

Sunday (Day 1)	Monday (Day 2)	Tuesday (Day 3)	Wednesday (Day 4)	Thursday (Day 5)	Friday (Day 6)	Saturday (Day 7)
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Assorted Juice Hot Cereal: Oatmeal or Cream of Wheat Western Omelet Fried Egg Bacon or Sausage Patty Toast Margarine/Jelly Milk/Beverage	Assorted Juice Hot Cereal: Oatmeal or Cream of Wheat Pancakes Fried Egg Sausage Patty Toast Margarine/Jelly Milk/Beverage	Assorted Juice Hot Cereal: Oatmeal or Cream of Wheat Buttermilk Biscuit Sausage Gravy Scrambled Eggs Bacon Toast Margarine/Jelly Milk/Beverage	Assorted Juice Hot Cereal: Oatmeal or Cream of Wheat Fried Egg Scrambled Eggs w/Cheese Sausage Patty Toast Margarine/Jelly Milk/Beverage	Assorted Juice Hot Cereal: Oatmeal or Cream of Wheat French Toast Scrambled Eggs Bacon Toast Margarine/Jelly Milk/Beverage	Assorted Juice Hot Cereal: Oatmeal or Cream of Wheat Buttermilk Biscuit Sausage Gravy Scrambled Eggs Sausage Patty Toast Margarine/Jelly Milk/Beverage	Assorted Juice Hot Cereal: Oatmeal or Cream of Wheat Scrambled Eggs Fried Egg Bacon or Sausage Patty Toast Coffee Cake Margarine/Jelly Milk/Beverage
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Fried Chicken Roast Beef ***** Buttered Peas Mashed Potatoes & Gravy Fruit Cobbler (FR) Dinner Roll/Margarine Beverage	Chopped Steak w/Cream of Mushroom Soup Pan Fried Pork Chop ***** Parslied Buttered Noodles Brussel Sprouts Fruited Gelatin (FR) Bread/Margarine Beverage	Baked Ham BBQ Chicken ***** Scalloped Potatoes Macaroni & Cheese Green Peas Chocolate Cream Pie Beverage	Beef Stroganoff Over Egg Noodles Quiche Lorraine ***** Baby Carrots (A) Banana Pudding (FR) Beverage	Roast Turkey BBQ Pork Riblette ***** Gravy Sweet Potatoes (A) Green Beans with Bacon & Onion No Bake Cookies Bread & Margarine Beverage	Oven Fried Fish Spaghetti w/Meat Sauce ***** Rice Italian Blend Vegetables Seasonal Fresh Fruit Bread/Margarine Beverage	Chicken Alfredo Over Fettuccini Glazed Baked Ham ***** Scalloped Potatoes Baby Carrots Fruited Pudding (FR) Garlic Bread Beverage
Supper	Supper	Supper	Supper	Supper	Supper	Supper
Soup of the Day Sloppy Joes on Bun Turkey & Swiss Cheese Sandwich ***** Cheesy Noodles Pickled Beets Cream Cheese Brownie Bread/Margarine Milk/Beverage	Soup of the Day Egg Salad on Croissant Chicken Tenders ***** Dipping Sauce Mashed Potatoes & Gravy Mixed Vegetables Mandarin Orange Cake Milk/Beverage	Soup of the Day Tuna Noodle Casserole Country Fried Steak w/ Gvy ***** Mashed Potatoes Vegetable Blend Strawberries with Whipped Topping Bread & Margarine Milk/Beverage	Soup of the Day Grilled Chicken Strips over Caesar Salad BBQ Pork on Bun ***** Green Beans Bread Stick Apple Streusel Cake Milk/Beverage	Minestrone Soup Chicken & Dumplings Pizza ***** Peas & Carrots (A) Bread/Margarine Jell-O Cake w/Whipped Topping Milk/Beverage	Soup of the Day Split Frank on Bun Breakfast Casserole ***** Baked Beans Hashbrowns Sherbet Milk/Beverage	Soup of the Day Philly Cheesesteak w/Grilled Peppers/Onions on Bun Turkey Pot Pie ***** Roasted Redskin Potatoes Fried Zucchini Frosted Cake Bread & Margarine Milk/Beverage
Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack
Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx

The meal items shown are those served on a **Regular Diet**. If your physician has ordered for you a **Therapeutic** or **Texture Altered Diet**, you may be served a different menu item, a different portion of the menu item or the item may be eliminated entirely in order to comply with your current diet order. Thank you!

Sunday (Day 8)	Monday (Day 9)	Tuesday (Day 10)	Wednesday (Day 11)	Thursday (Day 12)	Friday (Day 13)	Saturday (Day 14)
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Assorted Juice Hot Cereal: Oatmeal or Cream of Wheat Western Omelet Fried Egg Bacon or Sausage Patty Toast Margarine/Jelly Milk/Beverage	Assorted Juice Hot Cereal: Oatmeal or Cream of Wheat Pancakes Fried Egg Sausage Patty Toast Margarine/Jelly Milk/Beverage	Assorted Juice Hot Cereal: Oatmeal or Cream of Wheat Buttermilk Biscuit Sausage Gravy Scrambled Eggs Bacon Toast Margarine/Jelly Milk/Beverage	Assorted Juice Hot Cereal: Oatmeal or Cream of Wheat Scrambled Eggs w/Cheese Fried Egg Sausage Patty Toast Margarine/Jelly Milk/Beverage	Assorted Juice Hot Cereal: Oatmeal or Cream of Wheat Scrambled Eggs Fried Egg Bacon Hashbrowns Toast Margarine/Jelly Milk/Beverage	Assorted Juice Hot Cereal: Oatmeal or Cream of Wheat Buttermilk Biscuit Sausage Gravy Scrambled Eggs Sausage Patty Toast Margarine/Jelly Milk/Beverage	Assorted Juice Hot Cereal: Oatmeal or Cream of Wheat Breakfast Sandwich on English Muffin Scrambled Eggs Bacon or Sausage Patty Toast Margarine/Jelly Milk/Beverage
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Roast Pork Swiss Steak ***** Gravy Mashed Potatoes & Gravy Vegetable Blend Peach Swirl Cheesecake Bar Dinner Roll/Margarine Beverage	Meatloaf Chicken & Noodles ***** Mashed Potatoes Gravy Carrots (A) Apple Crisp (FR) Bread/Margarine Beverage	Fried Chicken Legs 3 Cheese Baked Spaghetti ***** Green Beans w/ Onions Garlic Bread Stick Banana Foster Bread Pudding Beverage	Hamburger on Bun Brown Sugar Mustard Glazed Smoked Sausage ***** Parmesan Noodles Tater Tots Vegetable Blend Ice Cream Bread/Margarine Beverage	Chicken & Kale Alfredo Bake Smothered Pork Chop ***** Garlic Mashed Potatoes Broccoli (A) Angel Food Cake w/Fruit (FR) Garlic Bread Stick Beverage	BBQ Pork Steak Baked Fish ***** Baked Potato Half Roasted Carrots (A) Macaroni & Cheese Peanut Butter Pie Bread/Margarine Beverage	Swedish Meatballs with Sauce Creamy Chicken Spaghetti ***** Italian Vegetables (A) Buttered Noodles Fresh Fruit Cup Bread/Margarine Beverage
Supper	Supper	Supper	Supper	Supper	Supper	Supper
Potato Soup Club Turkey Wrap Beef & Macaroni Bake ***** Buttered Peas Mixed Fruit Cup Bread/Margarine Milk/Beverage	Soup of the Day Ham Salad on Rye Beef Stew ***** Pickled Beets Milk/Beverage Pudding Cream Pie	Soup of the Day Fried Fish Fillet on Bun BBQ Beef on Bun ***** Baked Beans Potato Salad Sugar Cookies Bread/Margarine Milk/Beverage	Creamy Tomato Soup Grilled Cheese Sandwich Country Fried Steak ***** Cream Gravy Mashed Potatoes Corn Pineapple Upside Down Cake Bread & Margarine Milk/Beverage	Soup of the Day Tuna Salad on Wheat Bread Cheeseburger Sliders ***** Lettuce, Onion, Pickle Seasoned Steak Fries Seasonal Fresh Fruit Milk/Beverage	Soup of the Day Beef Pot Pie Cantonese Chicken ***** Rice Oriental Vegetables Fruit Crumble (FR) Bread & Margarine Milk/Beverage	Soup of the Day Deli Sandwich Chicken Tenders ***** Dipping Sauce Potato Salad Lettuce/Tomato/Pickle Cherry Crisp (FR) Milk/Beverage
Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack
Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx

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Sunday (Day 15)	Monday (Day 16)	Tuesday (Day 17)	Wednesday (Day 18)	Thursday (Day 19)	Friday (Day 20)	Saturday (Day 21)
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Assorted Juice Hot Cereal: Oatmeal or Cream of Wheat Western Omelet Fried Egg Bacon or Sausage Patty Toast Margarine/Jelly Milk/Beverage	Assorted Juice Hot Cereal: Oatmeal or Cream of Wheat Pancakes Fried Egg Sausage Patty Toast Margarine/Jelly Milk/Beverage	Assorted Juice Hot Cereal: Oatmeal or Cream of Wheat Buttermilk Biscuit Sausage Gravy Scrambled Eggs Bacon Toast Margarine/Jelly Milk/Beverage	Assorted Juice Hot Cereal: Oatmeal or Cream of Wheat Scrambled Eggs w/Cheese Fried Egg Sausage Patty Toast Margarine/Jelly Milk/Beverage	Assorted Juice Hot Cereal: Oatmeal or Cream of Wheat French Toast Scrambled Eggs Bacon Toast Margarine/Jelly Milk/Beverage	Assorted Juice Hot Cereal: Oatmeal or Cream of Wheat Buttermilk Biscuit Sausage Gravy Scrambled Eggs Sausage Patty Toast Margarine/Jelly Milk/Beverage	Assorted Juice Hot Cereal: Oatmeal or Cream of Wheat Scrambled Eggs Fried Egg Bacon or Sausage Patty Breakfast Muffin Toast Margarine/Jelly Milk/Beverage
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Swiss Steak Roasted Chicken ***** Mashed Potatoes & Gravy Broccoli (A) Apple Pie Dinner Roll/Margarine Beverage	Texas Two-Step Chicken Picante w/Rice Smothered Pork ***** Au Gratin Potatoes Spinach (A) Bread & Margarine Lemon Bar Beverage	Meatloaf Oven Fried Chicken ***** Cheesy Mashed Potatoes Green Peas Fruit Crumble (FR) Bread/Margarine Beverage	Cheeseburger on a Bun Grilled Pork Chop ***** Rice Oriental Vegetables Lettuce, Onion, Pickle Bread & Margarine Chocolate Chip Cake Beverage	Fried Fish Baked Ham ***** Sweet Potatoes (A) Green Beans Bread & Margarine Apple Cobbler (FR) Beverage	Beef & Cheese Baked Spaghetti Roast Turkey ***** Herb Stuffing Roasted Brussel Sprouts Chocolate Layer Dessert Garlic Bread Beverage	Ham & Potato Au Gratin Hamburger on Bun ***** Buttered Peas & Carrots (A) Baked Beans Pickles/Lettuce/Onion Sl Key Lime Pie Beverage
Supper	Supper	Supper	Supper	Supper	Supper	Supper
Cream of Potato Soup Beef Stew Egg Salad Sandwich ***** Biscuit/Margarine Potato Chips Chocolate Chip Cookies Milk/Beverage	Soup of the Day Tuna Melt Rotini w/Italian Sausage ***** Green Beans Cinnamon Baked Apples Bread/Margarine Milk/Beverage	Soup of the Day Ham & Swiss Sandwich Pizza ***** Red Skin Potato Salad Peas & Mushrooms Pickle Spear Pears Bread/Margarine Milk/Beverage	Soup of the Day Beef Enchiladas Breaded Chicken Patty on Bun ***** Steak Fries Refried Beans Relish Plate Pineapple Crisp (FR) Milk/Beverage	Soup of the Day Grilled Chicken Breast Polish Sausage ***** Gravy Sour Cream Chive Mashed Potatoes Sauerkraut Glazed Carrots (A) Bread/Margarine Brownie Milk/Beverage	Soup of the Day Chicken & Cheese Quesadilla Bacon, Cheddar & Green Onion Frittata ***** Hashbrowns Mixed Vegetables Bread/Margarine Peanut Butter Cookies Milk/Beverage	Soup of the Day Homemade Pot Pie Turkey & Swiss Cheese Sandwich ***** Potato Salad Vegetable Blend Strawberries & Bananas Milk/Beverage Bread/Margarine
Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack
Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx

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Sunday (Day 22)	Monday (Day 23)	Tuesday (Day 24)	Wednesday (Day 25)	Thursday (Day 26)	Friday (Day 27)	Saturday (Day 28)
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Assorted Juice Hot Cereal: Oatmeal or Cream of Wheat Western Omelet Fried Egg Bacon or Sausage Patty Toast Margarine/Jelly Milk/Beverage	Assorted Juice Hot Cereal: Oatmeal or Cream of Wheat Pancakes Fried Egg Sausage Patty Toast Margarine/Jelly Milk/Beverage	Assorted Juice Hot Cereal: Oatmeal or Cream of Wheat Buttermilk Biscuit Sausage Gravy Scrambled Eggs Bacon Toast Margarine/Jelly Milk/Beverage	Assorted Juice Hot Cereal: Oatmeal or Cream of Wheat Scrambled Eggs w/Cheese Fried Egg Sausage Patty Toast Margarine/Jelly Milk/Beverage	Assorted Juice Hot Cereal: Oatmeal or Cream of Wheat Scrambled Eggs Fried Egg Bacon Hashbrowns Toast Margarine/Jelly Milk/Beverage	Assorted Juice Hot Cereal: Oatmeal or Cream of Wheat Buttermilk Biscuit Sausage Gravy Scrambled Eggs Sausage Patty Toast Margarine/Jelly Milk/Beverage	Assorted Juice Hot Cereal: Oatmeal or Cream of Wheat Scrambled Eggs Fried Egg Bacon or Sausage Patty Coffee Cake Toast Margarine/Jelly Milk/Beverage
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Pot Roast Baked Chicken ***** Mashed Potatoes Gravy Broccoli Carrot Blend (A) Angel Peach Dessert (FR) Dinner Roll/Margarine Beverage	Ham & Beans Beef Stroganoff Over Egg Noodles ***** Fried Potatoes Mixed Vegetables Cornbread/Margarine Lemonade Cake Bread/Margarine Beverage	Chicken Fried Chicken Taco Salad ***** Garlic Mashed Potatoes Chicken Gravy Buttered Peas Mississippi Mud Cake Bread/Margarine Beverage	Popcorn Shrimp Turkey Ala King Served over Biscuit ***** Roasted Red Potatoes Brussel Sprouts Bread & Margarine Sherbet Beverage	Chicken Alfredo with Pasta Stuffed Bell Pepper ***** Baked Potato with Sour Cream Macaroni & Tomatoes Chocolate Pudding Parfait Bread/Margarine Beverage	Lemon Pepper Baked Fish Brown Sugar Glazed Ham ***** Baked Fresh Sweet Potato (A) Creamed Spinach (A) Mixed Fruit Cup Bread of Choice/Marg. Beverage	Beef Tips in Gravy Smothered Chicken ***** Buttered Egg Noodles Sour Cream Chive Mashed Potatoes Baby Carrots Frosted Red Gelatin Bread/Margarine Beverage
Supper	Supper	Supper	Supper	Supper	Supper	Supper
Soup of the Day Cheese Ravioli Spinach Florentine Ham & Cheese on Rye ***** Vegetable Blend Chips Pudding w/Whipped Topping Garlic Bread Milk/Beverage	Chicken Noodle Soup Turkey & Swiss Cheese Sandwich Fish & Cheese Sandwich ***** Tater Tots Dill Buttered Carrots (A) Jell-O Cake w/Whipped Topping Milk/Beverage	Soup of the Day Chicken Salad Sandwich Corn Dog ***** Tri Tater Buttered Broccoli (A) Fresh Fruit Cup Milk/Beverage	Soup of the Day Beef & Macaroni Ranch Chicken Wrap ***** Tater Tots Green Beans Sugar Cookie Milk/Beverage	Soup of the Day BBQ Pork on Bun Breaded Chicken Tenders ***** Dipping Sauce Baked Beans Macaroni & Cheese Fruit Crumble (FR) Bread/Margarine Milk/Beverage	Chili Split Frank on Bun Roast Beef Sandwich ***** Tater Tot Casserole Diced Onion/Pickle Relish/Shredded cheese Fruit Shortcake (FR) Milk/Beverage	Tomato Basil Soup BBQ Beef on Bun Grilled Bologna & Cheese Sandwich ***** French Fries Buttered Peas & Carrots (A) Chocolate Peanut Butter Pie Milk/Beverage
Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack
Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx

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