Week at a glance	e: Regular Die	t M:1 Wk:1				08/27/18 Page: 1
08/26/18	08/27/18	08/28/18	08/29/18	08/30/18	08/31/18	09/01/18
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BREAKFAST						
Oatmeal Cereal,cold Juice, Cranberry <i>Juice, Grape</i> Egg, Scrambled <i>Egg Fried</i> Bacon	Cream Of Rice Cereal,cold Egg Fried Egg, Scrambled Bacon	Juice Pineapple Juice, Orange Cream Of Wheat Cereal,cold Sausage Gravy Egg Fried Biscuit Bu. Toast /jelly	Oatmeal Cereal,cold Egg, Scrambled Egg Fried Bacon	Juice, Orange Juice, Apple Cream Of Wheat Cereal,colo Pancake/syrup,bu. Egg Any/toast Sausage Pattie Sausage Link	Juice, Grape Juice, Cranberry Cream Of Rice Cereal,cold Egg, Scrambled Egg Fried Bacon	Egg Fried <i>Egg, Scramble</i> Bacon
Bu. Toast /jelly	Bu. Toast /jelly		Bu. Toast /jelly		Bu. Toast /jelly	Bu. Toast /jelly
LUNCH						
Ham, Baked	Gravy Pork	Steak,salsibury	Gravy	Gravy Brown	Fish Fried / Tarter Sauce	Shrimp Fried
Potatoes Augratin	Pork Cutlet	Potato, Oven Brown	Turkey, Roast Pln.	Meat Loaf	Macaroni & Cheese	Potatoes Scalloped
Green Beans Butter	Sweet Potato Casserole	Broccoli	Garlic Mashed Potatoes	Potato, Whip But	Squash Medley	Broccoli, Buttered
Cobbler, Cherry	Carrots	Peanut Butter Brownie	Greenbeans/bacon/b	Peas & Carrots	Cake, Lemon	Tropical Fruit Salad
Hot Roll	Lemon Cream Pie		Cake, Orange W/icn	Crisp,apple		Hushpuppies
Margarine						Cocktail Sauce
SUPPER						
Hamburger Patty/bun	Tuna Salad Cold Plate	Nacho Chicken Bake	Ham And Beans	Sloppy Joe On Bun	Sand.grilled Ham Cheese	Gravy White
Lettuce,tom, Pickle, Onio	Pasta Salad	Beans, Pinto	Potatoes Fried	Potato Tater Tots	Pot/french Fries	Chicken Tenders
Beans, Baked	Pea Salad	Gelatin W Fruit	Greens	3-bean Salad	Pickle,dill	Potato, Whip But
Cookies, Sugar	Fresh Fruit	Bread, Corn Mexican	Peaches W/topping	Pudding, Bread-van. Sauce	Sherbet	Green Beans,w/onion
			Bread, Corn Margarine		Muffins	Cake Poke/topping

Diet Spreadshee	et GOOD SHEPHEI	RD NURSING Signa	ature:	RD#	GeriMe	nu REPORT: ZXSPFN1D			
Week at a glance	e: Regular Die	et M:1 Wk:2				08/27/18 Page: 1			
09/02/18	09/03/18	09/04/18	09/05/18	09/06/18	09/07/18	09/08/18			
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday			
BREAKFAST	BREAKFAST								
Juice, Apple <i>Juice, Orange</i> Cream Of Rice <i>Cereal,col</i> d	Oatmeal	Cream Of Wheat	Juice, Orange <i>Juice, Apple</i> Oatmeal Cereal.cold	Cream Of Rice	Juice, Orange <i>Juice Pineapple</i> Cream Of Wheat Cereal.cold	Juice, Cranberry <i>Juice, Grape</i> Cream Of Rice <i>Cereal.cold</i>			
Bacon	Egg Fried <i>Egg, Scrambled</i>	Sausage Gravy Egg Fried Biscuit	Egg, Scrambled Egg Fried	Sausage Link Sausage Pattie	Egg, Scrambled Egg Fried	Egg Fried Egg, Scrambled			
Egg Fried <i>Egg, Scrambled</i> Bu. Toast /jelly	Bacon Bu. Toast /jelly	Biscuit Bu. Toast /jelly	Bacon Bu. Toast /jelly	Pancake/syrup,bu. Egg Any/toast	Bacon Bu. Toast /jelly	Bacon Bu. Toast /jelly			
LUNCH									
Pork,roast Glazed	Bacon Wrapped Chopped Stk	Beef, Roast	Chicken & Dumplings	Gravy Brown	Fish Fried / Tarter Sauce	Sweet & Sour Chicken			
Baked Swt. Potato	Garlic Mashed Potatoes	Carrots/potatoes/onions	Broccoli	Meat Loaf	Hashbrown Cass.	Rice			
Veg. Meadow Blend	Peas, Buttered	Fresh Fruit	Pudding, Buttersch	Potato, Whip But	Green Beans Butter	Veg. Oriental Blend			
Cake, angel Food Frosted	Gelatin W/ Topping			Carrots	Pudding Lemon	Egg Roll			
Hot Roll				Brownie Cream Cheese		Cake Choc./icing			
Margarine									
SUPPER									
Beef & Macaroni	Gravy White	Chicken Spaghetti	Gravy White	Chicken Bbq	Glazed Smoked Sausage	Pulled Pork Sliders			
Corn,buttered	Chicken Fried	Veg. Italian	Chicken Livers	Potato Wedges	Pasta Buttered	Sweet Potato Puffs			
Ice Cream	Potato, Whip But	Cookies No Bake	Potato, Whip But	Marinated Slaw	Veg., Mixed Butter	Vegetable Monaco /germany			
	Carrots Candied	Bread, Garlic	Green Beans Butter	Strawberries	Peach Cobbler	Mandrian Oranges			
	Fruit Cocktail		Cake,pineupsde Dwn						

Diet Spreadshee		- J -	ature:	RD#	Gerime	nu REPORT: ZXSPFN1D
<u>Veek at a glanc</u> 09/09/18 Sunday	e: Regular Die 09/10/18 Monday	09/11/18 Tuesday	09/12/18 Wednesday	09/13/18 Thursday	09/14/18 Friday	08/27/18 Page: 1 09/15/18 Saturday
BREAKFAST						
Juice, Orange Juice, Apple Cream Of Wheat Cereal,cold Egg Fried Egg, Scrambled Bacon Bu. Toast /jelly Biscui	Oatmeal <i>Cereal,cold</i> Egg, Scrambled	Juice, Cranberry Juice, Orange Cream Of Wheat Cereal,cold Sausage Gravy Egg Fried Biscuit-jelly/butter Bu. Toast /jelly	Cream Of Wheat <i>Cereal,cold</i> Egg, Scrambled	Juice, Orange Juice, Grape Oatmeal Cereal,cold Pancake/syrup,bu. Egg Any/toast Sausage Link Sausage Pattie	Juice, Grape Juice, Orange Cream Of Wheat Cereal,cold Egg, Scrambled Egg Fried Bacon Bu. Toast /jelly	Juice, Apple Juice, Orang Oatmeal Egg Fried Egg, Scramble Bacon Bu. Toast /jelly
LUNCH						
Gravy White	Spaghetti/meatballs	Gravy,turkey	Ham,sliced	Beef Tips In Gravy	Chicken Bbq	Steak,salsibury
Chicken Fried	Veg. Italian	Sand. Open Faced Turkey	Potatoes Augratin	Pasta Buttered	Potato Salad	Potatoes Mashed/gravy
Potato, Whip But	Tossed Salad W/ Dressing	Potato, Whip But	Asparagus	Squash Medley	Beans, Baked	Broccoli
Vegetable Monaco /germany	Sherbet	Carrots, Buttered	Cake, Carrot	Cinnamon Apple Gelatin	Peaches W/topping	Cake, Cherry Poke
Pie, Coconut Cream	Bread, Garlic	Crisp, Cherry				
Hot Roll						
Margarine						
SUPPER						
Cheesy Ham & Hashbrown Ca	Gravy White	Sandwich Phiily Steak	Gravy Brown	Grilled Chick Salad W/org	Tuna Noodle Cass.	Quiche Bacon
Green Beans Butter	Pork Fritter	Seasoned Curly Fries	Sand. Open Face Rst. Beef	Green Beans Butter	Veg., Mixed Butter	Carrots
Fruit Cocktail	Potato, Whip But	Fresh Fruit	Potato, Whip But	Cheese Bread Stick	Lemon Layer Dessert	Fresh Fruit
	Cucumber & Tomato Salad		Cabbage Buttered	Cobbler,blackberry		Muffins
	Cupcake Frosted		Tropical Fruit Salad			

heat Cream Of Rice Cereal, cold led Sausage Gravy Egg Fried Biscuit&margari	luice, Grape Oatmeal Cereal,colo Egg Frieo	rry Juice, Orange Juice, Orange Ju Cream Of Ric Cereal,cold Ed Waffle Egg Fried Sausage Link	nice Pineapple Jul e Oatmeal Cereal,cold Egg Fried	09/22/18 Saturday Juice, Grape Juice, Cream Of Wheat Cereal,cold , Scrambled Bacon Bu. Toast /jelly
lice, Cranberry heat Cereal, cold led Egg Fried Ily Ily Fish Baked	luice, Grape Cereal,colo Egg Fried ine Bacon . Toast /jelly Bu. Toast /jell	Juice, Orange Ju Cream Of Ric Cereal,cold Ed Waffle Egg Fried Sausage Link S	nice Pineapple Jul e Oatmeal Cereal,colo Egg Any/toast Egg, Bacon ausage Pattie	nice, Orange Juice, Cream Of Wheat Cereal, cold Cere Egg, Scrambled Sacon
lice, Cranberry heat Cereal, cold led Egg Fried Ily Ily Fish Baked	luice, Grape Cereal,colo Egg Fried ine Bacon . Toast /jelly Bu. Toast /jell	Juice, Orange Ju Cream Of Ric Cereal,cold Ed Waffle Egg Fried Sausage Link S	nice Pineapple Jul e Oatmeal Cereal,colo Egg Any/toast Egg, Bacon ausage Pattie	nice, Orange Juice, Cream Of Wheat Cereal, cold Cere Egg, Scrambled Sacon
	Beef Stroganc	I		
	Beef Strogand			
Casserole Potato creamed		ff/ Noodles Cheeseburge	r /bun Gravy Pork	Chicken Smothered
	Broccoli	Steak Fries	Pork Roast	Potato, Whip But
Butter Peas & Carrots	Marinated Sla	w Lettuce,tom, F	Pickle, Onio Dressing	Peas Buttered
ad-van. Sauce Mandarin Orang Pineap	ges & Cake Cheese	Cherry Strawberries V	N/ Topping Brussel Sprouts	Brownie
			Cake,pineupsde) Dwn
<u>I</u>				
Gravy White	Taco Salad	Fish Fried / Ta	arter Sauce Spaghetti W/ Me	eat Sauce Sandwich Club
d Chicken Tender	rs Corn,confetti	Macaroni & C	heese Veg. Italian	Potato Salad
lousse Potato, Whip Bu	ut Salsa	1 –	& Wax Fresh Fruit	Pickle,dill
d Stick Veg., Calif Mix f Sherbet	Bu Fruit Fluff		it Bread, Garlic	Crisp,apple
	Ad Stick Veg., Calif Mix I	Pineap Gravy White Taco Salad Ad Chicken Tenders Corn,confetti Mousse Potato, Whip But Salsa ad Stick Veg., Calif Mix Bu	Pineap Pineap Gravy White Taco Salad Fish Fried / Ta ad Chicken Tenders Corn,confetti Macaroni & C Mousse Potato, Whip But Salsa Beans, Green ad Stick Veg., Calif Mix Bu Fruit Fluff Gelatin W Fru	Pineap Pineap Gravy White ad Chicken Tenders Mousse Ad Stick Veg., Calif Mix Bu Potato, Whip But Ad Stick

Week at a glance	Regular Die	t M:1 Wk:1				08/27/18 Page: 1
09/23/18	09/24/18	09/25/18	09/26/18	09/27/18	09/28/18	09/29/18
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BREAKFAST						
Oatmeal Cereal,cold Juice, Cranberry Juice, Grape Egg, Scrambled Egg Fried Bacon Bu. Toast /jelly	Cream Of Rice Cereal,cold Egg Fried	Juice Pineapple Juice, Orange Cream Of Wheat Cereal,colo Sausage Gravy Egg Frieo Biscuit Bu. Toast /jelly	Juice, Apple Juice, Grape Oatmeal Cereal,cold Egg, Scrambled Egg Fried Bacon Bu. Toast /jelly	Juice, Orange Juice, Apple Cream Of Wheat Cereal,cold Pancake/syrup,bu. Egg Any/toast Sausage Pattie Sausage Link	Juice, Grape Juice, Cranberry Cream Of Rice Cereal,cold Egg, Scrambled Egg Fried Bacon Bu. Toast /jelly	Juice, Orange Juice Pineappl Oatmeal Egg Fried Egg, Scramble Bacon Bu. Toast /jelly
LUNCH						
Ham, Baked	Gravy Pork	Steak,salsibury	Gravy	Gravy Brown	Fish Fried / Tarter Sauce	Shrimp Fried
Potatoes Augratin	Pork Cutlet	Potato, Oven Brown	Turkey, Roast Pln.	Meat Loaf	Macaroni & Cheese	Potatoes Scalloped
Green Beans Butter	Sweet Potato Casserole	Broccoli	Garlic Mashed Potatoes	Potato, Whip But	Squash Medley	Broccoli, Buttered
Cobbler, Cherry	Carrots	Peanut Butter Brownie	Greenbeans/bacon/b	Peas & Carrots	Cake, Lemon	Tropical Fruit Salad
Hot Roll	Lemon Cream Pie		Cake, Orange W/icn	Crisp,apple		Hushpuppies
Margarine						Cocktail Sauce
SUPPER						
Hamburger Patty/bun	Tuna Salad Cold Plate	Nacho Chicken Bake	Ham And Beans	Sloppy Joe On Bun	Sand.grilled Ham Cheese	Gravy White
Lettuce,tom, Pickle, Onio	Pasta Salad	Beans, Pinto	Potatoes Fried	Potato Tater Tots	Pot/french Fries	Chicken Tenders
Beans, Baked	Pea Salad	Gelatin W Fruit	Greens	3-bean Salad	Pickle,dill	Potato, Whip But
Cookies, Sugar	Fresh Fruit	Bread, Corn Mexican	Peaches W/topping	Pudding, Bread-van. Sauce	Sherbet	Green Beans,w/onion
			Bread, Corn Margarine		Muffins	Cake Poke/topping

Diet Spreadshee	t GOOD SHEPHEI	RD NURSING Signa	ature:	RD#	GeriMe	nu REPORT: ZXSPFN1D			
Week at a glance	e: Regular Die	et M:1 Wk:2				08/27/18 Page: 1			
09/30/18	10/01/18	10/02/18	10/03/18	10/04/18	10/05/18	10/06/18			
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday			
BREAKFAST	BREAKFAST								
Juice, Apple Juice, Orange Cream Of Rice Cereal,cold	Oatmeal	Cream Of Wheat	Juice, Orange <i>Juice, Apple</i> Oatmeal <i>Cereal,cold</i> Egg, Scrambled	Cream Of Rice	Cream Of Wheat	Cream Of Rice			
Bacon Egg Fried <i>Egg, Scrambled</i> Bu. Toast /jelly	Egg, Scrambled Bacon Bu. Toast /jelly	o j	Egg, Scrambled Egg Fried Bacon Bu. Toast /jelly	J					
LUNCH									
Pork,roast Glazed	Bacon Wrapped Chopped Stk	Beef, Roast	Chicken & Dumplings	Gravy Brown	Fish Fried / Tarter Sauce	Sweet & Sour Chicken			
Baked Swt. Potato	Garlic Mashed Potatoes	Carrots/potatoes/onions	Broccoli	Meat Loaf	Hashbrown Cass.	Rice			
Veg. Meadow Blend	Peas, Buttered	Fresh Fruit	Pudding, Buttersch	Potato, Whip But	Green Beans Butter	Veg. Oriental Blend			
Cake, angel Food Frosted	Gelatin W/ Topping			Carrots	Pudding Lemon	Egg Roll			
Hot Roll				Brownie Cream Cheese		Cake Choc./icing			
Margarine									
SUPPER	L					L			
Beef & Macaroni	Gravy White	Chicken Spaghetti	Gravy White	Chicken Bbq	Glazed Smoked Sausage	Pulled Pork Sliders			
Corn,buttered	Chicken Fried	Veg. Italian	Chicken Livers	Potato Wedges	Pasta Buttered	Sweet Potato Puffs			
Ice Cream	Potato, Whip But	Cookies No Bake	Potato, Whip But	Marinated Slaw	Veg., Mixed Butter	Vegetable Monaco /germany			
	Carrots Candied	Bread, Garlic	Green Beans Butter	Strawberries	Peach Cobbler	Mandrian Oranges			
	Fruit Cocktail		Cake,pineupsde Dwn						