Fruit Drink - 1/2 cup

serving

Asst.Snacks/Cookies/Crx - 1

Fruit Drink - 1/2 cup

serving

Asst.Snacks/Cookies/Crx - 1



Fruit Drink - 1/2 cup

serving

Asst.Snacks/Cookies/Crx - 1

Sunday (Day 1)	Monday (Day 2)	Tuesday (Day 3)	Wednesday (Day 4)	Thursday (Day 5)	Friday (Day 6)	Saturday (Day 7)
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Assorted Juice - 3/4 cup	Assorted Juice - 3/4 cup	Assorted Juice - 3/4 cup	Assorted Juice - 3/4 cup	Assorted Juice - 3/4 cup	Assorted Juice - 3/4 cup	Assorted Juice - 3/4 cup
Cream of Wheat Cereal - 4 oz	Cream of Rice Cereal - 4 oz	Oatmeal - 4 oz spdl	Cream of Wheat Cereal - 4 oz	Cream of Rice Cereal - 4 oz	Oatmeal - 4 oz spdl	Cream of Wheat Cereal - 4 oz spdl
Scrambled or Fried Egg - #16	Scrambled or Fried Egg - #16	Scrambled or Fried Egg - #16 dip	Scrambled or Fried Egg - #16	Egg of Choice - 1 each	Scrambled or Fried Egg - #16	Scrambled or Fried Egg - #16
Bacon or Sausage - 1 svg	2 strips Bacon or Sausage - 2 strips or 1 oz	2 strips Bacon or Sausage - 2 strips or 1 oz	2 strips Bacon or Sausage - 2 strips or 1 oz	2 strips Bacon or Sausage - 2 strips or 1 oz	2 strips Bacon or Sausage - 2 strips or 1 oz	2 strips Bacon or Sausage - 2 strips or 1 oz
(or) Toast - 1 Slice	Toast - 1 Slice	Biscuit & Sausage Gravy - 1 Biscuit + 2 oz gravy	(or) Toast - 1 Slice	French Toast - 1 Slice	(or) Toast - 1 Slice	(or) Toast - 1 Slice
Margarine/Jelly - 1 each	Margarine/Jelly - 1 each	(or) Toast - 1 Slice	Margarine/Jelly - 1 each	Margarine/Syrup - 1 tsp/1 ea	Margarine/Jelly - 1 each	Margarine/Jelly - 1 each
Milk/Beverage - 1 cup	Milk/Beverage - 1 cup	Margarine/Jelly - 1 each	Milk/Beverage - 1 cup	Milk/Beverage - 1 cup	Milk/Beverage - 1 cup	Milk/Beverage - 1 cup
Super Cream of Wheat - 4 oz	Super Cream of Rice - 4 oz spdl	Milk/Beverage - 1 cup	Super Cream of Wheat - 4 oz	Super Cream of Rice - 4 oz	Super Oatmeal - 4 oz spdl	Super Cream of Wheat - 4 oz spdl
		Super Oatmeal - 4 oz spdl				
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Fried Chicken - 3 oz E.P.	Sloppy Joe on Bun - #10 dip +	Pork Tenderloin Sandwich - 3	Asian Chicken - 3 oz	Cheeseburger on Bun - 3 oz/1	Ham & Beans - 8 oz spdl	BBQ Pork Sliders - 2 each
Mashed Potatoes & Gravy - #8 dip/2 oz gvy	1 bun Baked Beans - 4 oz spdl	oz/1 bun Onion & Pickle Slice - 1 svg	Long Grain & Wild Rice Blend - #8 dip	Sweet Potato Fries (A) - 4 oz spdl	Fried Potatoes - 4 oz spdl	Buttered Corn - 4 oz spdl
	Marinated Slaw - 4 oz spdl	Steak Fries - 4 oz spdl		Relish Plate - 1 Plate	Spinach (A) - 4 oz spdl	Frosted Vanilla Cake - 3" x 2.5 svg
Strawberry Rhubarb Pie - 1/10th	Frosted Chocolate Cake - 3" x 2.5" svg	Peach Crumble (FR) - #8 dip	Egg Roll - 1	Mixed Fruit Cup - 4 oz spdl	Chocolate Cream Pie - 1/8th	Beverage - 1 cup
	Beverage - 1 cup	Milk/Beverage - 1 cup	Angel Food Cake w/Strawberries - 2" x 4" svg +	Beverage - 1 cup	Cornbread/Margarine - 3" x 2 "svg/1 tsp	******* - 1
Beverage - 1 cup	****** - 1	****** - 1	4oz spdl Beverage - 1 cup	****** - 1	Beverage - 1 cup	
******* - 1			******* - 1		****** - 1	
Supper	Supper	Supper	Supper	Supper	Supper	Supper
Polish Sausage w/ Peppers &	Spaghetti & Meatballs - 4	Baked Chicken - 3 oz	Meatloaf - 3 oz	Cranberry Glazed Pork Loin -	Chicken Tenders - 3 each	Open Faced Roast Beef
Onions - #6 Dipper Fried Potatoes - 4 oz spdl	mtbl/1/2c ndls Italian Blend Vegetables - 4 oz	Herb Stuffing - #8 dip	Mashed Potatoes & Gravy - #8	3 oz Rosemary Roasted Red	Dipping Sauce - 2 oz	Sandwich - 2 oz/1 sl Mashed Potatoes & Gravy - #8
Sauerkraut - 4 oz spdl	spdl Tropical Fruit - 4 oz spdl	Broccoli (A) - 4 oz spdl	dip/2 oz gvy Green Beans - 4 oz spdl	Potatoes - 4 oz spdl Green Beans - 4 oz spdl	Tater Tots - 4 oz spdl	dip/2 oz gvy Green Beans - 4 oz spdl
Pudding Parfait - #8 dip	Garlic Bread - 1 Slice	Cranberry Apples - 4 oz spdl	Mandarin Orange Cake - 2" x	Frosted Cupcake - 1 each	Confetti Cole Slaw - 4 oz spdl	Apple Crisp (FR) - #6 dip
Milk/Beverage - 1 cup	****** - 1	Beverage - 1 cup	3" svg Milk/Beverage - 1 cup	Milk/Beverage - 1 cup	Pineapple & Bananas - 4 oz	Milk/Beverage - 1 cup
******* - 1		******* - 1	******* - 1	******* - 1	spdl Milk/Beverage - 1 cup	******* - 1
			I			I
Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack

The meal items shown are those served on a **Regular Diet**. If your physician has ordered for you a **Therapeutic** or **Texture Altered Diet**, you may be served a different menu item, a different portion of the menu item or the item may be eliminated entirely in order to comply with your current diet order. Thank you!

Fruit Drink - 1/2 cup

serving

Asst.Snacks/Cookies/Crx - 1

Fruit Drink - 1/2 cup

serving

Asst.Snacks/Cookies/Crx - 1

Fruit Drink - 1/2 cup

serving

Asst.Snacks/Cookies/Crx - 1

Fruit Drink - 1/2 cup

serving

Asst.Snacks/Cookies/Crx - 1



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Week At a Glance

Sunday (Day 8)	Monday (Day 9)	Tuesday (Day 10)	Wednesday (Day 11)	Thursday (Day 12)	Friday (Day 13)	Saturday (Day 14)
	, , , ,	, , , ,	, , ,	, , ,	, , , ,	, , , ,
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Assorted Juice - 3/4 cup	Assorted Juice - 3/4 cup	Assorted Juice - 3/4 cup	Assorted Juice - 3/4 cup	Assorted Juice - 3/4 cup	Assorted Juice - 3/4 cup	Assorted Juice - 3/4 cup
Datmeal - 4 oz spdl	Cream of Rice Cereal - 4 oz spdl	Cream of Wheat Cereal - 4 oz spdl	Oatmeal - 4 oz spdl	Cream of Wheat Cereal - 4 oz spdl	Cream of Rice Cereal - 4 oz spdl	Oatmeal - 4 oz spdl
Scrambled or Fried Egg - #16 lip	Scrambled or Fried Egg - #16 dip	Scrambled or Fried Egg - #16 dip	Scrambled or Fried Egg - #16 dip	Scrambled or Fried Egg - #16 dip	Scrambled or Fried Egg - #16	Scrambled or Fried Egg - #10
strips Bacon or Sausage - 2 trips or 1 oz or) Toast - 1 Slice	2 strips Bacon or Sausage - 2 strips or 1 oz (or) Toast - 1 Slice	2 strips Bacon or Sausage - 2 strips or 1 oz Biscuit & Sausage Gravy - 1	2 strips Bacon or Sausage - 2 strips or 1 oz (or) Toast - 1 Slice	2 strips Bacon or Sausage - 2 strips or 1 oz Pancakes - 2 each	2 strips Bacon or Sausage - 2 strips or 1 oz (or) Toast - 1 Slice	2 strips Bacon or Sausage - strips or 1 oz (or) Toast - 1 Slice
1argarine/Jelly - 1 each	Margarine/Jelly - 1 each	Biscuit + 2 oz gravy Margarine/Jelly - 1 each	Margarine/Jelly - 1 each	Margarine/Syrup - 1 tsp/1 oz	Margarine/Jelly - 1 each	Margarine/Jelly - 1 each
lilk/Beverage - 1 cup	Milk/Beverage - 1 cup	Milk/Beverage - 1 cup	Milk/Beverage - 1 cup	Milk/Beverage - 1 cup	Milk/Beverage - 1 cup	Milk/Beverage - 1 cup
super Oatmeal - 4 oz spdl	Super Cream of Rice - 4 oz spdl	Super Cream of Wheat - 4 oz spdl	Super Oatmeal - 4 oz spdl	Super Cream of Wheat - 4 oz spdl	Super Cream of Rice - 4 oz spdl	Super Oatmeal - 4 oz spdl
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Baked Ham - 3 oz	Braised Beef Tips w/Gravy - 6 oz spdl	Beef Taco Salad - 1 Salad	Breaded Chicken Patty on Bun - 3 oz/1 bun	Spaghetti w/Meat Sauce - 6 oz spdl	Fried Fish - 3 oz	Chicken Alfredo Over Fettuccini - 6 oz spdl over 4 c spdl
andied Sweet Potatoes w/ Marshmallow (A) - 4 oz spdl	Parslied Buttered Noodles - 4 oz spdl	Corn Salad - 4 oz spdl	Lettuce Leaf & Tomato Slice -	Italian Blend Vegetables - 4 oz	Macaroni & Cheese - 4 oz	Baby Carrots - 4 oz spdl
our Way Mixed Vegetables - oz spdl	Buttered Peas - 4 oz spdl	Salsa - 1/4 cup	Tater Tots - 4 oz spdl	Italian Tossed Salad - 8 oz spdl		Garlic Toast - 1 Slice
Chocolate Chess Pie - 1/8th	Peach Cobbler (FR) - #6 dip	Sour Cream - 1 Tbsp	Chickpea Salad - 4 oz spdl	Garlic Bread - 1 Slice	Peach Crisp - #6 dip	Mixed Fruit Cup with Whippe Topping - 4 oz spdl
Dinner Roll/Margarine - 1 ea/1	Beverage - 1 cup	Strawberries & Bananas - 4 oz spdl	Ambrosia (FR) - 4 oz spdl	Texas Sheet Cake - 3" x 3" svg	Hush Puppies - 2 ea	Beverage - 1 cup
everage - 1 cup	******* - 1	Beverage - 1 cup	Ketchup & Mayonnaise - 1	Beverage - 1 cup	Beverage - 1 cup	******* - 1
******* - 1		****** - 1	each Beverage - 1 cup	******* - 1	****** - 1	
			******* - 1			
Supper	Supper	Supper	Supper	Supper	Supper	Supper
hicken & Dumplings - 8 oz	Pork Fritter - 4 oz fritter (=2 oz	Meatloaf - 3 oz	BBQ Meatballs - 3- 1 oz	Chicken Salad Sandwich - #10	Oven Baked Fried Chicken - 3	Pork Gravy - 2 oz
odl arinated Slaw - 4 oz spdl	pro) Mashed Potatoes w/ Cream	Au Gratin Potatoes - 4 oz spdl	Meatballs Steamed Rice - #8 dip	dip/2 sl Potato Chips - 1 oz	oz E.P. Mashed Potatoes & Gravy - #8	Roast Pork - 3 oz
andarin Oranges - 4 oz spdl	Gravy - #8 dip/2 oz gvy Green Beans with Onions - 4 oz spdl	Creamy Cole Slaw - 4 oz spdl	Broccoli with Cheese Sauce (A) - 4 oz spdl	Hidden Valley Ranch Salad - 2 x 4 oz spdl	dip/2 oz gvy Squash Medley - 4 oz spdl	Herb Stuffing - #8 dip
lilk/Beverage - 1 cup	Brownie - 2" x 4" svg	Pineapple Upside Down Cake	Sherbet - #8 dip	Caramel Glazed Pears - 2	Fruited Gelatin (FR) - 6 oz spdl	Roasted Brussel Sprouts - 4 oz spdl
******* - 1	Milk/Beverage - 1 cup	Milk/Beverage - 1 cup	Milk/Beverage - 1 cup	Milk/Beverage - 1 cup	Milk/Beverage - 1 cup	Banana Pudding (FR) - #8 dipper
	******* - 1	******* - 1	******* - 1	******* - 1	******* - 1	Milk/Beverage - 1 cup
Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack
ruit Drink - 1/2 cup	Fruit Drink - 1/2 cup	Fruit Drink - 1/2 cup	Fruit Drink - 1/2 cup	Fruit Drink - 1/2 cup	Fruit Drink - 1/2 cup	Fruit Drink - 1/2 cup
sst.Snacks/Cookies/Crx - 1	Asst.Snacks/Cookies/Crx - 1 serving	Asst.Snacks/Cookies/Crx - 1 serving	Asst.Snacks/Cookies/Crx - 1 serving	Asst.Snacks/Cookies/Crx - 1 serving	Asst.Snacks/Cookies/Crx - 1 serving	Asst.Snacks/Cookies/Crx - 1 serving

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DiningRD.com	Week At a Glance
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Sunday (Day 15)	Monday (Day 16)	Tuesday (Day 17)	Wednesday (Day 18)	Thursday (Day 19)	Friday (Day 20)	Saturday (Day 21)
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Assorted Juice - 3/4 cup	Assorted Juice - 3/4 cup	Assorted Juice - 3/4 cup	Assorted Juice - 3/4 cup	Assorted Juice - 3/4 cup	Assorted Juice - 3/4 cup	Assorted Juice - 3/4 cup
Oatmeal - 4 oz spdl	Cream of Rice Cereal - 4 oz	Cream of Wheat Cereal - 4 oz	Oatmeal - 4 oz spdl	Cream of Wheat Cereal - 4 oz	Cream of Rice Cereal - 4 oz	Oatmeal - 4 oz spdl
Scrambled or Fried Egg - #16 dip	Scrambled or Fried Egg - #16	Scrambled or Fried Egg - #16	Scrambled or Fried Egg - #16	Scrambled or Fried Egg - #16	Scrambled or Fried Egg - #16	Scrambled or Fried Egg - #16
2 strips Bacon or Sausage - 2 strips or 1 oz (or) Toast - 1 Slice	2 strips Bacon or Sausage - 2 strips or 1 oz (or) Toast - 1 Slice	2 strips Bacon or Sausage - 2 strips or 1 oz Biscuit & Sausage Gravy - 1 Biscuit + 2 oz gravy	2 strips Bacon or Sausage - 2 strips or 1 oz (or) Toast - 1 Slice	2 strips Bacon or Sausage - 2 strips or 1 oz Waffles - 2 waffles	2 strips Bacon or Sausage - 2 strips or 1 oz (or) Toast - 1 Slice	2 strips Bacon or Sausage - 2 strips or 1 oz (or) Toast - 1 Slice
Margarine/Jelly - 1 each		Margarine/Jelly - 1 each	Margarine/Jelly - 1 each	Margarine/Syrup - 1 tsp/1 oz	Margarine/Jelly - 1 each	Margarine/Jelly - 1 each
Milk/Beverage - 1 cup	Milk/Beverage - 1 cup	Milk/Beverage - 1 cup	Milk/Beverage - 1 cup	Milk/Beverage - 1 cup	Milk/Beverage - 1 cup	Milk/Beverage - 1 cup
Super Oatmeal - 4 oz spdl	Super Cream of Rice - 4 oz spdl	Super Cream of Wheat - 4 oz spdl	Super Oatmeal - 4 oz spdl	Super Cream of Wheat - 4 oz spdl	Super Cream of Rice - 4 oz spdl	Super Oatmeal - 4 oz spdl
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Chicken Gravy - 2 oz	Meatloaf - 3 oz	Corned Beef - 3 oz	Brown Sugar Glazed Ham - 3	Oven Roasted Turkey with	Fish of the Day - 3 oz	Salisbury Steak - 3 oz
Oven Fried Chicken - 3 oz E.P.	Mashed Potatoes & Gravy - #8	Roasted Red Potatoes - 4 oz spdl	Candied Sweet Potatoes w/ Marshmallow (A) - 4 oz spdl	Gravy - 3 oz + 2 oz Gvy Mashed Potatoes - #8 dip	Macaroni & Cheese - 4 oz	Mashed Potatoes - #8 dip
Mashed Potatoes - #8 dip	Buttered Peas - 4 oz spdl	Buttered Cabbage - 4 oz spdl	California Blend Vegetables - 4 oz spdl	Baby Carrots - 4 oz spdl	Tuscan Blend Vegetables - 4 oz spdl	Broccoli & Cheese Sauce (A) - 4 oz spdl
Country Green Beans with Bacon & Onion - 4 oz spdl	Cheesecake - 4" x 2.5" svg	Watergate Salad - #8 dipper	Bread Pudding w/Vanilla Sauce - #8 dipper	Pumpkin Pie w/ Whipped Topping - 1/8th of a pie	Carrot Cake w/Cream Cheese Frosting - 2" x 4" svg	Blackberry Cobbler - #6 dipper
Apple Pie - 1/8th pie	Beverage - 1 cup	Cornbread - 3" x 2 "svg	Beverage - 1 cup	******* - 1	Cornbread/Margarine - 3" x 2 "svg/1 tsp	Beverage - 1 cup
Dinner Roll/Margarine - 1 ea/1 tsp	****** - 1	Beverage - 1 cup	****** - 1		Beverage - 1 cup	****** - 1
Beverage - 1 cup		****** - 1			****** - 1	
	Common	Common	Common	Common	Common	Common
Supper BBQ Pork Riblette - 3 oz	Supper Popcorn Shrimp - 3 oz	Supper BBQ Chicken - 3 oz	Supper Country Fried Steak - 1 steak	Supper Beef Liver & Onions (A) - 3 oz	Supper Chicken & Noodles - 8 oz spdl	Supper Chili Cheese Dog - 1 svg (2
DDQ FOR Hibiette - 3 02	opcom ommp - 5 02	DDQ Officker - 3 02	Country Fried Steak - F Steak	+ Onions	Officker & Nobules - 0 02 spui	oz)
Fried Potatoes - 4 oz spdl	Scalloped Potatoes - 4 oz spdl	Potato Salad - 4 oz spdl	Mashed Potatoes & Cream Gravy - #8 dip/2 oz gvy	Buttered New Potatoes - 4 oz spdl	Country Green Beans with Bacon & Onion - 4 oz spdl	Diced Onion - 2 tbsp
Four Way Mixed Vegetables - 4 oz spdl	Buttered Carrots (A) - 4 oz spdl	Broccoli (A) - 4 oz spdl	Corn - 4 oz spdl	Caprese Salad - 4 oz spdl	Crushed Pineapple - 4 oz spdl	French Fries - 4 oz spdl
Frosted Chocolate Cake - 3" x 2.5" svg	Blushing Pears - 4 oz spdl	Fruited Gelatin - 6 oz spdl	Peach Crisp (FR) - #6 dip	Tropical Fruit - 4 oz spdl	Milk/Beverage - 1 cup	Tapioca Pudding - #8 dipper
Milk/Beverage - 1 cup	Milk/Beverage - 1 cup	Milk/Beverage - 1 cup	Milk/Beverage - 1 cup	Milk/Beverage - 1 cup	******* - 1	Milk/Beverage - 1 cup
******* - 1	****** - 1	******* - 1	****** - 1	****** - 1		****** - 1
Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack
Fruit Drink - 1/2 cup	Fruit Drink - 1/2 cup	Fruit Drink - 1/2 cup	Fruit Drink - 1/2 cup	Fruit Drink - 1/2 cup	Fruit Drink - 1/2 cup	Fruit Drink - 1/2 cup
Asst.Snacks/Cookies/Crx - 1 serving	Asst.Snacks/Cookies/Crx - 1 serving	Asst.Snacks/Cookies/Crx - 1 serving	Asst.Snacks/Cookies/Crx - 1 serving	Asst.Snacks/Cookies/Crx - 1 serving	Asst.Snacks/Cookies/Crx - 1 serving	Asst.Snacks/Cookies/Crx - 1 serving

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Dining	gRD.com	Week	At a	Glance
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Sunday (Day 22)	Monday (Day 23)	Tuesday (Day 24)	Wednesday (Day 25)	Thursday (Day 26)	Friday (Day 27)	Saturday (Day 28)
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Assorted Juice - 3/4 cup	Assorted Juice - 3/4 cup	Assorted Juice - 3/4 cup	Assorted Juice - 3/4 cup	Assorted Juice - 3/4 cup	Assorted Juice - 3/4 cup	Assorted Juice - 3/4 cup
Cream of Wheat Cereal - 4 oz	Oatmeal - 4 oz spdl	Cream of Rice Cereal - 4 oz spdl	Cream of Wheat Cereal - 4 oz	Oatmeal - 4 oz spdl	Cream of Rice Cereal - 4 oz spdl	Cream of Wheat Cereal - 4 oz
Scrambled or Fried Egg - #16	Scrambled or Fried Egg - #16	Scrambled or Fried Egg - #16	Scrambled or Fried Egg - #16	Scrambled or Fried Egg - #16	Scrambled or Fried Egg - #16	Scrambled or Fried Egg - #16
2 strips Bacon or Sausage - 2 strips or 1 oz (or) Toast - 1 Slice	2 strips Bacon or Sausage - 2 strips or 1 oz (or) Toast - 1 Slice	2 strips Bacon or Sausage - 2 strips or 1 oz Biscuit & Sausage Gravy - 1 Biscuit + 2 oz gravy	2 strips Bacon or Sausage - 2 strips or 1 oz (or) Toast - 1 Slice	2 strips Bacon or Sausage - 2 strips or 1 oz Pancakes - 2 each	2 strips Bacon or Sausage - 2 strips or 1 oz (or) Toast - 1 Slice	2 strips Bacon or Sausage - 2 strips or 1 oz (or) Toast - 1 Slice
Margarine/Jelly - 1 each	Margarine/Jelly - 1 each	Margarine/Jelly - 1 each	Margarine/Jelly - 1 each	Margarine/Syrup - 1 tsp/1 oz	Margarine/Jelly - 1 each	Margarine/Jelly - 1 each
Milk/Beverage - 1 cup	Milk/Beverage - 1 cup	Milk/Beverage - 1 cup	Milk/Beverage - 1 cup	Milk/Beverage - 1 cup	Milk/Beverage - 1 cup	Milk/Beverage - 1 cup
Super Cream of Wheat - 4 oz spdl	Super Oatmeal - 4 oz spdl	Super Cream of Rice - 4 oz spdl	Super Cream of Wheat - 4 oz spdl	Super Oatmeal - 4 oz spdl	Super Cream of Rice - 4 oz spdl	Super Cream of Wheat - 4 oz spdl
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Chicken Gravy - 2 oz	Pork Gravy - 2 oz	Pork Tenderloin Sandwich - 3 oz/1 bun	Glazed Ham - 3 oz	Breaded Chicken Livers - 4 oz	Fish of the Day - 3 oz	Cheeseburger on Bun - 3 oz/1 bun
Oven Fried Chicken - 3 oz E.P.	Pork Loin - 3 oz	Onion & Pickle Slice - 1 svg	Baked Fresh Sweet Potato (A) - 1 Potato	Mashed Potatoes - #8 dip	Tartar Sauce - 1 oz	Relish Plate - 1 Plate
Mashed Potatoes - #8 dip	Mashed Potatoes - #8 dip	Buttered Corn - 4 oz spdl	Buttered Peas & Carrots (A) - 4 oz spdl	Four Way Mixed Vegetables - 4 oz spdl	Scalloped Potatoes - 4 oz spdl	Kidney Bean Salad - 4 oz spdl
Country Green Beans with Bacon & Onion - 4 oz spdl	Broccoli (A) - 4 oz spdl	Ketchup/Mayo/Mustard - 1 each	Apple Cobbler - 1/18th	Pumpkin Pie - 1/10th of a pie	Creamy Cole Slaw - 4 oz spdl	Banana Cake - 2" x 4" svg
Creamy Custard Pie - 1/8th pie	,	Fruited Gelatin (FR) - 6 oz spdl	'	Beverage - 1 cup	Peach Pie - 1/8th pie	Beverage - 1 cup
Dinner Roll/Margarine - 1 ea/1 tsp Beverage - 1 cup	Jell-O Cake w/Whipped Topping - 2" x 4" svg ******** - 1	Beverage - 1 cup	******* - 1	******** - 1	Beverage - 1 cup	******* - 1
******** - 1	·	·				
Supper	Supper	Supper	Supper	Supper	Supper	Supper
BBQ Pork - 3 oz	Cold Cut Sandwich - 3 oz/2 sl	Roast Beef with Gravy - 3 oz +	Beef & Bean Chili - 8 oz ladle	Hot Dog on Bun - 2 oz/1 bun	Taco Salad - 1 Salad	Lasagna - 2" x 4" svg
Baked Potato w/Sour Cream - 1 Potato + 2 Tbs	bread Dill Pickle Spear - 1 svg	Gvy Mashed Potatoes - #8 dip	Classic Grilled Cheese Sandwich - 2 oz/2 sl	Fried Potatoes - 4 oz spdl	Spanish Rice - #8 dip	Catalina Blend Vegetables - 4 oz spdl
Yellow Squash - 4 oz spdl	Garden Pasta Salad - 4 oz spdl	Glazed Carrots - 4 oz spdl	Crackers - 4 ea	Sauerkraut - 4 oz spdl	Salsa - 1/4 cup	Side Salad w/Dressing - 8 oz
Butterscotch Pudding - #8 dipper	Pickled Beets - 4 oz spdl	Mock Pecan Pie - 1/8th pie	Chilled Peaches - 4 oz spdl	Mixed Fruit Cup - 4 oz spdl	Sour Cream - 1 Tbsp	Cheese Bread Stick - 1 each
Milk/Beverage - 1 cup	Rosy Pears - 4 oz spdl	Milk/Beverage - 1 cup	Milk/Beverage - 1 cup	****** - 1	Sherbet - #8 dip	Lemon Cake w/Frosting - 3" x 2.5" svg
******* - 1	Milk/Beverage - 1 cup	****** - 1	******* - 1		Milk/Beverage - 1 cup	Milk/Beverage - 1 cup
Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack
Fruit Drink - 1/2 cup	Fruit Drink - 1/2 cup	Fruit Drink - 1/2 cup	Fruit Drink - 1/2 cup	Fruit Drink - 1/2 cup	Fruit Drink - 1/2 cup	Fruit Drink - 1/2 cup
Asst.Snacks/Cookies/Crx - 1 serving	Asst.Snacks/Cookies/Crx - 1 serving	Asst.Snacks/Cookies/Crx - 1 serving	Asst.Snacks/Cookies/Crx - 1 serving	Asst.Snacks/Cookies/Crx - 1 serving	Asst.Snacks/Cookies/Crx - 1 serving	Asst.Snacks/Cookies/Crx - 1 serving

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