

Sunday (Day 1)	Monday (Day 2)	Tuesday (Day 3)	Wednesday (Day 4)	Thursday (Day 5)	Friday (Day 6)	Saturday (Day 7)
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Assorted Juice Hot Cereal: Oatmeal or Cream of Wheat Western Omelet Fried Egg Bacon or Sausage Links Toast Margarine/Jelly Milk/Beverage	Assorted Juice Hot Cereal: Oatmeal or Cream of Wheat Pancakes Fried Egg Sausage Links Toast Margarine/Jelly Milk/Beverage	Assorted Juice Hot Cereal: Oatmeal or Cream of Wheat Buttermilk Biscuit Sausage Gravy Scrambled Eggs Bacon Toast Margarine/Jelly Milk/Beverage	Assorted Juice Hot Cereal: Oatmeal or Cream of Wheat Scrambled Eggs w/Cheese Fried Egg Sausage Links Margarine/Jelly Toast Milk/Beverage	Assorted Juice Hot Cereal: Oatmeal or Cream of Wheat French Toast Scrambled Eggs Bacon Toast Margarine/Jelly Milk/Beverage	Assorted Juice Hot Cereal: Oatmeal or Cream of Wheat Buttermilk Biscuit Sausage Gravy Scrambled Eggs Sausage Links Toast Margarine/Jelly Milk/Beverage	Assorted Juice Hot Cereal: Oatmeal or Cream of Wheat Scrambled Eggs Fried Egg Bacon or Sausage Links Toast Coffee Cake Margarine/Jelly Milk/Beverage
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Herb Roasted Chicken Lasagna Parslied Buttered Potatoes Broccoli (A) ***** Bread Stick/Margarine Carrot Cake w/Cream Cheese Frosting Beverage	Maple Glazed Pork Roast Herb Stuffing Swedish Meatballs w/Sauce ***** Garden Blend Rice Buttered Peas Autumn Fruit Crumble (FR) Bread/Margarine Beverage	Salisbury Steak Creamy Mushroom Chicken Yams (A) Green Beans ***** Frosted Chocolate Cake Bread/Margarine Beverage	Honey Glazed Chicken Brown Sugar Pork Chops w/ Garlic & Herbs Apple Stuffing ***** Green Beans with Onions Fruit Cobbler (FR) Bread/Margarine Beverage	Beef Stroganoff with Noodles Ham & Beans ***** Spinach (A) Cornbread/Marg Peaches & Cream Beverage	Lemon Baked Fish Chicken & Noodles Tartar Sauce Macaroni & Cheese ***** Vegetable Medley Bread/Margarine Peanut Butter Pie Beverage	Oven Fried Chicken Spinach and Bacon Quiche Mashed Potatoes & Gravy Corn ***** Bread/Margarine Mixed Fruit Cup with Whipped Topping Beverage
Supper	Supper	Supper	Supper	Supper	Supper	Supper
Homemade Vegetable Soup Egg Salad Sandwich Turkey & Rice Casserole Potato Salad ***** Buttered Peas Mixed Fruit Cup Bread/Margarine Milk/Beverage	Soup of the Day Fish & Cheese Sandwich ***** Philly Cheesesteak Sandwich w/Onions & Peppers French Fries Cole Slaw Pudding Parfait Milk/Beverage	Soup of the Day Tuna Salad Sandwich Cheese Quesadilla Salsa Potato Chips Green Pea Salad ***** Mixed Fruit Milk/Beverage	Soup of the Day Corn Dog Grilled Ham & Swiss on Rye Fried Potatoes ***** Baked Beans Sugar Cookie Milk/Beverage	Cream of Potato Soup Chicken Tenders Turkey & Cheese Sandwich Cheesy Mashed Potatoes Peas & Carrots (A) ***** Bread/Margarine Frosted Cupcake Milk/Beverage	Soup of the Day Hamburger on Bun Pork Fritter on Bun Lettuce Leaf & Tomato Slice French Fries Marinated Slaw ***** Texas Sheet Cake Milk/Beverage	Soup of the Day Cheese Tortellini w/Alfredo Sauce Chicken Salad Sandwich ***** Sweet Potato Puffs (A) Garlic Bread Italian Green Beans Caramel Apple Pie Milk/Beverage
Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack
Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx

The meal items shown are those served on a **Regular Diet**. If your physician has ordered for you a **Therapeutic** or **Texture Altered Diet**, you may be served a different menu item, a different portion of the menu item or the item may be eliminated entirely in order to comply with your current diet order. Thank you!

Sunday (Day 8)	Monday (Day 9)	Tuesday (Day 10)	Wednesday (Day 11)	Thursday (Day 12)	Friday (Day 13)	Saturday (Day 14)
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Assorted Juice Hot Cereal: Oatmeal or Cream of Wheat Western Omelet Fried Egg Bacon or Sausage Links Toast Margarine/Jelly Milk/Beverage	Assorted Juice Hot Cereal: Oatmeal or Cream of Wheat Pancakes Fried Egg Sausage Links Toast Margarine/Jelly Milk/Beverage	Assorted Juice Hot Cereal: Oatmeal or Cream of Wheat Buttermilk Biscuit Sausage Gravy Scrambled Eggs Bacon Toast Margarine/Jelly Milk/Beverage	Assorted Juice Hot Cereal: Oatmeal or Cream of Wheat Scrambled Eggs w/Cheese Fried Egg Sausage Links Toast Margarine/Jelly Milk/Beverage	Assorted Juice Hot Cereal: Oatmeal or Cream of Wheat Scrambled Eggs Fried Egg Bacon Hash Brown Patty Toast Margarine/Jelly Milk/Beverage	Assorted Juice Hot Cereal: Oatmeal or Cream of Wheat Buttermilk Biscuit Sausage Gravy Scrambled Eggs Sausage Links Toast Margarine/Jelly Milk/Beverage	Assorted Juice Hot Cereal: Oatmeal or Cream of Wheat Breakfast Sandwich on English Muffin Scrambled Eggs Bacon or Sausage Links Toast Margarine/Jelly Milk/Beverage
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Baked Ham Hawaiian Meatballs ***** Steamed Rice Candied Carrots (A) Mock Pecan Pie Dinner Roll/Bread Beverage	Turkey Ala King over Biscuit ***** Breaded Pork Chop with Onions Parslied Buttered Noodles Broccoli with Cheese Sauce (A) Chocolate Cookies Bread/Margarine Beverage	Penne Polish Sausage Bake ***** Roast Beef Mashed Potatoes & Gravy Green Beans Fruit Cobbler (FR) Bread/Margarine Beverage	Baked Chicken Salmon Patty w/Cream Sauce Au Gratin Potatoes ***** Candied Carrots (A) Bread Pudding w/Vanilla Sauce Bread/Margarine Beverage	Meatloaf Italian Sausage w/ Peppers & Onions Baked Potato Half ***** Steamed Rice Oriental Vegetables Iced Oatmeal Cake Bread/Margarine Beverage	Swiss Steak Baked Cod Baked Sweet Potato (A) Spinach, Bacon & Onion (A) ***** Peaches Bread/Margarine Beverage	Spaghetti w/Meat Sauce Roast Pork w/ Gravy Stuffing ***** Roasted Brussel Sprouts Frosted Chocolate Cake Garlic Bread Beverage
Supper	Supper	Supper	Supper	Supper	Supper	Supper
Soup of the Day Beef Goulash Biscuit/Margarine Tuna Salad Sandwich ***** Three Bean Salad Peach Crisp (FR) Milk/Beverage	Tomato Soup Grilled Cheese Sandwich ***** Country Fried Steak Mashed Potatoes & Gravy Corn Bread/Margarine Rosy Pears Milk/Beverage	Soup of the Day Taco Salad Fried Bologna & Cheese Sandwich Mexican Rice ***** Pasta Salad Fruited Gelatin (FR) Milk/Beverage	Soup of the Day Cheesy Ham & Hashbrown Casserole ***** Sloppy Joes on Bun Tater Tots Green Peas Pound Cake w/Fruit Topping Bread & Margarine Milk/Beverage	Chili Split Frank on Bun Chicken & Rice Bake French Fries ***** Buttered Peas Mixed Fruit Cup Bread/Margarine Milk/Beverage	Soup of the Day Ham & American Cheese on Wheat Chicken Pot Pie Tater Tots Buttered Corn ***** Mississippi Mud Cake Milk/Beverage Bread/Margarine	Soup of the Day Open Faced Turkey Sandwich w/Gravy Pimento Cheese Salad Sandwich Country Green Beans with Bacon & Onion Mashed Potatoes ***** Sugar Cookie w/ Orange Glaze Milk/Beverage
Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack
Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx

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Sunday (Day 15)	Monday (Day 16)	Tuesday (Day 17)	Wednesday (Day 18)	Thursday (Day 19)	Friday (Day 20)	Saturday (Day 21)
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Assorted Juice Hot Cereal: Oatmeal or Cream of Wheat Western Omelet Fried Egg Bacon or Sausage Links Toast Margarine/Jelly Milk/Beverage	Assorted Juice Hot Cereal: Oatmeal or Cream of Wheat Pancakes Fried Egg Sausage Links Toast Margarine/Jelly Milk/Beverage	Assorted Juice Hot Cereal: Oatmeal or Cream of Wheat Buttermilk Biscuit Sausage Gravy Scrambled Eggs Bacon Toast Margarine/Jelly Milk/Beverage	Assorted Juice Hot Cereal: Oatmeal or Cream of Wheat Scrambled Eggs w/Cheese Fried Egg Sausage Links Toast Margarine/Jelly Milk/Beverage	Assorted Juice Hot Cereal: Oatmeal or Cream of Wheat French Toast Scrambled Eggs Bacon Toast Margarine/Jelly Milk/Beverage	Assorted Juice Hot Cereal: Oatmeal or Cream of Wheat Buttermilk Biscuit Sausage Gravy Scrambled Eggs Sausage Links Toast Margarine/Jelly Milk/Beverage	Assorted Juice Hot Cereal: Oatmeal or Cream of Wheat Scrambled Eggs Fried Egg Bacon or Sausage Links Toast Breakfast Muffin Margarine/Jelly Milk/Beverage
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Fried Chicken Beef Stroganoff over Rice Mashed Potatoes & Gravy ***** Spinach (A) Pie of the Day Dinner Roll/Margarine Beverage	Chopped Steak w/Cream of Mushroom Soup ***** German Bratwurst Candied Yams (A) Green Beans Blushing Pears Bread/Margarine Beverage	Italian Sausage w/ Peppers & Onions Broccoli Chicken Divan Mashed Potatoes & Gravy ***** Italian Blend Vegetables (A) Fruit Shortcake (FR) Bread/Margarine Beverage	Swiss Steak ***** Baked Ham Au Gratin Potatoes Creamed Peas Whipped Gelatin Bread/Margarine Beverage	Turkey & Noodles Meatloaf Baked Sweet Potato w/ Butter & Brown Sugar (A) Green Bean Casserole ***** Fruit Cobbler (FR) Bread/Margarine Beverage	Crunchy Baked Fish Smothered Pork Chop Macaroni & Cheese ***** Roasted Brussel Sprouts Cole Slaw Frosted Banana Cake Bread/Margarine Beverage	Bacon Wrapped Beef Herb Roasted Chicken Roasted Redskin Potatoes Fried Cabbage ***** Fruit Salad Bread/Margarine Beverage
Supper	Supper	Supper	Supper	Supper	Supper	Supper
Soup of the Day Ham & Potato Au Gratin BBQ Beef on Bun Green Peas ***** Tater Tots Lemon Bar Bread/Margarine Milk/Beverage	Homemade Vegetable Soup Tuna Noodle Casserole Fried Chicken Legs Glazed Carrots ***** French Fries Creamy Cole Slaw Brownie Bread/Margarine Milk/Beverage	Soup of the Day Cheese Tortellini/Marinara Sauce Turkey Salad Club Sandwich Garlic Bread ***** Red Skin Potato Salad Ice Cream Milk/Beverage	Soup of the Day Pulled Pork on Bun Fish Sandwich on Bun Corn Nuggets ***** Macaroni & Cheese Peaches with Whipped Topping Milk/Beverage	Tomato Soup Beefy Tater Tot Casserole Grilled Cheese Sandwich Mixed Vegetables ***** Sweet Potato Puffs (A) Pudding Cream Pie Bread/Margarine Milk/Beverage	Soup of the Day Breaded Chicken Tenders Meatball Sub on Bun Broccoli & Cheese Sauce Potato Chips ***** Bread/Margarine Cinnamon Baked Apples Milk/Beverage	Bean Soup Grilled Ham & Cheese Sandwich Chicken Pot Pie Cheese Puffs ***** Peanut Butter Cookies Bread/Margarine Milk/Beverage
Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack
Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx

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Sunday (Day 22)	Monday (Day 23)	Tuesday (Day 24)	Wednesday (Day 25)	Thursday (Day 26)	Friday (Day 27)	Saturday (Day 28)
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Assorted Juice Hot Cereal: Oatmeal or Cream of Wheat Western Omelet Fried Egg Bacon or Sausage Links Toast Margarine/Jelly Milk/Beverage	Assorted Juice Hot Cereal: Oatmeal or Cream of Wheat Pancakes Fried Egg Sausage Links Toast Margarine/Jelly Milk/Beverage	Assorted Juice Hot Cereal: Oatmeal or Cream of Wheat Buttermilk Biscuit Sausage Gravy Scrambled Eggs Bacon Toast Margarine/Jelly Milk/Beverage	Assorted Juice Hot Cereal: Oatmeal or Cream of Wheat Scrambled Eggs w/Cheese Fried Egg Sausage Links Toast Margarine/Jelly Milk/Beverage	Assorted Juice Hot Cereal: Oatmeal or Cream of Wheat Scrambled Eggs Fried Egg Bacon Hash Brown Patty Toast Margarine/Jelly Milk/Beverage	Assorted Juice Hot Cereal: Oatmeal or Cream of Wheat Buttermilk Biscuit Sausage Gravy Scrambled Eggs Fried Egg Sausage Links Toast Margarine/Jelly Milk/Beverage	Assorted Juice Hot Cereal: Oatmeal or Cream of Wheat Scrambled Eggs Fried Egg Bacon or Sausage Links Toast Donut Margarine/Jelly Milk/Beverage
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Baked Pork Chops & Apples Spaghetti & Meatballs Sour Cream Chive Mashed Potatoes Brussel Sprouts with Bacon ***** Cheesecake w/Fruit (FR) Dinner Roll/Margarine Beverage	Baked Chicken with Onion Gravy Brown Sugar Mustard Glazed Smoked Sausage Baked Potato Half Broccoli (A) ***** Bread/Margarine Chocolate Mocha Gooeey Butter Cake Beverage	Beef Pot Roast Liver & Onions (A) Roasted Redskin Potatoes Buttered Peas ***** Bread/Margarine Fruited Gelatin (FR) Beverage	Sweet & Sour Pork Beef Tips Fried Rice Oriental Vegetables ***** Apple Crisp (FR) Bread/Margarine Beverage	Meatloaf Glazed Ham w/Pineapple Yams (A) ***** Buttered Cabbage Bread/Margarine Chocolate Peanut Butter Pie Beverage	Creamy Mushroom Chicken Catfish Nuggets Baked Potato w/Sour Cream Black Beans Glazed Carrots (A) ***** Bread/Margarine Fruit Crumble (FR) Beverage	Country Fried Steak Cream Gravy Chicken & Noodles Mashed Potatoes Green Beans w/ Bacon & Onion ***** Pumpkin Crumble (A) Bread/Margarine Beverage
Supper	Supper	Supper	Supper	Supper	Supper	Supper
Soup of the Day Deep Dish Pizza Breaded Chicken Tenders Dipping Sauce ***** Macaroni & Cheese Mixed Vegetables Bread/Margarine Emerald Pears Milk/Beverage	Soup of the Day BBQ Pork Sliders Fish & Cheese Sandwich Rice Pilaf Candied Carrots (A) ***** Brownie Milk/Beverage	Cream of Cauliflower Soup Grilled Turkey & Cheese Sandwich Ham & Potato Au Gratin Potato Salad ***** Mixed Vegetables Peanut Butter Sandwich Cookie Bread/Margarine Milk/Beverage	Soup of the Day Bratwurst on Bun Cheeseburger Sliders Fried Okra Potato Chips Snickerdoodle Cookie Milk/Beverage *****	Sweet Potato & Black Bean Soup Grilled Cheese Sandwich Cheese Ravioli Topped with Meat Sauce ***** Vegetable Medley Garlic Bread Raisin Pie Milk/Beverage	Soup of the Day Egg & Sausage Bake Ham Salad Sandwich Breaded Tomatoes ***** Bread/Margarine Lemon Cream Pie Milk/Beverage	Soup of the Day Sloppy Joe Sandwich Pimento Cheese Salad Sandwich Tater Tots ***** Pasta Salad Bread/Margarine Cherry Cake Milk/Beverage
Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack
Fruit Drink	Fruit Drink	Fruit Drink	Fruit Drink	Fruit Drink	Fruit Drink	Fruit Drink

Asst.Snacks/Cookies/Crx	Asst.Snacks/Cookies/Crx	Asst.Snacks/Cookies/Crx	Asst.Snacks/Cookies/Crx	Asst.Snacks/Cookies/Crx	Asst.Snacks/Cookies/Crx	Asst.Snacks/Cookies/Crx

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