Beverage - 1 cup
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Oven Baked Fried Chicken - 3 oz E.P. Mashed Potatoes & Gravy - #8 dip/2 oz gvy Green Beans - 4 oz spdl Cherry Cheesecake - 4" x 2.5" svg Dinner Roll/Margarine - 1 ea/1 tsp Beverage - 1 cup ***** - 1	Baked Ham - 3 oz Candied Sweet Potatoes (A) - 4 oz spdl Mixed Vegetables - 4 oz spdl Apple Crisp (FR) - #6 dip Beverage - 1 cup ***** - 1	Lasagna - 2" x 4" svg Broccoli (A) - 4 oz spdl Caesar Salad - 2 x 4 oz spdl Banana Pudding Dessert - 3" x 2" svg Garlic Bread - 1 Slice Beverage - 1 cup ***** - 1	Cream Gravy - 2 oz Country Fried Steak - 3 oz Mashed Potatoes - #8 dip Swiss Vegetable Medley - 4 oz spdl Strawberry Rhubarb Pie - 1/10th Beverage - 1 cup ***** - 1	Brown Gravy - 2 oz ladle Garlic Herbed Pork Loin - 3 oz Cornbread Dressing - #8 dip Green Beans with Onions - 4 oz spdl Chocolate Cake w/Chocolate Frosting - 3" x 2.5" svg Beverage - 1 cup ***** - 1	Cranberry Onion Chicken - 3 oz Scalloped Potatoes - 4 oz spdl Buttered Carrots (A) - 4 oz spdl Chess Pie - 1/8th pie Beverage - 1 cup ***** - 1	Spaghetti & Meatballs - 2 mbl/4 oz spdl sce/4 oz spdl ndls Italian Blend Vegetables - 4 oz spdl Garlic Bread - 1 Slice Glazed Lemon Cake - 1 sq (3" x 3")svg Beverage - 1 cup ***** - 1
Supper	Supper	Supper	Supper	Supper	Supper	Supper
Pork Fritter on Bun - 4 oz/1 bun Onion & Pickle Slice - 1 svg French Fries - 4 oz spdl Ketchup - 1 each Emerald Pears - 4 oz spdl Milk/Beverage - 1 cup ***** - 1	Cheesy Potato Soup - 6 oz ladle Turkey Club Sandwich - 2 oz/2 sl Three Bean Salad - 4 oz spdl Frosted Gelatin Poke Cake - 1 Sq (3" x 3") svg Milk/Beverage - 1 cup ***** - 1 Ketchup - 1 each	Meatloaf with Ketchup Glaze - 3 oz Mashed Potatoes & Gravy - #8 dip/2 oz gvy Frosted Cupcake - 1 each Milk/Beverage - 1 cup ***** - 1	Chicken Tempura - 4 oz Steamed Rice - #8 dip Oriental Vegetables - 4 oz spdl Egg Roll - 1 Mandarin Orange Cake - 2" x 3" svg Milk/Beverage - 1 cup ***** - 1	Beef Stroganoff Over Pasta - 4 oz spdl/4 oz spdl ndls Broccoli with Cheese Sauce (A) - 4 oz spdl Mixed Fruit Cup - 4 oz spdl Milk/Beverage - 1 cup ***** - 1	Fish & Cheese Sandwich - 3 oz/1 bun Tater Tots - 4 oz spdl Creamy Cole Slaw - 4 oz spdl Cookies - 2 each Ketchup - 1 each Milk/Beverage - 1 cup ***** - 1	Chicken Tenders - 4 each French Fries - 4 oz spdl Buttered Peas & Carrots (A) - 4 oz spdl Dipping Sauce - 2 oz Fruited Gelatin (FR) - 6 oz spdl Milk/Beverage - 1 cup ***** - 1
Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack
Fruit Drink - 1/2 cup Asst.Snacks/Cookies/Crx - 1 serving	Fruit Drink - 1/2 cup Asst.Snacks/Cookies/Crx - 1 serving	Fruit Drink - 1/2 cup Asst.Snacks/Cookies/Crx - 1 serving	Fruit Drink - 1/2 cup Asst.Snacks/Cookies/Crx - 1 serving	Fruit Drink - 1/2 cup Asst.Snacks/Cookies/Crx - 1 serving	Fruit Drink - 1/2 cup Asst.Snacks/Cookies/Crx - 1 serving	Fruit Drink - 1/2 cup Asst.Snacks/Cookies/Crx - 1 serving

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