

Sunday (Day 1)	Monday (Day 2)	Tuesday (Day 3)	Wednesday (Day 4)	Thursday (Day 5)	Friday (Day 6)	Saturday (Day 7)
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Assorted Juice Hot Cereal: Oatmeal or Cream of Wheat Western Omelet Fried Egg Bacon or Sausage Links Toast Margarine/Jelly Milk/Beverage	Assorted Juice Hot Cereal: Oatmeal or Cream of Wheat Pancakes Fried Egg Sausage Links Toast Margarine/Jelly Milk/Beverage	Assorted Juice Hot Cereal: Oatmeal or Cream of Wheat Buttermilk Biscuit Country Sausage Gravy Scrambled Eggs Bacon Toast Margarine/Jelly Milk/Beverage	Assorted Juice Hot Cereal: Oatmeal or Cream of Wheat Scrambled Eggs w/Cheese Fried Egg Sausage Links Toast Margarine/Jelly Milk/Beverage	Assorted Juice Hot Cereal: Oatmeal or Cream of Wheat French Toast Scrambled Eggs Bacon Margarine/Jelly Toast Milk/Beverage	Assorted Juice Hot Cereal: Oatmeal or Cream of Wheat Buttermilk Biscuit Country Sausage Gravy Scrambled Eggs Sausage Links Toast Margarine/Jelly Milk/Beverage	Assorted Juice Hot Cereal: Oatmeal or Cream of Wheat Scrambled Eggs Fried Egg Bacon or Sausage Links Toast Coffee Cake Margarine/Jelly Milk/Beverage
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
BBQ Chicken Baked Ham Au Gratin Potatoes Green Beans with Bacon & Onion Fruit Cobbler Dinner Roll/Margarine Beverage	Pork Chop with Sauteed Onions Chicken & Noodle Casserole Mashed Potatoes & Gravy Carrots (A) Lemon Cream Pie Bread/Margarine Beverage	Salisbury Steak Cheese Tortellini w/Alfredo Sauce Oven Browned Potatoes Steamed Broccoli (A) Peanut Butter Brownies Bread/Margarine Beverage	Ham & Beans Beef & Noodles Fried Potatoes Roasted Parmesan Zucchini Cornbread/Marg Iced Orange Drop Cookies Bread/Margarine Beverage	Italian Sausage w/ Peppers & Onions Meatloaf Mashed Potatoes & Gravy Peas & Carrots (A) Bread Pudding w/Vanilla Sauce Bread & Margarine Beverage	Crunchy Baked Fish Tartar Sauce Baked Chicken Macaroni & Cheese Mixed Vegetables Glazed Lemon Cake Bread/Margarine Beverage	Hawaiian Meatballs Chicken Stroganoff Steamed Rice Glazed Carrots (A) Tropical Fruit with Whipped Topping Bread/Margarine Beverage
Supper	Supper	Supper	Supper	Supper	Supper	Supper
Soup of the Day Cheeseburger Sliders Pizza Relish Plate Tater Tots Baked Beans Sugar Cookies Ketchup/Mayo/Mustard Milk/Beverage	Soup of the Day Tuna Salad Wrap Grilled Ham & Swiss on Rye Potato Chips Pasta Salad Seasonal Fresh Fruit Bread/Margarine Milk/Beverage	Soup of the Day Nacho Chicken Bake Deli Sandwich Lettuce Leaf & Tomato Slice Potato Chips Pickled Beets Fruited Gelatin (FR) Margarine Milk/Beverage	Soup of the Day Patty Melt Turkey & Cheese Roll Up Ranch Dressing Marinated Slaw Peaches with Whipped Topping Milk/Beverage	Potato Soup Egg Salad on Wheat Bread Sloppy Joe Tater Tots Three Bean Salad Fruit Crisp Margarine Milk/Beverage	Soup of the Day Quiche Lorraine Grilled Ham & Cheese Sandwich French Fries Mixed Vegetables Peanut Butter Pie Milk/Beverage	Soup of the Day Breaded Chicken Tenders Mashed Potatoes Cream Gravy Pimento Cheese Sandwich Seasoned Green Beans Jell-O Cake w/Whipped Topping Bread/Margarine Asst.Snacks/Cookies/Crx Milk/Beverage
Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack
Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink

The meal items shown are those served on a **Regular Diet**. If your physician has ordered for you a **Therapeutic** or **Texture Altered Diet**, you may be served a different menu item, a different portion of the menu item or the item may be eliminated entirely in order to comply with your current diet order. Thank you!

Sunday (Day 8)	Monday (Day 9)	Tuesday (Day 10)	Wednesday (Day 11)	Thursday (Day 12)	Friday (Day 13)	Saturday (Day 14)
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Assorted Juice Hot Cereal: Oatmeal or Cream of Wheat Western Omelet Fried Egg Bacon or Sausage Links Margarine/Jelly Toast Milk/Beverage	Assorted Juice Hot Cereal: Oatmeal or Cream of Wheat Pancakes Fried Egg Sausage Links Toast Margarine/Jelly Milk/Beverage	Assorted Juice Hot Cereal: Oatmeal or Cream of Wheat Buttermilk Biscuit Country Sausage Gravy Scrambled Eggs Bacon Toast Margarine/Jelly Milk/Beverage	Assorted Juice Hot Cereal: Oatmeal or Cream of Wheat Scrambled Eggs w/Cheese Fried Egg Sausage Links Toast Margarine/Jelly Milk/Beverage	Assorted Juice Hot Cereal: Oatmeal or Cream of Wheat Scrambled Eggs Fried Egg Bacon Hashbrowns Margarine/Jelly Toast Milk/Beverage	Assorted Juice Hot Cereal: Oatmeal or Cream of Wheat Buttermilk Biscuit Country Sausage Gravy Scrambled Eggs Sausage Links Margarine/Jelly Toast Milk/Beverage	Assorted Juice Hot Cereal: Oatmeal or Cream of Wheat Scrambled Eggs Breakfast Sandwich on English Muffin Bacon or Sausage Links Margarine/Jelly Milk/Beverage Toast
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Beef Tips in Gravy Orange-Rosemary Pork Baked Sweet Potato (A) Buttered Egg Noodles Broccoli with Cheese Sauce (A) Apple Crisp Dinner Roll/Margarine Beverage	Chicken Fried Chicken Bacon Wrapped Beef Garlic Mashed Potatoes Green Peas Frosted Red Gelatin Bread/Margarine Beverage	Pot Roast Ham & Beans Fried Potatoes Green Beans w/ Onions Fresh Fruit Cup Cornbread/Margarine Beverage	Taco Salad Garlic Herbed Pork Loin Spanish Rice Buttered Corn Strawberry Shortcake Bread/Margarine Beverage	BBQ Meatloaf Shrimp in Garlic Butter French Fries Green Peas & Carrots (A) Cream Cheese Brownie Bread/Margarine Beverage	Chicken Ala King Biscuit Catfish Fillet Cheesy Hashbrown Casserole Seasoned Green Beans Chocolate Cream Cake Beverage	Cheeseburger on Bun Mashed Potatoes Ranch Style Chicken Relish Plate Baked Beans Iced Raisin Bars Bread/Margarine Ketchup/Mustard Beverage
Supper	Supper	Supper	Supper	Supper	Supper	Supper
French Onion Soup Crackers Beef & Macaroni Bake Egg Salad Sandwich Buttered Corn Ice Cream Bread/Margarine Milk/Beverage	Soup of the Day Fish Sandwich Broccoli Chicken Divan Tartar Sauce Tater Tots Candied Carrots (A) Fruit Cocktail Milk/Beverage	Tomato Soup Creamy Chicken Spaghetti Grilled Cheese Sandwich Potato Chips Italian Blend Vegetables (A) Chocolate Chip Brownies Milk/Beverage	Soup of the Day Deli Wrap Cheeseburger Pie Tri Tater Mixed Vegetables Dump Cake Milk/Beverage	Homemade Vegetable Beef Soup Pizza Ham Salad on Rye Cheese Puffs Cole Slaw Banana Pudding (FR) Milk/Beverage	Soup of the Day Brown Sugar Mustard Glazed Smoked Sausage Breaded Steak Fingers Roasted Redskin Potatoes Mixed Vegetables Fruit Crisp Bread/Margarine Milk/Beverage	Soup of the Day BBQ Beef on Bun Sweet & Sour Pork Steamed Rice Vegetable Egg Roll Mandarin Oranges Bread/Margarine Milk/Beverage
Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack
Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx

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Sunday (Day 15)	Monday (Day 16)	Tuesday (Day 17)	Wednesday (Day 18)	Thursday (Day 19)	Friday (Day 20)	Saturday (Day 21)
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Assorted Juice Hot Cereal: Oatmeal or Cream of Wheat Western Omelet Fried Egg Bacon or Sausage Links Toast Margarine/Jelly Milk/Beverage	Assorted Juice Hot Cereal: Oatmeal or Cream of Wheat Pancakes Fried Egg Sausage Links Toast Margarine/Jelly Milk/Beverage	Assorted Juice Hot Cereal: Oatmeal or Cream of Wheat Buttermilk Biscuit Country Sausage Gravy Scrambled Eggs Bacon Toast Margarine/Jelly Milk/Beverage	Assorted Juice Hot Cereal: Oatmeal or Cream of Wheat Scrambled Eggs w/Cheese Fried Egg Sausage Links Toast Margarine/Jelly Milk/Beverage	Assorted Juice Hot Cereal: Oatmeal or Cream of Wheat French Toast Scrambled Eggs Bacon Toast Margarine/Jelly Milk/Beverage	Assorted Juice Hot Cereal: Oatmeal or Cream of Wheat Buttermilk Biscuit Country Sausage Gravy Scrambled Eggs Sausage Links Toast Margarine/Jelly Milk/Beverage	Assorted Juice Hot Cereal: Oatmeal or Cream of Wheat Scrambled Eggs Fried Egg Bacon or Sausage Links Toast Breakfast Muffin Margarine/Jelly Milk/Beverage
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Spaghetti & Meatballs Herb Roasted Chicken Stuffing Broccoli Cauliflower Blend Marble Cake w/ White Frosting Garlic Bread Beverage	Sliced Roast Turkey Baked Parmesan Fish Mashed Potatoes & Gravy Corn on the Cob Fruit Crisp Bread/Margarine Beverage	Mexican Casserole Grilled Pork Chop Roasted Redskin Potatoes Buttered Corn Frosted Gelatin Poke Cake Bread/Margarine Beverage	Sliced Baked Ham Aloha Chicken Au Gratin Potatoes Sweet Roasted Brussels Sprouts Carrot Cake w/Cream Cheese Frosting Bread/Margarine Beverage	Italian Baked Tilapia Lemon Butter Sauce Beef Tips in Gravy Rice Pilaf Cauliflower Au Gratin Oreo Fast & Fancy Bread/Margarine Beverage	BBQ Pork Chop Baked Hamburger Steak Baked Beans Potato Salad Peaches with Whipped Topping Bread/Margarine Beverage	Chicken Piccata Fettuccini Noodles Beef Enchiladas Broccoli w/ Garlic Butter (A) Bread/Margarine Sherbet Cup Beverage
Supper	Supper	Supper	Supper	Supper	Supper	Supper
Soup of the Day Fried Bologna & Cheese Sandwich Cheesy Ham & Hashbrown Casserole Green Beans Cole Slaw Fruit with Whipped Topping Bread/Margarine Milk/Beverage	Soup of the Day Pork Fritter on Bun Chicken Salad Sandwich Potato Chips Lima Beans Cucumber & Tomato Salad Frosted Cupcake Milk/Beverage	Soup of the Day Chicken & Noodles Fish & Cheese Sandwich Seasoned Fries California Blend Vegetables (A) Ketchup & Tartar Sauce Melon Cubes Bread/Margarine Milk/Beverage	Soup of the Day Sloppy Joes on Bun Tater Tots Cheese Tortellini w/Alfredo Sauce Peas & Carrots (A) Tropical Fruit Milk/Beverage	Garden Vegetable Soup Baked Sausage Casserole Grilled Chicken Salad w/Mandarin Oranges Crackers Green Beans w/ Mushrooms Mississippi Mud Cake Milk/Beverage	Soup of the Day BBQ Beef on Bun Club Turkey Wrap Ranch Dressing Pasta Salad Chilled Beets Caramel Apple Crisp Bread/Margarine Milk/Beverage	Soup of the Day Quiche Lorraine Ham Salad on Wheat Buttered Peas Cheese Puffs Seasonal Fresh Fruit Milk/Beverage
Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack
Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx

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Sunday (Day 22)	Monday (Day 23)	Tuesday (Day 24)	Wednesday (Day 25)	Thursday (Day 26)	Friday (Day 27)	Saturday (Day 28)
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Assorted Juice Hot Cereal: Oatmeal or Cream of Wheat Western Omelet Fried Egg Bacon or Sausage Links Margarine/Jelly Toast Milk/Beverage	Assorted Juice Hot Cereal: Oatmeal or Cream of Wheat Pancakes Fried Egg Sausage Links Toast Margarine/Jelly Milk/Beverage	Assorted Juice Hot Cereal: Oatmeal or Cream of Wheat Buttermilk Biscuit Country Sausage Gravy Bacon Toast Margarine/Jelly Scrambled Eggs Milk/Beverage	Assorted Juice Hot Cereal: Oatmeal or Cream of Wheat Scrambled Eggs w/Cheese Fried Egg Sausage Links Toast Margarine/Jelly Milk/Beverage	Assorted Juice Hot Cereal: Oatmeal or Cream of Wheat Scrambled Eggs Fried Egg Bacon Hashbrowns Toast Margarine/Jelly Milk/Beverage	Assorted Juice Hot Cereal: Oatmeal or Cream of Wheat Buttermilk Biscuit Country Sausage Gravy Scrambled Eggs Sausage Links Toast Margarine/Jelly Milk/Beverage	Assorted Juice Hot Cereal: Oatmeal or Cream of Wheat Scrambled Eggs Fried Egg Bacon or Sausage Links Toast Donut Margarine/Jelly Milk/Beverage
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Beef Pot Roast w/Gravy Baked Chicken Scalloped Potatoes Cheesy Spinach (A) Fruit Cobbler Dinner Roll/Margarine Beverage	Country Style Ribs Lasagna Baked Potato Casserole Green Beans w/ Pimento Peach Pound Cake Bread/Margarine Beverage	Parmesan Encrusted Tilapia Spaghetti with Marinara Sauce Peas & Carrots (A) Mandarin Oranges & Pineapple Garlic Bread Beverage	Beef Stroganoff Over Noodles Ham Steak Cheesy Mashed Potatoes Steamed Broccoli (A) Cheesecake w/Topping Bread/Margarine Beverage	Chicken Fried Chicken Gravy Hamburger Gravy Toast Fried Potatoes & Onions Green Beans Peanut Butter Cookies Bread/Margarine Beverage	Pork Loin Gravy Beef Goulash Apple Stuffing Sweet Roasted Brussels Sprouts Bread/Margarine Cherry Crisp Beverage	Smoked Sausage Casserole Smothered Chicken Chive Studded Mashed Potatoes Vegetable Blend Brownie Pie Bread/Margarine Beverage
Supper	Supper	Supper	Supper	Supper	Supper	Supper
Tomato Soup Grilled Cheese Sandwich Turkey & Rice Casserole Creamy Cucumber & Onion Salad Buttered Corn Chocolate Chip Cookie Bar Bread/Margarine Milk/Beverage	Soup of the Day Meatball Sub on Bun Grilled Chicken Breast Sandwich with Swiss Tater Tots Pea Salad Strawberry Mousse Milk/Beverage	Homemade Vegetable Beef Soup Crackers Chicken Tenders Steak Fajitas Wrapped Salsa French Fries Vegetable Blend Bread/Margarine Fresh Fruit Cup Milk/Beverage	Soup of the Day Baked Ziti Lime Chicken Soft Taco Picante Sauce Mexican Corn Fruit Fluff (FR) Bread & Margarine Milk/Beverage	Soup of the Day Fish Soft Tacos Chicken Slider on Bun Macaroni & Cheese Creamy Cole Slaw Ranch Style Beans Oatmeal Pie Milk/Beverage	Soup of the Day Spaghetti w/Meat Sauce Club Chicken Wrap Italian Vegetables (A) Chips Marinated Tomato Salad Sherbet Garlic Bread Milk/Beverage	Soup of the Day BBQ Pork on Bun Beef Pot Pie Potato Salad Gingerbread Mayonnaise/Mustard Biscuit/Margarine Milk/Beverage
Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack
Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx

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