

Week at a glance: Regular Diet M:1 Wk:2

09/30/18 Sunday	10/01/18 Monday	10/02/18 Tuesday	10/03/18 Wednesday	10/04/18 Thursday	10/05/18 Friday	10/06/18 Saturday
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BREAKFAST

Juice, Apple <i>Juice, Orange</i> Cream Of Rice <i>Cereal, cold</i> Bacon Egg Fried <i>Egg, Scrambled</i> Bu. Toast /jelly	Juice, Orange <i>Juice, Apple</i> Oatmeal <i>Cereal, cold</i> Egg Fried <i>Egg, Scrambled</i> Bacon Bu. Toast /jelly	Juice Pineapple <i>Juice, Orange</i> Cream Of Wheat <i>Cereal, cold</i> Sausage Gravy <i>Egg Fried</i> Biscuit <i>Bu. Toast /jelly</i>	Juice, Orange <i>Juice, Apple</i> Oatmeal <i>Cereal, cold</i> Egg, Scrambled <i>Egg Fried</i> Bacon Bu. Toast /jelly	Juice, Grape <i>Juice, Apple</i> Cream Of Rice <i>Cereal, cold</i> Sausage Link <i>Sausage Pattie</i> Pancake/syrup, bu. <i>Egg Any/toast</i>	Juice, Orange <i>Juice Pineapple</i> Cream Of Wheat <i>Cereal, cold</i> Egg, Scrambled <i>Egg Fried</i> Bacon Bu. Toast /jelly	Juice, Cranberry <i>Juice, Grape</i> Cream Of Rice <i>Cereal, cold</i> Egg Fried <i>Egg, Scrambled</i> Bacon Bu. Toast /jelly
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LUNCH

Pork, roast Glazed Baked Swt. Potato Veg. Meadow Blend Cake, angel Food Frosted Hot Roll Margarine	Bacon Wrapped Chopped Stk Garlic Mashed Potatoes Peas, Buttered Gelatin W/ Topping	Beef, Roast Carrots/potatoes/onions Fresh Fruit	Chicken & Dumplings Broccoli Pudding, Buttersch	Gravy Brown Meat Loaf Potato, Whip But Carrots Brownie Cream Cheese	Fish Fried / Tarter Sauce Hashbrown Cass. Green Beans Butter Pudding Lemon	Sweet & Sour Chicken Rice Veg. Oriental Blend Egg Roll Cake Choc./icing
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SUPPER

Beef & Macaroni Corn, buttered Ice Cream	Gravy White Chicken Fried Potato, Whip But Carrots Candied Fruit Cocktail	Chicken Spaghetti Veg. Italian Cookies No Bake Bread, Garlic	Gravy White Chicken Livers Potato, Whip But Green Beans Butter Cake, pineupsde Dwn	Chicken Bbq Potato Wedges Marinated Slaw Strawberries	Glazed Smoked Sausage Pasta Buttered Veg., Mixed Butter Peach Cobbler	Pulled Pork Sliders Sweet Potato Puffs Vegetable Monaco /germany Mandrian Oranges
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Week at a glance: Regular Diet M:1 Wk:3

10/07/18 Sunday	10/08/18 Monday	10/09/18 Tuesday	10/10/18 Wednesday	10/11/18 Thursday	10/12/18 Friday	10/13/18 Saturday
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BREAKFAST

Juice, Orange <i>Juice, Apple</i> Cream Of Wheat <i>Cereal, cold</i> Egg Fried <i>Egg, Scrambled</i> Bacon Bu. Toast /jelly <i>Biscuit</i>	Juice, Grape <i>Juice, Cranberry</i> Oatmeal <i>Cereal, cold</i> Egg, Scrambled <i>Egg Fried</i> Bacon Bu. Toast /jelly <i>Biscuit</i>	Juice, Cranberry <i>Juice, Orange</i> Cream Of Wheat <i>Cereal, cold</i> Sausage Gravy <i>Egg Fried</i> Biscuit-jelly/butter <i>Bu. Toast /jelly</i>	Juice Pineapple <i>Juice, Orange</i> Cream Of Wheat <i>Cereal, cold</i> Egg, Scrambled <i>Egg Fried</i> Bacon Bu. Toast /jelly	Juice, Orange <i>Juice, Grape</i> Oatmeal <i>Cereal, cold</i> Pancake/syrup, bu. <i>Egg Any/toast</i> Sausage Link <i>Sausage Pattie</i>	Juice, Grape <i>Juice, Orange</i> Cream Of Wheat <i>Cereal, cold</i> Egg, Scrambled <i>Egg Fried</i> Bacon Bu. Toast /jelly	Juice, Apple <i>Juice, Orange</i> Oatmeal <i>Cereal, cold</i> Egg Fried <i>Egg, Scrambled</i> Bacon Bu. Toast /jelly
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LUNCH

Gravy White Chicken Fried Potato, Whip But Vegetable Monaco /germany Pie, Coconut Cream Hot Roll Margarine	Spaghetti/meatballs Veg. Italian Tossed Salad W/ Dressing Sherbet Bread, Garlic	Gravy, turkey Sand. Open Faced Turkey Potato, Whip But Carrots, Buttered Crisp, Cherry	Ham, sliced Potatoes Au gratin Asparagus Cake, Carrot	Beef Tips In Gravy Pasta Buttered Squash Medley Cinnamon Apple Gelatin	Chicken Bbq Potato Salad Beans, Baked Peaches W/topping	Steak, salsibury Potatoes Mashed/gravy Broccoli Cake, Cherry Poke
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SUPPER

Cheesy Ham & Hashbrown Ca Green Beans Butter Fruit Cocktail	Gravy White Pork Fritter Potato, Whip But Cucumber & Tomato Salad Cupcake Frosted	Sandwich Philly Steak Seasoned Curly Fries Fresh Fruit	Gravy Brown Sand. Open Face Rst. Beef Potato, Whip But Cabbage Buttered Tropical Fruit Salad	Grilled Chick Salad W/org Green Beans Butter Cheese Bread Stick Cobbler, blackberry	Tuna Noodle Cass. Veg., Mixed Butter Lemon Layer Dessert	Quiche Bacon Carrots Fresh Fruit Muffins
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Week at a glance: Regular Diet M:1 Wk:4

10/14/18 Sunday	10/15/18 Monday	10/16/18 Tuesday	10/17/18 Wednesday	10/18/18 Thursday	10/19/18 Friday	10/20/18 Saturday
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BREAKFAST

Juice, Grape Juice Pineapple Oatmeal Cereal, cold Egg, Scrambled Egg Fried Bacon Bu. Toast /jelly	Juice, Orange Juice, Cranberry Cream Of Wheat Cereal, cold Egg, Scrambled Egg Fried Bacon Bu. Toast /jelly	Juice Pineapple Juice, Grape Cream Of Rice Cereal, cold Sausage Gravy Egg Fried Biscuit&margarine Bu. Toast /jelly	Juice, Cranberry Juice, Orange Oatmeal Cereal, cold Egg, Scrambled Egg Fried Bacon Bu. Toast /jelly	Juice, Orange Juice Pineapple Cream Of Rice Cereal, cold Waffle Egg Any/toast Sausage Link Sausage Pattie	Juice, Apple Juice, Orange Oatmeal Cereal, cold Egg Fried Egg, Scrambled Bacon Bu. Toast /jelly	Juice, Grape Juice, Apple Cream Of Wheat Cereal, cold Egg, Scrambled Egg Fried Bacon Bu. Toast /jelly
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LUNCH

Gravy Brown Beef, Roast Potatoes Whipped Green Beans Butter Pie Variety Hot Roll Margarine	Bbq Pork Riblette Baked Potato Casserole Veg., Mixed Butter Pudding, Bread-van. Sauce	Fish Baked Potato,creamed Peas & Carrots Mandarin Oranges & Pineap	Beef Stroganoff/ Noodles Broccoli Marinated Slaw Cake Cheese Cherry	Cheeseburger /bun Steak Fries Lettuce,tom, Pickle, Onion Strawberries W/ Topping	Gravy Pork Pork Roast Dressing Brussel Sprouts Cake,pineupsde Dwn	Chicken Smothered Potato, Whip But Peas Buttered Brownie
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SUPPER

Meat Loaf Potatoes Augratin Steamed Vegetable Bar Chocolate Chip	Baked Ziti Spinach Salad Strawberry Mousse Cheese Bread Stick	Gravy White Chicken Tenders Potato, Whip But Veg., Calif Mix Bu Sherbet	Taco Salad Corn,confetti Salsa Fruit Fluff Sour Cream	Fish Fried / Tarter Sauce Macaroni & Cheese Beans, Green & Wax Gelatin W Fruit	Spaghetti W/ Meat Sauce Veg. Italian Fresh Fruit Bread, Garlic	Sandwich Club Potato Salad Pickle,dill Crisp,apple
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Week at a glance: Regular Diet M:1 Wk:1

10/21/18 Sunday	10/22/18 Monday	10/23/18 Tuesday	10/24/18 Wednesday	10/25/18 Thursday	10/26/18 Friday	10/27/18 Saturday
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BREAKFAST

Oatmeal <i>Cereal, cold</i>	Juice, Orange <i>Juice, Apple</i>	Juice Pineapple <i>Juice, Orange</i>	Juice, Apple <i>Juice, Grape</i>	Juice, Orange <i>Juice, Apple</i>	Juice, Grape <i>Juice, Cranberry</i>	Juice, Orange <i>Juice Pineapple</i>
Juice, Cranberry <i>Juice, Grape</i>	Cream Of Rice <i>Cereal, cold</i>	Cream Of Wheat <i>Cereal, cold</i>	Oatmeal <i>Cereal, cold</i>	Cream Of Wheat <i>Cereal, cold</i>	Cream Of Rice <i>Cereal, cold</i>	Oatmeal <i>Cereal, cold</i>
Egg, Scrambled <i>Egg Fried</i>	Egg Fried <i>Egg, Scrambled</i>	Sausage Gravy <i>Egg Fried</i>	Egg, Scrambled <i>Egg Fried</i>	Pancake/syrup, bu. <i>Egg Any/toast</i>	Egg, Scrambled <i>Egg Fried</i>	Egg Fried <i>Egg, Scrambled</i>
Bacon	Bacon	Biscuit <i>Bu. Toast /jelly</i>	Bacon	Sausage Pattie <i>Sausage Link</i>	Bacon	Bacon
Bu. Toast /jelly	Bu. Toast /jelly		Bu. Toast /jelly		Bu. Toast /jelly	Bu. Toast /jelly

LUNCH

Ham, Baked	Gravy Pork	Steak, salsibury	Gravy	Gravy Brown	Fish Fried / Tarter Sauce	Shrimp Fried
Potatoes Au gratin	Pork Cutlet	Potato, Oven Brown	Turkey, Roast Pln.	Meat Loaf	Macaroni & Cheese	Potatoes Scalloped
Green Beans Butter	Sweet Potato Casserole	Broccoli	Garlic Mashed Potatoes	Potato, Whip But	Squash Medley	Broccoli, Buttered
Cobbler, Cherry	Carrots	Peanut Butter Brownie	Greenbeans/bacon/b	Peas & Carrots	Cake, Lemon	Tropical Fruit Salad
Hot Roll	Lemon Cream Pie		Cake, Orange W/icn	Crisp, apple		Hushpuppies
Margarine						Cocktail Sauce

SUPPER

Hamburger Patty/bun	Tuna Salad Cold Plate	Nacho Chicken Bake	Ham And Beans	Sloppy Joe On Bun	Sand.grilled Ham Cheese	Gravy White
Lettuce, tom, Pickle, Onio	Pasta Salad	Beans, Pinto	Potatoes Fried	Potato Tater Tots	Pot/french Fries	Chicken Tenders
Beans, Baked	Pea Salad	Gelatin W Fruit	Greens	3-bean Salad	Pickle, dill	Potato, Whip But
Cookies, Sugar	Fresh Fruit	Bread, Corn Mexican	Peaches W/topping	Pudding, Bread-van. Sauce	Sherbet	Green Beans, w/onion
			Bread, Corn		Muffins	Cake Poke/topping
			Margarine			

Week at a glance: Regular Diet M:1 Wk:2

10/28/18 Sunday	10/29/18 Monday	10/30/18 Tuesday	10/31/18 Wednesday	11/01/18 Thursday	11/02/18 Friday	11/03/18 Saturday
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BREAKFAST

Juice, Apple <i>Juice, Orange</i> Cream Of Rice <i>Cereal, cold</i> Bacon Egg Fried <i>Egg, Scrambled</i> Bu. Toast /jelly	Juice, Orange <i>Juice, Apple</i> Oatmeal <i>Cereal, cold</i> Egg Fried <i>Egg, Scrambled</i> Bacon Bu. Toast /jelly	Juice Pineapple <i>Juice, Orange</i> Cream Of Wheat <i>Cereal, cold</i> Sausage Gravy <i>Egg Fried</i> Biscuit <i>Bu. Toast /jelly</i>	Juice, Orange <i>Juice, Apple</i> Oatmeal <i>Cereal, cold</i> Egg, Scrambled <i>Egg Fried</i> Bacon Bu. Toast /jelly	Juice, Grape <i>Juice, Apple</i> Cream Of Rice <i>Cereal, cold</i> Sausage Link <i>Sausage Pattie</i> Pancake/syrup, bu. <i>Egg Any/toast</i>	Juice, Orange <i>Juice Pineapple</i> Cream Of Wheat <i>Cereal, cold</i> Egg, Scrambled <i>Egg Fried</i> Bacon Bu. Toast /jelly	Juice, Cranberry <i>Juice, Grape</i> Cream Of Rice <i>Cereal, cold</i> Egg Fried <i>Egg, Scrambled</i> Bacon Bu. Toast /jelly
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LUNCH

Pork, roast Glazed Baked Swt. Potato Veg. Meadow Blend Cake, angel Food Frosted Hot Roll Margarine	Bacon Wrapped Chopped Stk Garlic Mashed Potatoes Peas, Buttered Gelatin W/ Topping	Beef, Roast Carrots/potatoes/onions Fresh Fruit	Chicken & Dumplings Broccoli Pudding, Buttersch	Gravy Brown Meat Loaf Potato, Whip But Carrots Brownie Cream Cheese	Fish Fried / Tarter Sauce Hashbrown Cass. Green Beans Butter Pudding Lemon	Sweet & Sour Chicken Rice Veg. Oriental Blend Egg Roll Cake Choc./icing
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SUPPER

Beef & Macaroni Corn, buttered Ice Cream	Gravy White Chicken Fried Potato, Whip But Carrots Candied Fruit Cocktail	Chicken Spaghetti Veg. Italian Cookies No Bake Bread, Garlic	Gravy White Chicken Livers Potato, Whip But Green Beans Butter Cake, pineupsde Dwn	Chicken Bbq Potato Wedges Marinated Slaw Strawberries	Glazed Smoked Sausage Pasta Buttered Veg., Mixed Butter Peach Cobbler	Pulled Pork Sliders Sweet Potato Puffs Vegetable Monaco /germany Mandrian Oranges
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