

Sunday (Day 1)	Monday (Day 2)	Tuesday (Day 3)	Wednesday (Day 4)	Thursday (Day 5)	Friday (Day 6)	Saturday (Day 7)
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Assorted Juice - 3/4 cup Cream of Wheat Cereal - 4 oz spdl Scrambled or Fried Egg - #16 dip Bacon or Sausage - 1 svg (or) Toast - 1 Slice Margarine/Jelly - 1 each Milk/Beverage - 1 cup Super Cream of Wheat - 4 oz spdl	Assorted Juice - 3/4 cup Cream of Rice Cereal - 4 oz spdl Scrambled or Fried Egg - #16 dip 2 strips Bacon or Sausage - 2 strips or 1 oz Toast - 1 Slice Margarine/Jelly - 1 each Milk/Beverage - 1 cup Super Cream of Rice - 4 oz spdl	Assorted Juice - 3/4 cup Oatmeal - 4 oz spdl Scrambled or Fried Egg - #16 dip 2 strips Bacon or Sausage - 2 strips or 1 oz Biscuit & Sausage Gravy - 1 Biscuit + 2 oz gravy (or) Toast - 1 Slice Margarine/Jelly - 1 each Milk/Beverage - 1 cup Super Oatmeal - 4 oz spdl	Assorted Juice - 3/4 cup Cream of Wheat Cereal - 4 oz spdl Scrambled or Fried Egg - #16 dip 2 strips Bacon or Sausage - 2 strips or 1 oz (or) Toast - 1 Slice Margarine/Jelly - 1 each Milk/Beverage - 1 cup Super Cream of Wheat - 4 oz spdl	Assorted Juice - 3/4 cup Cream of Rice Cereal - 4 oz spdl Egg of Choice - 1 each 2 strips Bacon or Sausage - 2 strips or 1 oz French Toast - 1 Slice Margarine/Syrup - 1 tsp/1 ea Milk/Beverage - 1 cup Super Cream of Rice - 4 oz spdl	Assorted Juice - 3/4 cup Oatmeal - 4 oz spdl Scrambled or Fried Egg - #16 dip 2 strips Bacon or Sausage - 2 strips or 1 oz (or) Toast - 1 Slice Margarine/Jelly - 1 each Milk/Beverage - 1 cup Super Oatmeal - 4 oz spdl	Assorted Juice - 3/4 cup Cream of Wheat Cereal - 4 oz spdl Scrambled or Fried Egg - #16 dip 2 strips Bacon or Sausage - 2 strips or 1 oz (or) Toast - 1 Slice Margarine/Jelly - 1 each Milk/Beverage - 1 cup Super Cream of Wheat - 4 oz spdl
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Fried Chicken - 3 oz E.P. Mashed Potatoes & Gravy - #8 dip/2 oz gvy California Blend Vegetables - 4 oz spdl Cherry Pie - 1/8th pie Dinner Roll/Margarine - 1 ea/1 tsp Beverage - 1 cup ***** - 1	Sloppy Joe on Bun - #10 dip + 1 bun Baked Beans - 4 oz spdl Marinated Slaw - 4 oz spdl Frosted Chocolate Cake - 3" x 2.5" svg Beverage - 1 cup ***** - 1	Pork Tenderloin Sandwich - 3 oz/1 bun Onion & Pickle Slice - 1 svg Steak Fries - 4 oz spdl Peach Crumble (FR) - #8 dip Milk/Beverage - 1 cup ***** - 1	Asian Chicken - 3 oz Long Grain & Wild Rice Blend - #8 dip Oriental Vegetables - 4 oz spdl Egg Roll - 1 Angel Food Cake w/Strawberries - 2" x 4" svg + 4oz spdl Beverage - 1 cup ***** - 1	Cheeseburger on Bun - 3 oz/1 bun Sweet Potato Fries (A) - 4 oz spdl Relish Plate - 1 Plate Mixed Fruit Cup - 4 oz spdl Beverage - 1 cup ***** - 1	Ham & Beans - 8 oz spdl Fried Potatoes - 4 oz spdl Spinach (A) - 4 oz spdl Chocolate Cream Pie - 1/8th pie Cornbread/Margarine - 3" x 2" svg/1 tsp Beverage - 1 cup ***** - 1	BBQ Pork Sliders - 2 each Buttered Corn - 4 oz spdl Frosted Vanilla Cake - 3" x 2.5" svg Beverage - 1 cup ***** - 1
Supper	Supper	Supper	Supper	Supper	Supper	Supper
Polish Sausage w/ Peppers & Onions - #6 Dipper Fried Potatoes - 4 oz spdl Sauerkraut - 4 oz spdl Pudding Parfait - #8 dip Milk/Beverage - 1 cup ***** - 1	Spaghetti & Meatballs - 4 mtbl/1/2c ndls Italian Blend Vegetables - 4 oz spdl Tropical Fruit - 4 oz spdl Garlic Bread - 1 Slice ***** - 1	Baked Chicken - 3 oz Herb Stuffing - #8 dip Broccoli (A) - 4 oz spdl Cranberry Apples - 4 oz spdl Beverage - 1 cup ***** - 1	Meatloaf - 3 oz Mashed Potatoes & Gravy - #8 dip/2 oz gvy Green Beans - 4 oz spdl Mandarin Orange Cake - 2" x 3" svg Milk/Beverage - 1 cup ***** - 1	Cranberry Glazed Pork Loin - 3 oz Rosemary Roasted Red Potatoes - 4 oz spdl Green Beans - 4 oz spdl Frosted Cupcake - 1 each Milk/Beverage - 1 cup ***** - 1	Chicken Tenders - 3 each Dipping Sauce - 2 oz Tater Tots - 4 oz spdl Confetti Cole Slaw - 4 oz spdl Pineapple & Bananas - 4 oz spdl Milk/Beverage - 1 cup ***** - 1	Open Faced Roast Beef Sandwich - 2 oz/1 sl Mashed Potatoes & Gravy - #8 dip/2 oz gvy Green Beans - 4 oz spdl Apple Crisp (FR) - #6 dip Milk/Beverage - 1 cup ***** - 1
Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack
Fruit Drink - 1/2 cup Asst.Snacks/Cookies/Crx - 1 serving	Fruit Drink - 1/2 cup Asst.Snacks/Cookies/Crx - 1 serving	Fruit Drink - 1/2 cup Asst.Snacks/Cookies/Crx - 1 serving	Fruit Drink - 1/2 cup Asst.Snacks/Cookies/Crx - 1 serving	Fruit Drink - 1/2 cup Asst.Snacks/Cookies/Crx - 1 serving	Fruit Drink - 1/2 cup Asst.Snacks/Cookies/Crx - 1 serving	Fruit Drink - 1/2 cup Asst.Snacks/Cookies/Crx - 1 serving

Dates Used: 2/2

The meal items shown are those served on a **Regular Diet**. If your physician has ordered for you a **Therapeutic** or **Texture Altered Diet**, you may be served a different menu item, a different portion of the menu item or the item may be eliminated entirely in order to comply with your current diet order. Thank you!

Sunday (Day 8)	Monday (Day 9)	Tuesday (Day 10)	Wednesday (Day 11)	Thursday (Day 12)	Friday (Day 13)	Saturday (Day 14)
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Assorted Juice - 3/4 cup Oatmeal - 4 oz spdl Scrambled or Fried Egg - #16 dip 2 strips Bacon or Sausage - 2 strips or 1 oz (or) Toast - 1 Slice Margarine/Jelly - 1 each Milk/Beverage - 1 cup Super Oatmeal - 4 oz spdl	Assorted Juice - 3/4 cup Cream of Rice Cereal - 4 oz spdl Scrambled or Fried Egg - #16 dip 2 strips Bacon or Sausage - 2 strips or 1 oz (or) Toast - 1 Slice Margarine/Jelly - 1 each Milk/Beverage - 1 cup Super Cream of Rice - 4 oz spdl	Assorted Juice - 3/4 cup Cream of Wheat Cereal - 4 oz spdl Scrambled or Fried Egg - #16 dip 2 strips Bacon or Sausage - 2 strips or 1 oz Biscuit & Sausage Gravy - 1 Biscuit + 2 oz gravy Margarine/Jelly - 1 each Milk/Beverage - 1 cup Super Cream of Wheat - 4 oz spdl	Assorted Juice - 3/4 cup Oatmeal - 4 oz spdl Scrambled or Fried Egg - #16 dip 2 strips Bacon or Sausage - 2 strips or 1 oz (or) Toast - 1 Slice Margarine/Jelly - 1 each Milk/Beverage - 1 cup Super Oatmeal - 4 oz spdl	Assorted Juice - 3/4 cup Cream of Wheat Cereal - 4 oz spdl Scrambled or Fried Egg - #16 dip 2 strips Bacon or Sausage - 2 strips or 1 oz Pancakes - 2 each Margarine/Syrup - 1 tsp/1 oz Milk/Beverage - 1 cup Super Cream of Wheat - 4 oz spdl	Assorted Juice - 3/4 cup Cream of Rice Cereal - 4 oz spdl Scrambled or Fried Egg - #16 dip 2 strips Bacon or Sausage - 2 strips or 1 oz (or) Toast - 1 Slice Margarine/Jelly - 1 each Milk/Beverage - 1 cup Super Cream of Rice - 4 oz spdl	Assorted Juice - 3/4 cup Oatmeal - 4 oz spdl Scrambled or Fried Egg - #16 dip 2 strips Bacon or Sausage - 2 strips or 1 oz (or) Toast - 1 Slice Margarine/Jelly - 1 each Milk/Beverage - 1 cup Super Oatmeal - 4 oz spdl
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Baked Ham - 3 oz Candied Sweet Potatoes w/ Marshmallow (A) - 4 oz spdl Four Way Mixed Vegetables - 4 oz spdl Chocolate Chess Pie - 1/8th pie Dinner Roll/Margarine - 1 ea/1 tsp Beverage - 1 cup ***** - 1	Braised Beef Tips w/Gravy - 6 oz spdl Parslied Buttered Noodles - 4 oz spdl Buttered Peas - 4 oz spdl Peach Cobbler (FR) - #6 dip Beverage - 1 cup ***** - 1	Beef Taco Salad - 1 Salad Corn Salad - 4 oz spdl Salsa - 1/4 cup Sour Cream - 1 Tbsp Strawberries & Bananas - 4 oz spdl Beverage - 1 cup ***** - 1	Breaded Chicken Patty on Bun - 3 oz/1 bun Lettuce Leaf & Tomato Slice - 1 leaf + 1 sl Tater Tots - 4 oz spdl Chickpea Salad - 4 oz spdl Ambrosia (FR) - 4 oz spdl Ketchup & Mayonnaise - 1 each Beverage - 1 cup ***** - 1	Spaghetti w/Meat Sauce - 6 oz spdl Italian Blend Vegetables - 4 oz spdl Italian Tossed Salad - 8 oz spdl Garlic Bread - 1 Slice Texas Sheet Cake - 3" x 3" svg Beverage - 1 cup ***** - 1	Fried Fish - 3 oz Macaroni & Cheese - 4 oz spdl Buttered Peas & Carrots (A) - 4 oz spdl Hush Puppies - 2 ea Cherry Crisp (FR) - #6 dip Beverage - 1 cup ***** - 1	Chicken Alfredo Over Fettuccini - 6 oz spdl over 4 oz spdl Baby Carrots - 4 oz spdl Garlic Toast - 1 Slice Mixed Fruit Cup with Whipped Topping - 4 oz spdl Beverage - 1 cup ***** - 1
Supper	Supper	Supper	Supper	Supper	Supper	Supper
Chicken & Dumplings - 8 oz spdl Marinated Slaw - 4 oz spdl Mandarin Oranges - 4 oz spdl Milk/Beverage - 1 cup ***** - 1	Pork Fritter - 4 oz fritter (=2 oz pro) Mashed Potatoes w/ Cream Gravy - #8 dip/2 oz gvy Green Beans with Onions - 4 oz spdl Brownie - 2" x 4" svg Milk/Beverage - 1 cup ***** - 1	Meatloaf - 3 oz Au Gratin Potatoes - 4 oz spdl Creamy Cole Slaw - 4 oz spdl Pineapple Upside Down Cake - 2" x 4" svg Milk/Beverage - 1 cup ***** - 1	BBQ Meatballs - 3- 1 oz Meatballs Steamed Rice - #8 dip Broccoli with Cheese Sauce (A) - 4 oz spdl Sherbet - #8 dip Milk/Beverage - 1 cup ***** - 1	Chicken Salad Sandwich - #10 2 sl Potato Chips - 1 oz Hidden Valley Ranch Salad - 2 x 4 oz spdl Caramel Glazed Pears - 2 pear halves Milk/Beverage - 1 cup ***** - 1	Oven Baked Fried Chicken - 3 oz E.P. Mashed Potatoes & Gravy - #8 dip/2 oz gvy Squash Medley - 4 oz spdl Fruited Gelatin (FR) - 6 oz spdl Milk/Beverage - 1 cup ***** - 1	Pork Gravy - 2 oz Roast Pork - 3 oz Herb Stuffing - #8 dip Roasted Brussel Sprouts - 4 oz spdl Banana Pudding (FR) - #8 dipper Milk/Beverage - 1 cup ***** - 1
Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack
Fruit Drink - 1/2 cup Asst.Snacks/Cookies/Crx - 1 serving	Fruit Drink - 1/2 cup Asst.Snacks/Cookies/Crx - 1 serving	Fruit Drink - 1/2 cup Asst.Snacks/Cookies/Crx - 1 serving	Fruit Drink - 1/2 cup Asst.Snacks/Cookies/Crx - 1 serving	Fruit Drink - 1/2 cup Asst.Snacks/Cookies/Crx - 1 serving	Fruit Drink - 1/2 cup Asst.Snacks/Cookies/Crx - 1 serving	Fruit Drink - 1/2 cup Asst.Snacks/Cookies/Crx - 1 serving

Dates Used: 2/9

The meal items shown are those served on a **Regular Diet**. If your physician has ordered for you a **Therapeutic** or **Texture Altered Diet**, you may be served a different menu item, a different portion of the menu item or the item may be eliminated entirely in order to comply with your current diet order. Thank you!

Sunday (Day 15)	Monday (Day 16)	Tuesday (Day 17)	Wednesday (Day 18)	Thursday (Day 19)	Friday (Day 20)	Saturday (Day 21)
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Assorted Juice - 3/4 cup Oatmeal - 4 oz spdl Scrambled or Fried Egg - #16 dip 2 strips Bacon or Sausage - 2 strips or 1 oz (or) Toast - 1 Slice Margarine/Jelly - 1 each Milk/Beverage - 1 cup Super Oatmeal - 4 oz spdl	Assorted Juice - 3/4 cup Cream of Rice Cereal - 4 oz spdl Scrambled or Fried Egg - #16 dip 2 strips Bacon or Sausage - 2 strips or 1 oz (or) Toast - 1 Slice Margarine/Jelly - 1 each Milk/Beverage - 1 cup Super Cream of Rice - 4 oz spdl	Assorted Juice - 3/4 cup Cream of Wheat Cereal - 4 oz spdl Scrambled or Fried Egg - #16 dip 2 strips Bacon or Sausage - 2 strips or 1 oz Biscuit & Sausage Gravy - 1 Biscuit + 2 oz gravy Margarine/Jelly - 1 each Milk/Beverage - 1 cup Super Cream of Wheat - 4 oz spdl	Assorted Juice - 3/4 cup Oatmeal - 4 oz spdl Scrambled or Fried Egg - #16 dip 2 strips Bacon or Sausage - 2 strips or 1 oz (or) Toast - 1 Slice Margarine/Jelly - 1 each Milk/Beverage - 1 cup Super Oatmeal - 4 oz spdl	Assorted Juice - 3/4 cup Cream of Wheat Cereal - 4 oz spdl Scrambled or Fried Egg - #16 dip 2 strips Bacon or Sausage - 2 strips or 1 oz Waffles - 2 waffles Margarine/Syrup - 1 tsp/1 oz Milk/Beverage - 1 cup Super Cream of Wheat - 4 oz spdl	Assorted Juice - 3/4 cup Cream of Rice Cereal - 4 oz spdl Scrambled or Fried Egg - #16 dip 2 strips Bacon or Sausage - 2 strips or 1 oz (or) Toast - 1 Slice Margarine/Jelly - 1 each Milk/Beverage - 1 cup Super Cream of Rice - 4 oz spdl	Assorted Juice - 3/4 cup Oatmeal - 4 oz spdl Scrambled or Fried Egg - #16 dip 2 strips Bacon or Sausage - 2 strips or 1 oz (or) Toast - 1 Slice Margarine/Jelly - 1 each Milk/Beverage - 1 cup Super Oatmeal - 4 oz spdl
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Chicken Gravy - 2 oz Oven Fried Chicken - 3 oz E.P. Mashed Potatoes - #8 dip Country Green Beans with Bacon & Onion - 4 oz spdl Apple Pie - 1/8th pie Dinner Roll/Margarine - 1 ea/1 tsp Beverage - 1 cup ***** - 1	Meatloaf - 3 oz Mashed Potatoes & Gravy - #8 dip/2 oz gvy Buttered Peas - 4 oz spdl Cheesecake - 4" x 2.5" svg Beverage - 1 cup ***** - 1	Smothered Pork - 3 oz Roasted Red Potatoes - 4 oz spdl Buttered Cabbage - 4 oz spdl Glazed Applesauce Cake - 2" x 3" svg Beverage - 1 cup ***** - 1	Brown Sugar Glazed Ham - 3 oz Candied Sweet Potatoes w/ Marshmallow (A) - 4 oz spdl California Blend Vegetables - 4 oz spdl Bread Pudding w/Vanilla Sauce - #8 dipper Beverage - 1 cup ***** - 1	Oven Roasted Turkey with Gravy - 3 oz + 2 oz Gvy Mashed Potatoes - #8 dip Baby Carrots - 4 oz spdl Pumpkin Pie w/ Whipped Topping - 1/8th of a pie ***** - 1	Popcorn Shrimp - 6 oz spdl Macaroni & Cheese - 4 oz spdl Tuscan Blend Vegetables - 4 oz spdl Carrot Cake w/Cream Cheese Frosting - 2" x 4" svg Cornbread/Margarine - 3" x 2" svg/1 tsp Beverage - 1 cup ***** - 1	Salisbury Steak - 3 oz Mashed Potatoes - #8 dip Broccoli & Cheese Sauce (A) - 4 oz spdl Blackberry Cobbler - #6 dipper Beverage - 1 cup ***** - 1
Supper	Supper	Supper	Supper	Supper	Supper	Supper
BBQ Pork Riblette - 3 oz Fried Potatoes - 4 oz spdl Four Way Mixed Vegetables - 4 oz spdl Frosted Chocolate Cake - 3" x 2.5" svg Milk/Beverage - 1 cup ***** - 1	Tuna Noodle Casserole - 6 oz spdl Roasted Baby Carrots & Onions (A) - 4 oz spdl Blushing Pears - 4 oz spdl Milk/Beverage - 1 cup ***** - 1	BBQ Chicken - 3 oz Potato Salad - 4 oz spdl Broccoli (A) - 4 oz spdl Fruited Gelatin - 6 oz spdl Milk/Beverage - 1 cup ***** - 1	Country Fried Steak - 1 steak Mashed Potatoes & Cream Gravy - #8 dip/2 oz gvy Corn - 4 oz spdl Peach Crisp (FR) - #6 dip Milk/Beverage - 1 cup ***** - 1	Chicken Stew - 8 oz ladle Caprese Salad - 4 oz spdl Tropical Fruit - 4 oz spdl Cheese Herb Biscuit - 1 biscuit Milk/Beverage - 1 cup ***** - 1	Chicken & Noodles - 8 oz spdl Country Green Beans with Bacon & Onion - 4 oz spdl Crushed Pineapple - 4 oz spdl Milk/Beverage - 1 cup ***** - 1	Chili Cheese Dog - 1 svg (2 oz) Diced Onion - 2 tbsp French Fries - 4 oz spdl Tapioca Pudding - #8 dipper Milk/Beverage - 1 cup ***** - 1
Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack
Fruit Drink - 1/2 cup Asst.Snacks/Cookies/Crx - 1 serving	Fruit Drink - 1/2 cup Asst.Snacks/Cookies/Crx - 1 serving	Fruit Drink - 1/2 cup Asst.Snacks/Cookies/Crx - 1 serving	Fruit Drink - 1/2 cup Asst.Snacks/Cookies/Crx - 1 serving	Fruit Drink - 1/2 cup Asst.Snacks/Cookies/Crx - 1 serving	Fruit Drink - 1/2 cup Asst.Snacks/Cookies/Crx - 1 serving	Fruit Drink - 1/2 cup Asst.Snacks/Cookies/Crx - 1 serving

Dates Used: 2/16

The meal items shown are those served on a **Regular Diet**. If your physician has ordered for you a **Therapeutic** or **Texture Altered Diet**, you may be served a different menu item, a different portion of the menu item or the item may be eliminated entirely in order to comply with your current diet order. Thank you!

Sunday (Day 22)	Monday (Day 23)	Tuesday (Day 24)	Wednesday (Day 25)	Thursday (Day 26)	Friday (Day 27)	Saturday (Day 28)
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Assorted Juice - 3/4 cup Cream of Wheat Cereal - 4 oz spdl Scrambled or Fried Egg - #16 dip 2 strips Bacon or Sausage - 2 strips or 1 oz (or) Toast - 1 Slice Margarine/Jelly - 1 each Milk/Beverage - 1 cup Super Cream of Wheat - 4 oz spdl	Assorted Juice - 3/4 cup Oatmeal - 4 oz spdl Scrambled or Fried Egg - #16 dip 2 strips Bacon or Sausage - 2 strips or 1 oz (or) Toast - 1 Slice Margarine/Jelly - 1 each Milk/Beverage - 1 cup Super Oatmeal - 4 oz spdl	Assorted Juice - 3/4 cup Cream of Rice Cereal - 4 oz spdl Scrambled or Fried Egg - #16 dip 2 strips Bacon or Sausage - 2 strips or 1 oz Biscuit & Sausage Gravy - 1 Biscuit + 2 oz gravy Margarine/Jelly - 1 each Milk/Beverage - 1 cup Super Cream of Rice - 4 oz spdl	Assorted Juice - 3/4 cup Cream of Wheat Cereal - 4 oz spdl Scrambled or Fried Egg - #16 dip 2 strips Bacon or Sausage - 2 strips or 1 oz (or) Toast - 1 Slice Margarine/Jelly - 1 each Milk/Beverage - 1 cup Super Cream of Wheat - 4 oz spdl	Assorted Juice - 3/4 cup Oatmeal - 4 oz spdl Scrambled or Fried Egg - #16 dip 2 strips Bacon or Sausage - 2 strips or 1 oz Pancakes - 2 each Margarine/Syrup - 1 tsp/1 oz Milk/Beverage - 1 cup Super Oatmeal - 4 oz spdl	Assorted Juice - 3/4 cup Cream of Rice Cereal - 4 oz spdl Scrambled or Fried Egg - #16 dip 2 strips Bacon or Sausage - 2 strips or 1 oz (or) Toast - 1 Slice Margarine/Jelly - 1 each Milk/Beverage - 1 cup Super Cream of Rice - 4 oz spdl	Assorted Juice - 3/4 cup Cream of Wheat Cereal - 4 oz spdl Scrambled or Fried Egg - #16 dip 2 strips Bacon or Sausage - 2 strips or 1 oz (or) Toast - 1 Slice Margarine/Jelly - 1 each Milk/Beverage - 1 cup Super Cream of Wheat - 4 oz spdl
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Chicken Gravy - 2 oz Oven Fried Chicken - 3 oz E.P. Mashed Potatoes - #8 dip Country Green Beans with Bacon & Onion - 4 oz spdl Creamy Custard Pie - 1/8th pie Dinner Roll/Margarine - 1 ea/1 tsp Beverage - 1 cup ***** - 1	Pork Gravy - 2 oz Pork Loin - 3 oz Mashed Potatoes - #8 dip Broccoli (A) - 4 oz spdl Beverage - 1 cup Jell-O Cake w/Whipped Topping - 2" x 4" svg ***** - 1	Pork Tenderloin Sandwich - 3 oz/1 bun Onion & Pickle Slice - 1 svg Buttered Corn - 4 oz spdl Ketchup/Mayo/Mustard - 1 each Fruited Gelatin (FR) - 6 oz spdl Beverage - 1 cup ***** - 1	Glazed Ham - 3 oz Baked Fresh Sweet Potato (A) - 1 Potato Buttered Peas & Carrots (A) - 4 oz spdl Cherry Cobbler - #6 dipper Beverage - 1 cup ***** - 1	Oven Roasted Turkey with Gravy - 3 oz + 2 oz Gvy Mashed Potatoes - #8 dip Four Way Mixed Vegetables - 4 oz spdl Pumpkin Pie - 1/10th of a pie Beverage - 1 cup ***** - 1	Battered Pollock Fish Fillet - 1 ea (4 oz) Tartar Sauce - 1 oz Scalloped Potatoes - 4 oz spdl Creamy Cole Slaw - 4 oz spdl Peach Pie - 1/8th pie Beverage - 1 cup ***** - 1	Cheeseburger on Bun - 3 oz/1 bun Relish Plate - 1 Plate Kidney Bean Salad - 4 oz spdl Banana Cake - 2" x 4" svg Beverage - 1 cup ***** - 1
Supper	Supper	Supper	Supper	Supper	Supper	Supper
Pork Tips in Gravy - #6 dip Baked Potato w/Sour Cream - 1 Potato + 2 Tbs Yellow Squash - 4 oz spdl Butterscotch Pudding - #8 dipper Milk/Beverage - 1 cup ***** - 1	Cold Cut Sandwich - 3 oz/2 sl bread Dill Pickle Spear - 1 svg Garden Pasta Salad - 4 oz spdl Pickled Beets - 4 oz spdl Rosy Pears - 4 oz spdl Milk/Beverage - 1 cup ***** - 1	Roast Beef with Gravy - 3 oz + Gvy Mashed Potatoes - #8 dip Glazed Carrots - 4 oz spdl Mock Pecan Pie - 1/8th pie Milk/Beverage - 1 cup ***** - 1	Beef & Bean Chili - 8 oz ladle Classic Grilled Cheese Sandwich - 2 oz/2 sl Crackers - 4 ea Chilled Peaches - 4 oz spdl Milk/Beverage - 1 cup ***** - 1	Hot Dog on Bun - 2 oz/1 bun Fried Potatoes - 4 oz spdl Sauerkraut - 4 oz spdl Mixed Fruit Cup - 4 oz spdl ***** - 1	Taco Salad - 1 Salad Spanish Rice - #8 dip Salsa - 1/4 cup Sour Cream - 1 Tbsp Sherbet - #8 dip Milk/Beverage - 1 cup ***** - 1	Lasagna - 2" x 4" svg Catalina Blend Vegetables - 4 oz spdl Side Salad w/Dressing - 8 oz spdl/2 T dsq Cheese Bread Stick - 1 each Lemon Cake w/Frosting - 3" x 2.5" svg Milk/Beverage - 1 cup ***** - 1
Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack
Fruit Drink - 1/2 cup Asst.Snacks/Cookies/Crx - 1 serving	Fruit Drink - 1/2 cup Asst.Snacks/Cookies/Crx - 1 serving	Fruit Drink - 1/2 cup Asst.Snacks/Cookies/Crx - 1 serving	Fruit Drink - 1/2 cup Asst.Snacks/Cookies/Crx - 1 serving	Fruit Drink - 1/2 cup Asst.Snacks/Cookies/Crx - 1 serving	Fruit Drink - 1/2 cup Asst.Snacks/Cookies/Crx - 1 serving	Fruit Drink - 1/2 cup Asst.Snacks/Cookies/Crx - 1 serving

Dates Used: 2/23

The meal items shown are those served on a **Regular Diet**. If your physician has ordered for you a **Therapeutic** or **Texture Altered Diet**, you may be served a different menu item, a different portion of the menu item or the item may be eliminated entirely in order to comply with your current diet order. Thank you!