



Week At a Glance

Menu: Laurie Care Center F/W 2020-21

Week 1

Sunday (Day 1)	Monday (Day 2)	Tuesday (Day 3)	Wednesday (Day 4)	Thursday (Day 5)	Friday (Day 6)	Saturday (Day 7)
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Assorted Juice Choice of Hot or Cold Cereal Scrambled Eggs Bacon Donut Margarine Milk/Beverage	Assorted Juice Choice of Hot or Cold Cereal Fried Egg Sausage Patty Coffee Cake Margarine Milk/Beverage	Assorted Juice Choice of Hot or Cold Cereal Sausage Gravy Biscuit Margarine Milk/Beverage	Assorted Juice Choice of Hot or Cold Cereal Scrambled Eggs Bacon Breakfast Muffin Margarine/Jelly Milk/Beverage	Assorted Juice Choice of Hot or Cold Cereal Sausage Patty French Toast Margarine/Syrup Milk/Beverage	Assorted Juice Choice of Hot or Cold Cereal Fried Egg Sausage Patty Toast Margarine/Jelly Milk/Beverage	Assorted Juice Choice of Hot or Cold Cereal Scrambled Eggs Bacon Biscuit Margarine/Jelly Milk/Beverage
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Honey Dijon Garlic Chicken Baby Bakers Broccoli (A) Pie of the Day Dinner Roll/Margarine Beverage	Swiss Steak Mashed Potatoes & Gravy Buttered Carrots (A) Autumn Fruit Crumble (FR) Bread/Margarine Beverage	Marinated Pork Loin Yams (A) Roasted Brussel Sprouts Bread Pudding with Vanilla Sauce Bread/Margarine Beverage	Roast Turkey & Gravy Herb Stuffing Vegetable Blend Peach Crisp (FR) Dinner Roll/Margarine Beverage	Beef Stroganoff Over Noodles Broccoli Cauliflower Blend Mixed Fruit Cup Dinner Roll/Margarine Beverage	Fried Fish Tartar Sauce Macaroni & Cheese Stewed Tomatoes Peanut Butter Pie Beverage	Vegetable Lasagna Tossed Salad/Dressing Fruited Gelatin with Topping (FR) Bread/Margarine Beverage
Supper	Supper	Supper	Supper	Supper	Supper	Supper
Soup of the Day Bratwurst Patty on Bun Onion & Pickle Slice Baked Beans Cinnamon Baked Apples Ketchup/Mustard Milk/Beverage	Baked Fish Tartar Sauce Creamy Tomato Spinach Pasta Green Beans Pudding Parfait Bread/Margarine Milk/Beverage	White Bean Chili with Chicken Tossed Salad/Dressing Cornbread/Margarine Cookies Milk/Beverage	Ham & Potato Au Gratin Green Peas Lemon Bar Biscuit/Margarine Milk/Beverage	Chicken Tenders Cheesy Mashed Potatoes Mixed Vegetables Frosted Cupcake Bread/Margarine Milk/Beverage	Open Face Turkey Sandwich & Gravy Mashed Potatoes Marinated Carrots (A) Fruit Cobbler (FR) Milk/Beverage	Broccoli Cheese Soup Patty Melt Sweet Potato Fries Pudding Cream Pie Milk/Beverage
Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack
Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx

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Week 2

Sunday (Day 8)	Monday (Day 9)	Tuesday (Day 10)	Wednesday (Day 11)	Thursday (Day 12)	Friday (Day 13)	Saturday (Day 14)
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Assorted Juice Choice of Hot or Cold Cereal Egg of Choice Bacon Breakfast Muffin Margarine/Jelly Milk/Beverage	Assorted Juice Choice of Hot or Cold Cereal Scrambled Eggs Sausage Patty Banana Bread Margarine Milk/Beverage	Assorted Juice Choice of Hot or Cold Cereal Fried Egg Bacon Toast Margarine/Jelly Milk/Beverage	Assorted Juice Choice of Hot or Cold Cereal Egg of Choice Sausage Patty Biscuit Margarine/Jelly Milk/Beverage	Assorted Juice Choice of Hot or Cold Cereal Sausage Patty Pancakes Margarine/Syrup Milk/Beverage	Assorted Juice Choice of Hot or Cold Cereal Omelet Bacon Cinnamon Toast Margarine Milk/Beverage	Assorted Juice Choice of Hot or Cold Cereal Scrambled Eggs Sausage Patty Toast Margarine/Jelly Milk/Beverage
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Baked Ham Sweet Potato Casserole (A) Buttered Cabbage Mock Pecan Pie Cornbread/Margarine Beverage	Turkey Pot Roast Herb Stuffing Buttered Peas Peaches with Whipped Topping Biscuit/Margarine Beverage	Breaded Pork Chop with Onions Mashed Potatoes & Gravy Spinach, Bacon & Onion (A) Cherry Dump Cake Bread/Margarine Beverage	BBQ Baked Chicken Au Gratin Potatoes Buttered Carrots (A) Bread/Margarine Apple Pie Beverage	Fried Shrimp Cole Slaw Baked Beans French Fries German Chocolate Cake Beverage	Spaghetti with Meat Sauce Italian Tossed Salad Fruit Cobbler (FR) Garlic Bread Beverage	Penne Polish Sausage Bake Mixed Vegetables Iced Oatmeal Cake Bread/Margarine Beverage
Supper	Supper	Supper	Supper	Supper	Supper	Supper
Homemade Vegetable Soup Breaded Chicken Patty on Bun Marinated Slaw Mayonnaise/Mustard Sugar Cookies Milk/Beverage	Cheese Omelet Bacon or Sausage Fruit Cup Tomato Juice Milk/Beverage	Beef Spanish Rice Bake Fiesta Corn Lime Gelatin with Pears (FR) Cornbread/Margarine Milk/Beverage	Fish & Cheese Sandwich Potato Chips Broccoli Slaw (A) Pineapple Milk/Beverage	Ham & Beans Fried Potatoes Mixed Greens (A) Pumpkin Bar Cornbread/Margarine Milk/Beverage	Asian Chicken Steamed Rice Oriental Vegetables Diced Tomato Salad Whipped Gelatin Milk/Beverage	Hot Beef & Cheese Sandwich Mashed Potatoes Country Green Beans with Bacon & Onion Fruit of the Day Milk/Beverage
Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack
Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx

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Week 3

Sunday (Day 15)	Monday (Day 16)	Tuesday (Day 17)	Wednesday (Day 18)	Thursday (Day 19)	Friday (Day 20)	Saturday (Day 21)
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Assorted Juice Choice of Hot or Cold Cereal Sausage Patty French Toast Margarine/Syrup Milk/Beverage	Assorted Juice Choice of Hot or Cold Cereal Egg of Choice Bacon Biscuit Margarine/Jelly Milk/Beverage	Assorted Juice Choice of Hot or Cold Cereal Scrambled Eggs Sausage Patty Toast Margarine/Jelly Milk/Beverage	Assorted Juice Choice of Hot or Cold Cereal Omelet Bacon Cinnamon Toast Margarine Milk/Beverage	Assorted Juice Choice of Hot or Cold Cereal Sausage Patty Pancakes Margarine/Syrup Milk/Beverage	Assorted Juice Choice of Hot or Cold Cereal Scrambled Eggs Breakfast Ham Slice Toast Margarine/Jelly Milk/Beverage	Assorted Juice Choice of Hot or Cold Cereal Sausage Gravy Biscuit Margarine Milk/Beverage
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Fried Chicken Mashed Potatoes & Gravy Broccoli with Cheese Sauce (A) Pie of the Day Dinner Roll/Margarine Beverage	Unstuffed Peppers Over Steamed Rice Buttered Carrots (A) Blushing Pears Bread/Margarine Beverage	Autumn Pork Roast (Apple Glaze) Mashed Potatoes & Gravy Mixed Greens (A) Chocolate Chip Cookie Bar Bread/Margarine Beverage	Roast Turkey & Gravy Baked Sweet Potato (A) Green Bean Casserole Fruit Cobbler (FR) Dinner Roll/Margarine Beverage	Salisbury Steak Hashbrown Casserole Buttered Carrots (A) Banana Cake with Cream Cheese Frosting Bread/Margarine Beverage	Parmesan Lemon Baked Fish Tomato Rice Sliced Zucchini Pumpkin Cake (A) with Whipped Topping Bread/Margarine Beverage	Swedish Meatballs with Sauce Parslied Buttered Noodles Steamed Vegetables Spiced Peaches Bread/Margarine Beverage
Supper	Supper	Supper	Supper	Supper	Supper	Supper
Cheese Tortellini with Alfredo Sauce Buttered Italian Blend Vegetables (A) Garlic Bread Mandarin Oranges Milk/Beverage	Tuna Melt French Fries Creamed Peas Brownie Milk/Beverage	Hearty Beef Stew Tossed Salad/Dressing Glazed Applesauce Cake Biscuit/Margarine Milk/Beverage	Grilled Ham & Cheese Sandwich Potato Chips Mixed Fruit Cup Milk/Beverage	BBQ Pulled Pork on Bun Tater Tots Slow-Cooked Bean Medley Baked Custard Milk/Beverage	Chicken Fried Chicken Garlic Mashed Potatoes Broccoli (A) Cinnamon Baked Apples Bread/Margarine Milk/Beverage	Cream of Tomato Soup Grilled Cheese Sandwich Cole Slaw Ambrosia Milk/Beverage
Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack
Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx

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Week 4

Sunday (Day 22)	Monday (Day 23)	Tuesday (Day 24)	Wednesday (Day 25)	Thursday (Day 26)	Friday (Day 27)	Saturday (Day 28)
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Assorted Juice Choice of Hot or Cold Cereal Egg of Choice Bacon Toast Margarine/Jelly Milk/Beverage	Assorted Juice Choice of Hot or Cold Cereal Sausage Patty Pancakes Margarine/Syrup Milk/Beverage	Assorted Juice Choice of Hot or Cold Cereal Fried Egg Bacon Toast Margarine/Jelly Milk/Beverage	Assorted Juice Choice of Hot or Cold Cereal Sausage Gravy Biscuit Margarine Milk/Beverage	Assorted Juice Choice of Hot or Cold Cereal Scrambled Eggs Bacon Cinnamon Toast Margarine Milk/Beverage	Assorted Juice Choice of Hot or Cold Cereal Omelet Bacon Toast Margarine/Jelly Milk/Beverage	Assorted Juice Choice of Hot or Cold Cereal Sausage Patty French Toast Margarine/Syrup Milk/Beverage
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Brown Sugar Pork Chops with Garlic & Herbs Ranch Baked Potato Casserole Brussel Sprouts with Bacon Cheesecake Dinner Roll/Margarine Beverage	Herb Roasted Chicken Harvest Pasta Broccoli (A) Apple Crisp (FR) Dinner Roll/Margarine Beverage	Lasagna Buttered Peas Caesar Salad Banana Pudding Dessert Garlic Bread Beverage	Sweet & Sour Pork Steamed Rice Oriental Vegetables Marinated Slaw Mandarin Orange Cake Beverage	Meatloaf with Ketchup Glaze Mashed Potatoes & Gravy Spinach Bake (A) Chess Pie Dinner Roll/Margarine Beverage	Creamy Mushroom Chicken Buttered Bowtie Pasta Italian Vegetable Blend (A) CranApple Cobbler Bread/Margarine Beverage	Country Fried Steak Cream Gravy Mashed Potatoes Swiss Vegetable Medley Pumpkin Crumble (A) Bread/Margarine Beverage
Supper	Supper	Supper	Supper	Supper	Supper	Supper
Chicken & Dumplings Tossed Salad/Dressing Emerald Pears Garlic Bread Stick Milk/Beverage	Frittata Tri Tater Glazed Carrots Frosted Gelatin Poke Cake Cheese Herb Biscuit Milk/Beverage	Cheesy Potato Soup Turkey Club Sandwich Three Bean Salad Frosted Cupcake Milk/Beverage	Fried Shrimp Cole Slaw Baked Beans French Fries German Chocolate Cake Beverage	Chicken Tortilla Soup Grilled Ham & Cheese Sandwich Tossed Salad/Dressing Mixed Fruit Cup Milk/Beverage	Tuna Patty Dill Sauce O'Brien Potatoes Breaded Tomatoes Cheese Herb Biscuit Fruited Gelatin (FR) Milk/Beverage	Hearty Sausage & Potato Bake Mandarin Beet Salad Cookies Bread/Margarine Milk/Beverage
Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack
Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx

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