

12/2/2018 (Day 1)	12/3/2018 (Day 2)	12/4/2018 (Day 3)	12/5/2018 (Day 4)	12/6/2018 (Day 5)	12/7/2018 (Day 6)	12/8/2018 (Day 7)
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Assorted Juice Oatmeal Fried Egg 2 strips Bacon or Sausage (or) Toast Margarine/Jelly Milk/Beverage Super Oatmeal	Assorted Juice Cream of Wheat Cereal Choice of Egg 2 strips Bacon or Sausage (or) Toast Margarine/Jelly Milk/Beverage Super Cream of Wheat	Assorted Juice Oatmeal Egg of Choice 2 strips Bacon or Sausage Biscuit & Sausage Gravy Margarine/Jelly Milk/Beverage Super Oatmeal	Assorted Juice Cream of Wheat Cereal Egg of Choice 2 strips Bacon or Sausage (or) Toast Margarine/Jelly Milk/Beverage Super Cream of Wheat	Assorted Juice Oatmeal Pancakes Egg of Choice 2 strips Bacon or Sausage Margarine/Syrup Milk/Beverage Super Oatmeal	Assorted Juice Cream of Wheat Cereal Egg of Choice 2 strips Bacon or Sausage Biscuit Margarine/Jelly Milk/Beverage Super Cream of Wheat	Assorted Juice Cream of Rice Cereal Egg of Choice 2 strips Bacon or Sausage (or) Toast Margarine/Jelly Milk/Beverage Super Cream of Rice
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Lasagna Bake Italian Blend Vegetables (A) Carrot Cake w/Cream Cheese Frosting Hot Roll Milk/Beverage ***** Super Salad	Marinated Pork Loin Herb Stuffing Yams (A) Autumn Fruit Crumble (FR) Milk/Beverage ***** Super Potatoes	Creamy Mushroom Chicken Garden Blend Rice Mixed Vegetables Frosted Chocolate Cake Milk/Beverage ***** Super Salad	Roast Turkey & Gravy Green Beans with Onions Loaded Baked Potato Fruit Cobbler (FR) Milk/Beverage ***** Super Potatoes	Beef Stroganoff Over Noodles Roasted Brussel Sprouts Peaches & Cream Milk/Beverage ***** Super Salad	Fried Fish Tartar Sauce Macaroni & Cheese Vegetable Medley Peanut Butter Pie Milk/Beverage ***** Super Salad	Oven Fried Chicken Mashed Potatoes & Gravy Corn Banana Cream Pie Milk/Beverage ***** Super Potatoes
Supper	Supper	Supper	Supper	Supper	Supper	Supper
Turkey & Rice Casserole Buttered Peas Mixed Fruit Cup Milk/Beverage ***** Fortified Soup	Baked Fish Cole Slaw Corn Nuggets Pudding Parfait Milk/Beverage ***** Fortified Soup	Cheese Quesadilla Mexican Corn Tossed Salad w/Dressing Mixed Fruit Milk/Beverage ***** Fortified Soup	Ham & Beans Fried Potatoes Mixed Greens (A) Sugar Cookie Cornbread/Margarine Milk/Beverage ***** Super Potatoes	Chicken Tenders Cheesy Mashed Potatoes Peas & Carrots (A) Frosted Cupcake Milk/Beverage ***** Super Potatoes	Pork Fritter Mashed Potatoes & Gravy Marinated Slaw Mandarin Oranges & Pineapple Milk/Beverage ***** Super Potatoes	Cheese Tortellini w/Alfredo Sauce Broccoli Chilled Peaches Garlic Bread Milk/Beverage ***** Fortified Soup
Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack
Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx

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12/9/2018 (Day 8)	12/10/2018 (Day 9)	12/11/2018 (Day 10)	12/12/2018 (Day 11)	12/13/2018 (Day 12)	12/14/2018 (Day 13)	12/15/2018 (Day 14)
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Assorted Juice Cream of Wheat Cereal Egg of Choice 2 strips Bacon or Sausage (or) Toast Margarine/Jelly Milk/Beverage Super Cream of Wheat	Assorted Juice Cream of Rice Cereal Egg of Choice 2 strips Bacon or Sausage (or) Toast Margarine/Jelly Milk/Beverage Super Cream of Rice	Assorted Juice Oatmeal Egg of Choice Biscuit & Sausage Gravy 2 strips Bacon or Sausage Milk/Beverage Super Oatmeal	Assorted Juice Cream of Wheat Cereal Egg of Choice 2 strips Bacon or Sausage (or) Toast Margarine/Jelly Milk/Beverage Super Cream of Wheat	Assorted Juice Oatmeal Egg of Choice 2 strips Bacon or Sausage Belgian Waffle Margarine/Syrup Milk/Beverage Super Oatmeal	Assorted Juice Cream of Rice Cereal Egg of Choice 2 strips Bacon or Sausage Biscuit Margarine/Jelly Milk/Beverage Super Cream of Rice	Assorted Juice Oatmeal Egg of Choice 2 strips Bacon or Sausage (or) Toast Margarine/Jelly Milk/Beverage Super Oatmeal
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Roast Beef Mashed Potatoes & Gravy Green Beans Fruit Cobbler (FR) Dinner Roll/Margarine ***** Power Potatoes	Herbed Pork Chop Parslied Buttered Noodles Broccoli with Cheese Sauce (A) Cranberry Swirl Cake ***** Super Potatoes	Hawaiian Meatballs Steamed Rice Candied Carrots (A) Mock Pecan Pie ***** Super Salad	Baked Chicken Au Gratin Potatoes Italian Spinach (A) Bread Pudding w/Vanilla Sauce ***** Super Potatoes	Swiss Steak Baked Sweet Potato (A) Mixed Vegetables Peaches & Pineapple ***** Power Potatoes	Beef Teriyaki Steamed Rice Oriental Vegetables Strawberry Shortcake (FR) ***** Super Salad	Spaghetti w/Meat Sauce Italian Tossed Salad Frosted Chocolate Cake Garlic Bread ***** Super Salad
Supper	Supper	Supper	Supper	Supper	Supper	Supper
Beef Goulash Side Salad w/Dressing Peach Crisp (FR) Milk/Beverage Fortified Soup *****	Cream Gravy Country Fried Steak w/ Gvy Mashed Potatoes Corn Rosy Pears Milk/Beverage ***** Power Potatoes	Taco Salad Mexican Rice Baked Chocolate Chip Cookie Milk/Beverage ***** Fortified Soup	Cheesy Ham & Hashbrown Casserole Green Peas Fruited Gelatin (FR) Milk/Beverage ***** Fortified Gelatin Whip	Chili Split Frank on Bun French Fries Mixed Fruit Cup Ketchup/Mustard ***** Power Potatoes	Breaded Fish Fillet Buttered Corn Stewed Tomatoes Iced Oatmeal Cake Milk/Beverage ***** Fortified Soup	Open Faced Turkey Sandwich w/Gravy Mashed Potatoes Country Green Beans with Bacon & Onion Crushed Pineapple Milk/Beverage ***** Power Potatoes
Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack
Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx

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12/16/2018 (Day 15)	12/17/2018 (Day 16)	12/18/2018 (Day 17)	12/19/2018 (Day 18)	12/20/2018 (Day 19)	12/21/2018 (Day 20)	12/22/2018 (Day 21)
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Assorted Juice Cream of Wheat Cereal Egg of Choice 2 strips Bacon or Sausage (or) Toast Margarine/Jelly Milk/Beverage Super Cream of Wheat	Assorted Juice Oatmeal Egg of Choice 2 strips Bacon or Sausage (or) Toast Margarine/Jelly Milk/Beverage Super Oatmeal	Assorted Juice Cream of Rice Cereal Egg of Choice 2 strips Bacon or Sausage Biscuit & Sausage Gravy Milk/Beverage Super Cream of Rice	Assorted Juice Cream of Wheat Cereal Egg of Choice 2 strips Bacon or Sausage Margarine/Jelly Milk/Beverage Super Cream of Wheat	Assorted Juice Oatmeal Egg of Choice 2 strips Bacon or Sausage French Toast Margarine/Syrup Milk/Beverage Super Oatmeal	Assorted Juice Cream of Wheat Cereal Egg of Choice 2 strips Bacon or Sausage (or) Toast Margarine/Jelly Milk/Beverage Super Cream of Wheat	Assorted Juice Cream of Rice Cereal Egg of Choice 2 strips Bacon or Sausage (or) Toast Margarine/Jelly Milk/Beverage Super Cream of Rice
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Fried Chicken Mashed Potatoes & Gravy Broccoli with Cheese Sauce (A) Dinner Roll/Margarine Pie of the Day ***** Power Potatoes	Beef Stroganoff Over Noodles Buttered Carrots (A) Blushing Pears ***** Super Cookies (Fortified)	Autumn Pork Roast (Apple Glaze) Mashed Potatoes & Gravy Italian Blend Vegetables (A) Fruit Shortcake (FR) ***** Power Potatoes	Baked Ham Au Gratin Potatoes Creamed Peas Whipped Gelatin ***** Super Potatoes	Meatloaf Mashed Potatoes & Gravy Broccoli (A) Fruit Cobbler (FR) ***** Power Potatoes	Fried Fish Macaroni & Cheese Cole Slaw Frosted Banana Cake ***** Super Salad	Herb Roasted Chicken Roasted Redskin Potatoes Fried Cabbage Fruit Salad ***** Power Potatoes
Supper	Supper	Supper	Supper	Supper	Supper	Supper
BBQ Pulled Chicken Sliders Breaded Zucchini Diced Tomato Salad Lemon Bar Milk/Beverage ***** Fortified Soup	Tuna Noodle Casserole Green Beans Brownie Milk/Beverage ***** Fortified Soup	Cheese Tortellini/Marinara Sauce Tossed Salad/Dressing Ice Cream Garlic Bread Milk/Beverage ***** Super Cookies (Fortified)	Chicken & Rice Bake Broccoli & Cauliflower Peaches with Whipped Topping Milk/Beverage ***** Fortified Soup	Beefy Tater Tot Casserole Mixed Vegetables Pudding Cream Pie Garlic Bread Milk/Beverage ***** Fortified Soup of the Day	Meatballs with Mushroom Gravy Buttered Pasta Buttered Carrots (A) Cinnamon Baked Apples Milk/Beverage ***** Fortified Soup	Chicken Pot Pie Vegetable Medley Baked Custard Milk/Beverage ***** Fortified Soup
Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack
Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx

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12/23/2018 (Day 22)	12/24/2018 (Day 23)	12/25/2018 (Day 24)	12/26/2018 (Day 25)	12/27/2018 (Day 26)	12/28/2018 (Day 27)	12/29/2018 (Day 28)
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Assorted Juice Oatmeal Egg of Choice 2 strips Bacon or Sausage (or) Toast Margarine/Jelly Milk/Beverage Super Oatmeal	Assorted Juice Cream of Rice Cereal Egg of Choice 2 strips Bacon or Sausage (or) Toast Margarine/Jelly Milk/Beverage Super Cream of Rice	Assorted Juice Oatmeal Egg of Choice 2 strips Bacon or Sausage Biscuit & Sausage Gravy Milk/Beverage Super Oatmeal	Assorted Juice Cream of Wheat Cereal Egg of Choice 2 strips Bacon or Sausage (or) Toast Margarine/Jelly Milk/Beverage Super Cream of Wheat	Assorted Juice Cream of Rice Cereal Egg of Choice 2 strips Bacon or Sausage Pancakes Margarine/Syrup Milk/Beverage Super Cream of Rice	Assorted Juice Oatmeal Egg of Choice 2 strips Bacon or Sausage (or) Toast Margarine/Jelly Milk/Beverage Super Oatmeal	Assorted Juice Cream of Wheat Cereal Egg of Choice 2 strips Bacon or Sausage (or) Toast Margarine/Jelly Milk/Beverage Super Cream of Wheat
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Beef Pot Roast Roasted Carrots, Potatoes & Onions (A) Apple Crisp (FR) Dinner Roll/Margarine ***** Fortified Soup	Baked Chicken with Onion Gravy Sour Cream Chive Mashed Potatoes Broccoli (A) Cheesecake w/Fruit (FR) ***** Power Potatoes	Liver & Onions (A) Mashed Potatoes & Gravy Creamed Corn Fruited Gelatin (FR) ***** Power Potatoes	Sweet & Sour Pork Fried Rice Oriental Vegetables Mandarin Orange Cake ***** Fortified Soup	Glazed Ham with Pineapple Yams (A) Buttered Cabbage Bread Pudding w/Vanilla Sauce ***** Fortified Pudding	Creamy Mushroom Chicken Baked Potato w/Sour Cream Italian Vegetable Blend (A) Fruit Crumble (FR) ***** Super Potatoes	Cream Gravy Country Fried Steak Mashed Potatoes Baby Carrots Pumpkin Crumble (A) ***** Power Potatoes
Supper	Supper	Supper	Supper	Supper	Supper	Supper
Breaded Chicken Tenders Dipping Sauce Macaroni & Cheese Stewed Tomatoes Emerald Pears Milk/Beverage ***** Fortified Soup	Lemon Baked Fish Rice Pilaf Turnip Greens (A) Peanut Butter Cookies Milk/Beverage ***** Super Cookies (Fortified)	Ham & Potato Au Gratin Mixed Vegetables Brownie Cornbread/Margarine Milk/Beverage ***** Fortified Soup	Bratwurst on Bun Fried Potatoes Sauerkraut Strawberries & Bananas Milk/Beverage ***** Fortified Soup	Chicken Pot Pie Tossed Salad w/Dressing Baked Oatmeal Raisin Cookie ***** Super Cookies (Fortified)	Cheese Ravioli Topped with Meat Sauce Vegetable Medley Garlic Bread Mixed Fruit Cup Milk/Beverage ***** Fortified Soup	BBQ Pork Riblette Oven Browned Potatoes Country Green Beans with Bacon & Onion Tropical Fruit Milk/Beverage ***** Power Potatoes
Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack
Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx

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